

Talk about good coffee!

Miss Muggins Coffee and Fresh Donuts



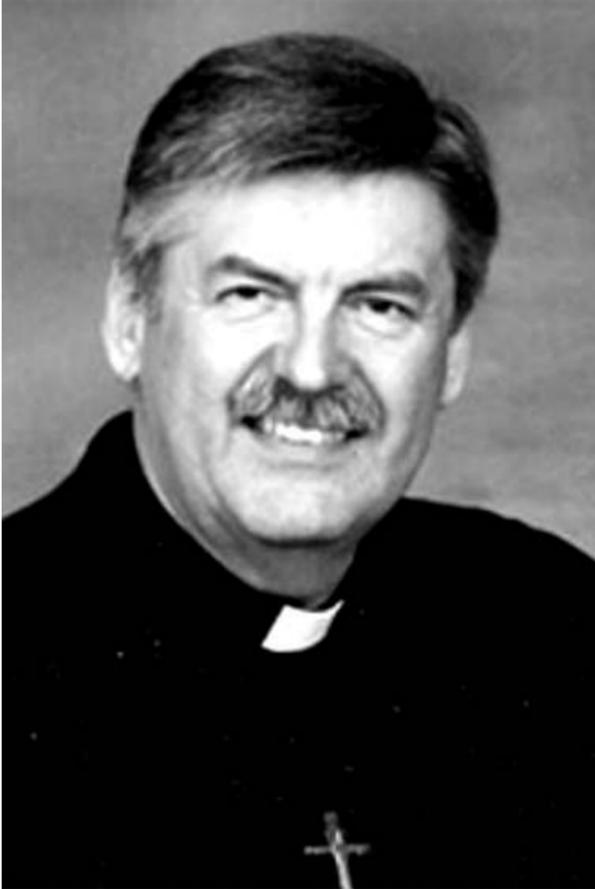
CHAPLEAU EXPRESS

Vol. 14, Issue 31, April 17, 2010

PIZZA HUT & KFC
There's a Reason We're Number 1
"0 TRANS FAT"
864-0911



Chapleau born elected new bishop



By Marites N. Sison, Anglican Journal Staff Writer

Archdeacon Tom Corston, a senior

aboriginal priest in the diocese of Algoma, is the new bishop of the diocese of Moosonee. Bishop-elect

Corston, who will be consecrated July 6, becomes the ninth bishop of the diocese and succeeds Archbishop Caleb Lawrence, who retired last January.

It will be a homecoming of sorts for Bishop-elect Corston, who was elected on the fifth ballot at an electoral synod held April 10 at St. Matthew's Cathedral in Timmins, Ont. He was ordained in the Moosonee diocese in 1975 and spent his first 12 years in ministry there.

"I am fully aware of the problems, the concerns, the fears as well as the hopes and the riches of the church in the north," Bishop-elect Corston said in a written response to a question put forward to nomi-

nees about why they were interested in being a bishop. Since 2002, he has served as arch-deacon of Sudbury and Manitoulin, Ontario, and as rector of the Sudbury-based Church of the Epiphany since 1998.

He has been active in a number of diocesan and national church activities, as a member of the Anglican Council of Indigenous Peoples (ACIP) and since 2005, as a member of the Anglican Journal Board of Directors. Since 2009, he has chaired the diocese of Algoma's strategic plan implementation committee.

In addition, Bishop-elect Corston has served as editor of two diocesan publications—The Northland, the newsletter of the

diocese of Moosonee (1976 to 1982) and the New Brunswick Anglican, the monthly newspaper of the diocese of Fredericton (1988 to 1992).

As a newly-ordained priest, he began his ministry as incumbent at Foleyet, a community situated between Chapleau and Timmins; at Gogama, in Lake Minisinakwa, Ont., and at Mattagami First Nation, a small community located about 70 km. south of Timmins. He also served as rector of South Porcupine and Schumacher, and as regional dean in the deanery of Cochrane, Ont.

In the diocese of Fredericton he served in various capacities—as rector of St. Margaret's church,

as rector of Chatham, and as regional dean of the deanery of Chatham. In the diocese of Algoma, he served as rector of Holy Trinity Church in Sault Ste. Marie, and as regional dean of the deanery of Algoma.

Bishop-elect Corston received a master of divinity degree at Wycliffe College, University of Toronto, in 1975, and a bachelor of arts in sociology and English from Lakehead University, Thunder Bay, Ont., in 1972.

Founded in 1872, the vast diocese of Moosonee encompasses 350,000 sq. miles and is home to about 8,700 Anglicans. The diocese is a member of the Council of the North and has 16 active clergy and 70 lay readers.

Chapleau Relay For Life 2010 theme revealed

By Gisele Barlow
This year's annual Relay For Life will take place on Friday

June 11th, starting at 7:00 p.m. and ending at 7:00 a.m. June 12th. Each year a theme is chosen and sponsors and participants alike tailor their decorations, foods, and costumes accordingly. This year, the Canadian Cancer Society, Chapleau Branch is thrilled to announce that the theme will be "Walking with the Stars". "The theme is open to

interpretation and we know we will see a lot of imagination again this year" Says Gisele Barlow, event chairperson. The registration kickoff will begin Friday April 30th at the Canadian Cancer Society Relay For Life Booth at the Rotary Sports and Trade show. Teams will be able to register, individuals can join an existing team, or sign on to the open

team. Here you will also be able to sign up as a survivor or as a volunteer. The booth was generously sponsored by RBC again this year. As always, teams, survivors and volunteers can also register online at www.cancer.ca. If you miss the registration kickoff or do not want to register online, you can register at any time up to 6:00 p.m.

on the day of the event by calling Gisele Barlow at 864-2507 or by emailing chapleaurelayforlife@yahoo.com. This is a community event open to all, participants and spectators alike. There are many different ceremonies and activities for people of all ages. Relay For Life is more than just a fundraiser. It's an

opportunity to get together with family and friends to celebrate cancer survivors, remember loved ones lost to cancer and commit to fighting back against all cancers. We hope you can join us in 2010!



Long Term Forecast

Friday	High 11	Low 0	
Saturday	High 6	Low -1	
Sunday	High 11	Low 0	
Monday	High 15	Low 1	
Tuesday	High 12	Low 2	
Wednesday	High 9	Low 0	

ROTARY SPORTS AND TRADE SHOW

Chapleau Recreation Centre
Friday, April 30 - 4:00 p.m. - 10 p.m.
Saturday, May 1 - 10:30 a.m. - 4 p.m.

Prizes - Hot Food - New Products

COME OUT AND HAVE FUN

How do you help your kid graduate? With more ways to succeed.

“Every child learns in his or her own way - the doers, thinkers, watchers and readers and everyone in between. Ontario schools are offering expanded programs to help meet students’ individual learning styles and interests which will better prepare them for graduation and beyond.”

The above is a quote taken from the Ontario Ministry of Education and Training website. {<http://www.edu.gov.on.ca/studentsuccess>} It is ironic that they speak of expanded programs at the provincial level while at the local level programs are going to be cut or jammed together yet again. Another teacher has been cut from the program at Chapleau High School. Parents did not get a letter. The community was not told. Your representative on the Algoma District School Board, Russel Reid (Do you even know what he looks like?) did not write a letter to the editor or offer to meet with parents in the community to discuss the continuing chain of cuts. This cut means that there are six fewer sections available again this year. The result is that some courses will be cancelled and others combined to make up for the shortage. How

will this contribute to the success of students as so grandly boasted by the Ministry of Education? Obviously it will not. Will your son or daughter get their questions answered in a class where a teacher is dealing with two or possibly three learning levels at the same time? Will there be time to teach two or three groups a lesson each day or even every other day? What about the third level? Is there going to be more “out of the textbook” work assigned? What will discipline be like in the multi-level classroom? Will bored students, or students that require more guidance begin to act up out of frustration? University level classes, especially at the Grade 12 level, have low enrolment. Will students end up taking their final year of courses online or through ILC remote learning? There are a multitude of questions that could be asked as Chapleau High School gets slammed for the second year in a row.

The Algoma District School Board will say that there is a decline in enrollment. There is no money available. There are cuts being made to all schools in the board. They are probably correct. Aboard that is starting to build two new schools in Sault Ste. Marie starting in

2010 probably does have financial problems, but who should bear the cost of those problems? On March 19, 2007, the Ministry of Education announced “Three New Grants Are Latest Improvements To Funding Formula”. (<http://www.edu.gov.on.ca/eng/document/nr/07.03/bg0319.html>) One of the improvements is that, “Boards will receive funding for a minimum of 7.5 teachers at supported elementary schools of at least 50 students. Boards will receive funding for a minimum of 14 teachers at supported secondary schools of at least 50 students. The funding provided by this new allocation will ensure that boards can support viable and vibrant schools in small Ontario communities.”

Chapleau High School will have 10 teachers not 14 as funded by the Ministry of Education. Chapleau High School will have 60 teaching sections not the 84 funded by the Ministry of Education. “Viable? Vibrant?” What changes might an additional 24 teaching sections have on our High School? What new courses might be offered? Even more important, what courses might be split back apart thus improving the learning environment? When you cut staff in a

large school you might lose one or two sections of a music program but you still have the option available for the students. When you cut in a small school everyone loses. The community, the scholastic program and the extracurricular programs. Who is accountable for the cuts that will affect the students? Last year I wrote to the Premier of Ontario with a copy to the Minister of Education. They supply the money. The Premier said he would pass on my letter to the Minister of Education. The Minister of Education said to contact the School Board. The buck was passed. I guess it stopped when it reached the students? After writing to these people twice in the past I am afraid that I am starting to look or sound like a chronic complainer. One irate person is easy to ignore. There is only strength in numbers.

The latest cut weakens both the school and the community. Do program restrictions at the high school level allow the community to appeal to young entrepreneurs who might have a young family? Do you realize that with three elementary schools and two high schools that there should be 50 teachers in Chapleau (if the schools have at least 50 students each). What would this mean to the economic viability of the community? What would this mean for our kids? Extra staffing would offer students wider programs and more activities. At the end of the day this will improve students, Chapleau and society

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GOING TO CHURCH

<p>Catholic Church SACRED-HEART OF JESUS PARISH PAROISSE SACRÉ-COEUR DE JÉSUS 26 Lorne Street North OFFICE- 21 Lansdowne St.N. 864-0747 New Schedule Effective Nov. 7/09 Nouvel horaire à compter du 7 nov/09 Sat/sam 7 p.m. (E or F) Sun/dim 9:30 a.m. (F or E) Weekdays/Semaine lun-ven 9:30 a.m. Wed/Mer (Hosp) 11:30 a.m. Fr. Sébastien Groleau</p>	<p>CHAPLEAU PENTECOSTAL CHURCH 9 Elm Street (P.A.O.C.) 864-0828 Sunday 10:30 a.m. & 7 p.m. Wed. Family Night 7-8 p.m. Fri. Story Hour 3:30-4:30 p.m. Pastor Dan Lee</p>
<p>ST. JEAN DE BRÉBEUF (Sultan) Liturgy of the Word Liturgie de la parole Mass 3rd Sunday Messe 3e dim 12:00 Noon (B) Permanent Deacon Diacre Permanent Ted Castilloux</p>	<p>TRINITY UNITED CHURCH Corner of Beech and Lorne 864-1221 Sunday Service and Sunday School 11:00 a.m. Anna Chikoski Soup Kettle every 2nd Wednesday of the month www.angelfire.com/on/trinityuc</p>
<p>Diocese of Moosonee Anglican Church of Canada ST. JOHN'S CHURCH 4 Pine Street West 864-1604 Sunday Service 10:30 a.m. Rev. Bruce Roberts</p>	<p>OUR LADY OF SEVEN SORROWS PARISH PAROISSE NOTRE-DAME-DES-SEPT-DOULEURS (Foleyet) Liturgy of the Word Liturgie de la Parole Mass 2nd-4th Sunday/ Messe 2e-4e dim 12:00 Noon (B)</p>
<p>ST. MARY'S ANGLICAN CATHOLIC CHURCH 78 Devonshire Street 864-0909 Sunday Service 10 a.m. Rev. William P. Ivey</p>	<p>COMMUNITY BIBLE CHAPEL Corner of King and Maple 864-0470 Communion Service 9:30 Family Bible Hour 11 a.m. Including Sunday School Evening Bible Study and Ladies Bible Study during the week Transportation available Al Tremblay</p>

as a whole as our kids are better prepared for their future.

Citizens and parents must let their opinions be known and try not to let “no” be the final answer. Let’s get more teachers and more options for your students. You don’t have to be a parent or guardian of a student. You are a citizen and taxpayer of Ontario and deserve to be heard. Our kids deserve better.

Contact the people listed below. Let them know that you are not happy with the staffing levels at Chapleau High School. Ask where the extra teachers are that are being funded. Ask why, if the province believes 14 teachers makes a school viable, we don’t have 14. Someone is getting the education your children deserve.

The people in

charge of Chapleau High School are: Wanda McQueen, Chair, Algoma District School Board, <mailto:mcqueew@trustee.adsb.on.ca>; Russell Reid, Trustee, Michipicoten, Chapleau, Hornepayne, <mailto:reidr@trustee.adsb.on.ca>; Premier Dalton McGuinty: dmcguinty.mpp.co@liberal.ola.org or www.premier.gov.on.ca/feedback and click on “You can send a message to me” Hon Leona Dombrowsky, Minister of Education: ldombrowsky.mpp@liberal.ola.org or www.edu.gov.on.ca/eng/about/contact.asp#email; Michael A. Brown, MPP (Algoma-Manitoulin): mbrown.mpp.co@liberal.ola.org

Good luck!
Rick Dell

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PRINTING

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- Business Cards
- Draw Tickets
- Restaurant Place Mats
- Mail Inserts



864-1870
jnsgns@gmail.com

A potpourri of stories about working with Tee Chambers, unloading a ten wheel truck, the ice gangs, hockey and a 'devilish deed'

Chapleau Moments

by
Michael J. Morris



Let me begin with a definition. As I was going over my notes for this column, I immediately thought of 'potpourri' but wasn't exactly sure what it meant. I recalled that the late J.M. "Jack" Shoup, the longtime principal and teacher at Chapleau Public School, township councillor and veteran of World Wars I and II, once wrote a column with that title in the Sudbury Star.

I went to dictionary.com and the first definition I saw said it was a mixture of dried petals of roses or other flowers with spices, kept in a jar for their fragrance. That wasn't the definition I was looking for. The second one came closer: Potpourri is a miscellaneous anthology or collection: a potpourri of short stories...

So, with thanks to Mr. Shoup for the idea I am going to share some of the stories and comments I have been receiving recently from readers of Chapleau Moments plus the story of the "devilish deed."

Working with Tee

Michael Cecile, formerly of Chapleau, now living in Calgary wrote after seeing the column

with his sister Susan's comments on rock and roll and a photo of Garth "Tee" Chambers with Harry "Butch" Pellow and Aldee Martel. Michael wrote: "Like all the others I'm really enjoying your articles!

"You'll be pleased to know I get the Chapleau Express by a method something like a portaging trip on the Chapleau River. Marie Fortin has the Express sent to John Champion. He passes them on to me when we meet in a park, walking our dogs in NW Calgary. Not technically sophisticated like email, but it works, and I get to talk with John, his family and friends (he's a Grand Dad now!!).

"I really enjoyed the '53-'54 picture of Tee Chambers! I worked with Tee's Cartage one summer (like many others). We unloaded box cars and transported goods to the Dominion Store. Then we delivered groceries to Dominion customers around town. If you worked for Tee you'd know he had a great sense of humour and I was the recipient of one of his favourite jokes. We had formed a chain, moving boxes person to person from

a box car to his truck. When we came to heavy cases with cans, Tee (next to me) called out "Heavy", and again "Heavy"...etc. I of course adjusted my catch-lift accordingly.

"Then Tee called out "Extra Heavy", I adjusted my lift even more and ended up smashing the box of Kleenex, or something lighter, right into my face. Of course we all had a good laugh, especially Tee!

"I also enjoyed reading a quote from my sister Susan's article on "the mostest rock and roll". Your readers might like to know that Susan had a stroke in December but is recovering very well with great support from her kids."

Thanks Michael and all the best to Susan.

Louis Fortin's sister Muriele wrote to provide interesting comments on her brother working on the ice gang and Dr. Bill Pellow's memories of the ice house in the winter. Louis worked on ice gangs in the summer and Bill spent winter weekends at the old ice house across from the Boston Cafe. Both graduated from university.

Muriele wrote: "Mike you are such a great 'raconteur'. As I'm reading Bill Pellow's and Louis' details of ice gang and pre ice work, I'm thinking what physically demanding work that was for young

people. Is it any wonder they and many others went on to further education and successful careers, less physically demanding.

For several years I raised my two sons in a rural setting where their summer jobs entailed washing milking cows, haying, cleaning barns etc. I believe it was during those gruelling summer jobs that they decided to pursue higher education. It happened. I'm happy. They are happy."

Off on a good tale

Steve Degeer, a former student from my time at Chapleau High School wrote after paying a recent visit to Chapleau. "I just recently returned to Chapleau for a visit with my parents and I read your article in the paper and I love it! I can remember that you loved to tell us stories about the old days! Someone would bring you a Mars bar and start talking about hockey or Chapleau and you would go off on a good tale! You were one of my favorite teachers! And that's to date! Well I'll be looking forward to your next article! Keep up the good work!!!"

Thanks Steve, and yes, I have enjoyed stories and story telling for as long as I can remember. Since I was a child growing up in Chapleau has been central to me whether I was playing in the living room or creating my own plays for the Junior Red Cross

Society performances in Grade four at Chapleau Public School. If I remember correctly Alison (McMillan) McMullen, Ted and Brian Demers starred in the first play I created. We rehearsed in the basement of Demers' home on Beech Street at the time.

Thanks to my mother, Muriel E. (Hunt) Morris, who instilled a love of stories in me before I could hardly walk, and gave me the freedom to explore all the great children's literature of my time, story has been the place where I have lived. And I very much appreciate all the kind comments that I receive from so many of you who were her students over the 32 years that she taught at Chapleau Public School.

Michael Cecile shared the following about his mother Renee Cecile who also encouraged a love of reading and music and recipes in her children: "Some parents balked at their kids reading Classic Comics and comics in general but Renee was happy to see us read and encouraged that too. She liked to try new foods and recipes but my Dad who only liked well-done meat and potatoes, but she did experiment on us!" Those of us who worked with and knew Mrs. Cecile, through her years of devotion to the Chapleau Public Library and as school

librarian are well aware, of her love of books and music.

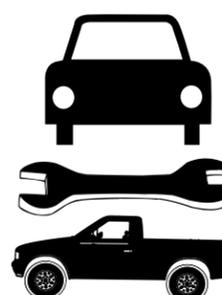
From Mid North News to the Internet

Little did I realize that my experience as the Chapleau High School reporter (with Joy Evans) for the long gone Mid North News, and a television program on CHAP TV in 1957-1958 (with Phyllis Chrusoskie, Bill Mcleod and others) would lead to storytelling and talking about the stories of others in classrooms in Ontario and British Columbia. And people even got me to write stories about people and events in daily newspapers, for television, in magazines and the internet and books.

Through the eyes of a kid

Yvonne(Fournier) Kohls, sent me comments from her brother Rene Fournier who also loves storytelling. Rene wrote in part to his sister: "Thanks for sending M.J. Morris's stuff, I enjoy some of these that I can connect to. The Yen Hong and family article was interesting because Dad was close to the elders and of course I was the same age as Yen's sister (Jean). In fact at some tender age I asked dad if I could marry her. He suggested I should wait till I was ten, but it was O.K. with him if it was O.K. with her mother..." I will say this, actually do tell stories about life in a small

Cont'd on P.4

 <p>Ontario Licenced Motor Vehicle Inspection Station</p>		<p>Chapleau Cree Auto/Truck Monday - Friday 8:30 a.m - 4:30 p.m. "Preventive Maintenance keeps you on the road" FOX LAKE RESERVE</p>	<p>CALL 864-9090 for an appointment</p>
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A potpourri of stories about working with Tee Chambers, unloading a ten wheel truck, the ice gangs, hockey and a 'devilish deed'

Cont'd from P.3

town through the eyes of a kid such as the morning all the men and boys of Chapleau went to the freight shed to see ten wheel truck unloading. A huge Event! On par with the day the King and Queen's train passed through Chapleau. (they slept while we watched the silent event with our hats off)"

Thanks Yvonne and Rene. Great memories. The Yen story to which he refers is the one about the seven members of the family appearing on the game report of a hockey game at one

Brown Announces 16 Major Green Energy Projects For Algoma-manitoulin

Thousands of green jobs created across Ontario

Mike Brown, M P P, Algoma-Manitoulin, is pleased to announce that sixteen projects in the riding of Algoma-Manitoulin are included in 184 contract offers issued for large-scale renewable projects throughout the province.

"Ontario is committed to greening our electricity system, cleaning up our air and creating new 'green collar' jobs," said Brown. "We're pleased that our community will help create new supplies of clean electricity to power Ontario's homes, schools, hospitals and businesses."

The sixteen projects include locations at: Chapleau, Elliot Lake, Goulais River, Little Current, M'Chigeeng, Montreal River Harbour, Pic Mobert, Township of The North Shore, Webbwood.

These new projects are part of the largest energy investment of its kind in Canadian history.

The 184 new contract offers are for large green-energy projects that exceed 500 kilowatts under the Feed-In Tariff program. These are on top of a previous

time and the game played in the Boston Café.

The Devilish Deed

The other day Hugh McGoldrick posted on Facebook that he had been talking with Lynn Hazen about the possibility of reunion in 2011 of the 1976 graduating class of Chapleau High School. I immediately thought of a story that Lynn told about me in the newspaper marking the 75th anniversary of the school in 1997.

Lynn wrote in part that in 1972, two grade niners who had never done anything

Thousands of green jobs created across Ontario

announcement of 510 mid-scale projects. In total, these 694 contracts have a potential generating capacity of more than 2,500 megawatts — enough electricity to power more than 600,000 homes.

The 184 new contracts being announced today will create more jobs in the growing green energy sector because projects have domestic content requirements. Located in communities across the province, these projects will create 20,000 direct and indirect green jobs. The total 694 Feed-In Tariff (FIT) contract offers announced to date are expected to attract about \$9 billion in private sector investment.

The FIT program is one of the cornerstones of Ontario's Green Energy Act. It encourages the development of renewable energy projects from a diverse range of producers, including homeowners, schools, farmers, large retailers, small businesses and large-scale commercial developers by offering long-term, stable prices for the electricity generated.

wrong took the plunge. "When Mr. Morris momentarily left the classroom, the wall clock came down. As they turned the time forward, it slipped from their hands and landed in several pieces on the floor. The two niners slinked to their seats just before Mr. Morris came through the door.

"The longer he

grilled us about who had done the devilish deed, the more we dug in our heels and adhered to a new found code of silence. We all stayed for detention. We were together on this one."

To this day I have no idea who did this devilish deed. Perhaps if I attend the reunion, someone will confess.. Contact

Hugh or Lynn for more information on their plans.

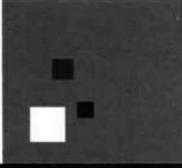
Congrats To Tom Corston

Congratulations to Tom Corston, the son of Frances (Jardine), and the late Henry "Chicken" Corston, on his election as the ninth bishop of the Anglican church Diocese of Moosonee. Tom, who is currently

the Rector of Church of the Epiphany in Sudbury was ordained as Deacon In St. John's Anglican Church in June 1974, and Priest a year later in Timmins. St. John's is part of the diocese of Moosonee. I have written more about Tom on my blog at <http://michaeljmorrisreports.blogspot.com> My email is mj.morris@live.ca



Timmins and District Hospital Foundation
Fondation de l'Hôpital de Timmins et du district





An evening with distinguished Ophthalmologist,
Dr. Alejandro Oliver

A new vision for Ophthalmology Services at T&DH

These sessions aim to provide you with the latest information regarding the advancement of services offered to our patients at T&DH.

Did you know that:

- Cataracts:
 - 7 percent of people over 40 have cataracts in 1 or both eyes
 - 50 percent by age 80
- Diabetes
 - 1-2 percent of the population
 - 20 percent of these have vision threatening eye disease
- Glaucoma
 - 1-2 percent of the population
- Work Injuries
 - 2000 each business day
 - 10 to 20 percent of disabling (temporary or permanent vision loss)

T&DH is the only hospital north of Toronto to offer sub-specialty in retinal surgery!

If you want to learn more about medical eye conditions and how they are treated at T&DH, please join us!

Date: Wednesday, April 21, 2010

Time: 7:00 pm to 8:00 pm

Locations: **Chapleau** – Chapleau Hospital Health Service's Tele Health Room
Cochrane – Lady Minto Hospital's Board Room
Hearst – Notre-Dame Hospital's Tele Health Room
Iroquois Falls – Anson General Hospital's Board Room
Kapuskasing – Sensenbrenner Hospital's Education Service Room
Matheson – Bingham Memorial Hospital's Board Room
Smooth Rock Falls – Smooth Rock Fall Hospital's Board Room
Timmins – Timmins and District Hospital's Lecture Theatre

Parking: Free parking will be available at each location

Refreshments will be served.

R.S.V.P.: before Friday, April 16, 2010 by contacting the Foundation Office at (705) 360-6039 (collect calls accepted)

Due to limited seating at certain sites, reservations will be offered on a first come first serve basis.

This event is proudly sponsored by:



Man charged after traffic death

Chapleau OPP are currently investigating a single motor vehicle collision on Hwy 129, Birch Twp. (60 kms south of Chapleau) that occurred yesterday Monday April 12th 2010 at approximately 10:00pm. Chapleau Volunteer Fire Dept. assisted police and ambulance with removal of one female party who was trapped in the vehicle, she was later air lifted to Laurentian Hospital in Sudbury with non life threatening injuries. Twenty three year old passenger Stephanie CARPENTER of Kapuskasing was ejected from the vehicle and died at the scene. As a result twenty-eight year old driver Jason Thibeault of Kapuskasing has been charged with the following: Drive Motor Vehicle with a blood alcohol level exceeding 80 Milligrams causing a collision with Fatality; Impaired Operation of a Motor Vehicle Causing

Death; Impaired Operation of a Motor Vehicle Causing Bodily Harm; Drive Motor Vehicle with blood alcohol level exceeding 80 Milligrams causing a collision with Bodily Harm; Breach of Probation (3 counts). Hwy 129 was

closed for approximately 7 hrs while Technical Traffic Collision Investigators processed the scene. Mr THIBEAULT is being held in custody pending a Bail Hearing in Timmins Wednesday.



Offre d'emploi

Spécialiste de développement économique

Contrat de 2 ans et 3 mois (1er juin 2010 au 31 août 2012)

Rémunération: 70,000\$ + avantages sociaux par année

Lieu: Chapleau, Ontario. Le ou la candidat(e) choisi(e) doit demeurer(e) ou résolu(e) de déménager à Chapleau.

RAISON-D'ÊTRE DU POSTE

Le ou la spécialiste de développement économique doit assurer la facilitation, la promotion et le maintien du développement économique et communautaire en vue de créer des possibilités de croissance économique et entrepreneuriale aux fins d'augmentation des emplois locaux.

PORTÉE

Sous la régie du Maire et du comité du Développement économique, le ou la spécialiste de développement économique sera tenu(e) d'entreprendre et de mener à bien les projets suivants dans les délais prescrits:

1. Coordonner et faciliter le maintien et l'expansion des entreprises (M+EE) – par le biais d'un programme de formation à cet effet offert par le ministère de l'Agriculture, l'alimentation et les affaires rurales. Parmi les objectifs visés:

- Démontrer aux entreprises existantes qu'elles sont indispensables à la collectivité;
- Mettre l'accent sur la croissance et l'expansion de nos entreprises locales;
- Favoriser l'épanouissement en adoptant l'approche des visiteurs bénévoles locaux;
- Identifier les obstacles à la croissance des entreprises et se concerter en vue de les éliminer si possible;
- Aider les entreprises locales à demeurer concurrentielles au sein d'un marché global;
- Instruire la collectivité sur les besoins des entreprises;
- Savoir reconnaître et saisir les possibilités de croissance;
- Favoriser la croissance d'une entreprise à l'autre;
- Favoriser la compétitivité parmi les détaillants locaux; et enfin,
- Attirer et retenir les jeunes dans le domaine des affaires.

2. Coordonner des activités promotrices d'investissements pour appuyer des initiatives en chantier:

- Réviser/mettre à jour les outils/trousses promoteurs d'investissement;
- Maintenir le profil communautaire de Chapleau sur le site web 2Ontario;
- Collaborer avec l'administration municipale et les bailleurs de fonds pour établir des partenariats et participer au développement de plans d'entreprises;
- Prêter main forte à l'administration municipale et aux bailleurs de fonds en vue de dépister des perspectives de financement et formuler les demandes;
- Réviser/mettre à jour le processus formel pour communiquer avec les sélecteurs de chantier;
- Réviser/mettre à jour l'inventaire des installations et propriétés industrielles et commerciales; et enfin,
- Mettre à jour le plan stratégique de développement économique par le biais d'un processus de participation de la collectivité.

3. Exécuter le Plan de revitalisation de la collectivité de Chapleau dont l'ébauche sera formulée d'ici le printemps 2010. Le plan englobera cinq champs prioritaires d'activité:

- Améliorer l'accès aux lieux touristiques et formuler une stratégie d'homologation;
- Mettre sur pied un couloir patrimonial;
- Développer des nouveaux éléments d'actif touristique; et enfin,
- Revitaliser le centre-ville.

4. Créer et mettre en oeuvre les protocoles, outils et mécanismes qu'il faut en vue de stocker, gérer et maintenir les inventaires d'actif de la collectivité, assurer la cueillette et la gestion de données au profit des secteurs touristique, d'entreprise et industriel, et enfin produire un matériel de commercialisation.

5. Développer un site web convivial à l'usage de la collectivité, et mettre en oeuvre une structure de gestion du site.

6. Accompagner et diriger la collectivité de Chapleau pendant le processus d'adaptation.

CONNAISSANCES, APTITUDES ET COMPÉTENCES

- Savoir formuler et analyser les plans d'affaires
- Savoir dépister et promouvoir les projets et les initiatives de développement économique
- Connaître à fond le processus de développement de projet, à partir de sa conception jusqu'à son exécution
- Savoir susciter l'esprit et le travail de concertation
- Savoir analyser et résoudre les problèmes
- Savoir bien communiquer au plan verbal, d'exposition et d'écoute
- Maîtriser l'art de négociation et de la médiation
- Connaître l'informatique
- Savoir aménager les horaires
- Être conscientisé et sensibilisé aux facteurs culturels (anglophone/francophone/amérindien)
- Posséder une bonne éthique de travail
- Connaître à fond les principes, pratiques et techniques d'aménagement des terres
- Avoir une bonne connaissance de la bioéconomie nord-ontarienne
- Être renseigné sur les particularités économique, social et géographique de la collectivité de Chapleau et de la région
- Connaître les politiques, les programmes et les autorités gouvernementales
- Connaître les pratiques en matière de plans d'entreprise
- Être un bon communicateur pour favoriser l'échange et les judicieux conseils et renseignements fournis à l'administration municipale, au grand public, aux entreprises et aux industries, de même qu'aux médias sur les questions touchant les programmes et les activités de développement économique à être communiqués en écrit et de vive voix
- Formuler notes d'information et demandes de projets aux fins d'exposition
- Posséder des compétences organisationnelles et d'analyse pour mieux cerner les problèmes en matière de politique, identifier le rapport cause à effet et solutionner/remédier les problèmes
- Posséder des aptitudes de planification aux fins de mise sur pied de possibilités de croissance
- Connaître l'informatique et la bureautique aux fins de communication électronique, rédaction de rapports et formulation de recommandations
- Posséder les connaissances, les compétences et les attitudes exigées en ayant obtenu un diplôme ou un certificat en développement économique et ou en gestion d'affaires avec une expérience connexe. Des compétences équivalentes seront prises en considération.

Date limite pour postuler: le vendredi 23 avril 2010 à 16h

Envoyer la demande au: Canton de Chapleau
20, rue Pine Ouest, C.P. 129
Chapleau ON P0M 1K0
Fax: 705-864-1824
courriel: cerc@township.chapleau.on.ca
Attention : Mme. Rose Bertrand

Seuls les candidats conviés à une entrevue seront contactés.



Employment Opportunity

Economic Development Specialist

2 year & 3 month contract (June 1, 2010 to August 31, 2012)

Salary: \$70,000 + benefits per annum

Location: Chapleau, Ontario. The chosen candidate is required to be located or to relocate to Chapleau, ON

PURPOSE OF THE POSITION

The Economic Development Specialist is responsible for facilitating, promoting and ensuring community and economic development in order to secure opportunities for economic and business development and increase local employment.

SCOPE

The Economic Development Specialist reports to the Mayor and the Chapleau Economic Renewal Committee, and will be required to undertake and complete successfully within a set time frame the following projects:

1. Coordinate and facilitate Business Retention and Expansion – the Township will undertake the Ontario Ministry of Agriculture Food and Rural Affairs (OMAFRA) BR+E training and program. The activities will focus on the following:

- Show existing businesses that they are important to the community;
- Focus attention on the growth and expansion of our local businesses;
- Help build the community by using the volunteer visitation approach;
- Identify impediments to business growth and work to eliminate those where possible;
- Assist local businesses in remaining competitive in a world market;
- Educate the community on business needs;
- Recognize and act on growth opportunities;
- Foster local business to business opportunities;
- Position local retail businesses to be competitive; and,
- Attract and retain youth in our business community.

2. Coordinate investment attraction activities in support of existing proposed ventures:

- Revise/update investment attraction tools;
- Maintain the Chapleau community profile on the 2Ontario web site;
- Work with the municipality and investors to build partnerships and collaborate on business development plans;
- Assist the municipality and investors in identifying funding avenues and in the preparation of proposals;
- Revise/update the formal process to communicate with site selectors;
- Revise/update the inventory of industrial land and commercial properties; and,
- Update the economic development strategy plan through a community participatory process.

3. Implement the Chapleau Community Revitalization Plan that will be drafted by the spring of 2010. The plan is intended to focus on specific priorities:

- Improve access to tourism venues and develop a branding strategy;
- Create a heritage corridor;
- Develop new tourism assets; and,
- Improve the downtown core.

4. Create and implement protocols, tools and mechanisms to populate, manage and maintain community asset inventories, to collect and manage data for tourism, business and industry sectors, and to produce marketing materials.

5. Develop a user-friendly community web site, and implement a site management structure.

6. Guide and instruct Chapleau through a community adjustment process.

KNOWLEDGE, SKILLS AND ABILITIES

- Ability to develop and analyze business plans
- Ability to identify and promote economic development projects and initiatives
- Thorough knowledge of processes in project development, from concept to implementation
- Team building skills
- Analytical and problem solving skills
- Effective verbal, presentation and listening communications
- Effective negotiation and mediation
- Computer skills
- Time management
- Possess cultural awareness and sensitivity (English/French/First Nations)
- Demonstrate sound work ethics
- Knowledge of the northern Ontario bio-economy
- Knowledge of land use planning principles, practices and techniques
- Knowledge of economic, social and geographic characteristics of the Township of Chapleau and area
- Knowledge of government policies, programs and legislative authorities
- Knowledge of business planning practices
- Interpersonal and communication skills to be able to consult with and provide sound advice and information to the Township, the public, businesses and industries, and the media on issues relating to the local economic development programs and activities, both in writing and in oral presentations
- Prepare briefing notes and program proposals for presentation
- Organizational and analytical skills to examine policy problems, identify cause and effect relationships, and determine/recommend solutions
- Planning skills to develop opportunities for development
- Office computer skills are required to communicate electronically, develop reports, and prepare recommendations
- Will have attained the required knowledge, skills and attitudes through completion of a Diploma or Degree in Economic Development and/or Business Administration combined with related experience. Equivalencies will be considered.

Closing Date: 4:00 p.m. – Friday, April 23, 2010

Send application to: Township of Chapleau
20 Pine Street West, P.O. Box 129
Chapleau, ON P0M 1K0
Fax: 705-864-1824
e-mail: cerc@township.chapleau.on.ca
Attention : Mrs. Rose Bertrand

Only applicants selected for interview will be contacted.

Taking action on violence

At the request of several local grade seven girls, CHADWIC Home recently offered a group, "Taking Action on Violence". This is a curriculum designed for girls aged 12-14. Some of the topics included in the program were bullying, media awareness, peer

pressure to consume alcohol, smoke or try drugs, healthy relationships and the impact media has on today's youth. The girls in this group are to be congratulated for being so hardworking and dedicated in expanding their knowledge about personal safety, as

well as the safety of others. It is our hope that with such programs, we can work with our youth to eradicate all forms of violence against women and children

within our community and society. A big thank you goes out to the students who took the initiative to request such a group and faithfully participated in the program.

If enough interest is shown, we hope to offer the program again in the future. For more information about the group, contact Pam at 856-2848 or by e-mail

pam@chadwichome.com. For other information about Chadwic Home services or events, please visit our website at www.chadwichome.com.

Wear your seatbelt – its not an option

For a two-week period starting the 14th of April, 2010, members of the Ontario Provincial Police will join with other police services across the Province to take part in the 2010 Spring Seatbelt Campaign.

This joint initiative will concentrate on enforcement and education focusing on drivers and passengers who refuse to wear this proven life saving device.

Through education, enforcement initiatives like the Spring Seatbelt Campaign, seatbelt usage has increased over the past years, however some drivers and occupants refuse to buckle up! This year the OPP's goal is to increase Ontario's seat belt compliance rate, which currently stands at just over 92% to 95%.

Study after study show conclusively that wearing seatbelts significantly reduces injuries and death in traffic collisions. The men and women of the OPP will

be out diligently checking all occupants of motor vehicles from the 14th – 24th of April 2010 ensuring everyone is buckled up properly.

Senior Constable Allan Boyd Community Services Officer for Manitoulin says:

"Nothing upsets an officer more than seeing a child not secured properly in the appropriate child car seat, booster seat or seat belt depending on the child's physical size and development. Parents must be diligent in ensuring that children are secured. It only takes a second to ensure this rather than a lifetime of living with the guilt. The loss of life is tragic. More than 40 per cent of fatally injured people were not wearing their seatbelts. If you want to save the life of someone you care about, get them to wear their seat belt properly."

It's a simple act. Take the few seconds – buckle up – It can save your life and it's the law.

Keep Your Kidneys Healthy

Our kidneys work hard every day. They filter our blood and regulate the amount of fluid and salts in the body and are important in controlling blood pressure.

Maintaining a healthy lifestyle can play an important role in preventing kidney disease.

Potential risk factors include: being male, your ethnic background and a family health history of kidney problems. BUT did you know, diabetes is the leading cause of kidney disease? Over the years high blood sugar can damage the kidneys, impairing their ability to filter the blood properly. This allows small amounts of protein (albumin) to spill into the urine. This needs to be treated to prevent kidney failure.

So what can you do to protect your kidneys? Because

kidney disease is closely linked to high blood sugar and high blood pressure,

Follow these suggestions: Keep your blood sugar (glucose) at target. Talk to your doctor or diabetes educator about what your target range should be.

Keep your blood pressure at target. For most people with diabetes, the goal is 130/80Hg or lower.

Don't smoke. Tobacco damages your blood vessels.

Take your medication as prescribed.

Have your blood cholesterol checked annually and keep it at target. For people with diabetes, the goal is an LDL (bad cholesterol) of 2.0 mmol/L or less.

Follow a healthy diet based on Eating Well with Canada's Food Guide.

Stick to the

recommended number and portion sizes of Meat and Alternatives based on your age and sex. Limit your sodium intake. When reading a label, a good rule of thumb is to choose food products with a Daily Value of 10 % sodium or less.

Avoid certain over-the-counter medications. Taking pain medications for a long time may be harmful to the kidney. Talk to your health care provider.

Enjoy regular physical activity. (For people with diabetes a minimum of 150 minutes per week spread

over 3 – 5 days). Try things like brisk walking, yard work, biking, lifting light weights.

Don't forget to ask your doctor for an annual screening to detect any kidney changes if you are at risk for kidney disease. These changes will help you identify concerns and allow for early treatment.

If you have any questions or concerns, contact your Diabetes Educator team: Robin Greer, Registered Dietitian, CDE; Mary Boucher, Registered Nurse, CDE; Krista Frederiksen, Registered Nurse.

SUBMIT YOUR FAVORITES RECIPES TO
recipes@chapleauexpress.com

CHAPLEAU COMMUNITY LIVING
ANNUAL GENERAL MEETING
Monday May 3rd, 2010
7:00 P.M.
At 92 Lorne Street (Common room)
 Learn more about Community Living and how you can become involved.
Everyone Welcome

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Education should be a boon, not a burden

**REPORT from
OTTAWA
by
Carol Hughes**



Federal member of Parliament
Algoma-Manitoulin-Kapuskasing

During this time of economic recovery, many young Canadians are seeking to improve their chances at developing meaningful careers by opting to invest in higher education. But with federal funding of colleges and universities having been slashed almost continuously since the early 80s, students are expected to make up this shortfall by paying unreasonable tuition fees.

While tuition fees continue to rise across the country, successive governments have done very little to ensure that affordable education is available to every Canadian. Many will argue that the increases are simply a reflection of national inflation, but, as we've seen recently, tuition rates have increased 3.6 per cent between 2008 and 2010, while inflation has declined by 0.8 per

cent over the same period.

Families in Algoma-Manitoulin-Kapuskasing are aware that Ontario students have been hit particularly hard with regards to the cost of higher education. Over the last year, average tuition fees jumped from \$5,667 to \$5,951 per year for undergraduate studies, an increase of 5 per cent, which is the limit legislated by the Ontario government.

For those who come from low-to-middle income families, the burden of tuition fees has caused a massive disparity. Along with tuition, additional fees for such things as athletics, student associations, and health services have also increased dramatically. Add to this the standard cost of living, and many Canadian students are left with a system that will leave them in

significant debt for years, often decades, to come. The results add up to more youth-out-migration, a problem that Northern families are far too familiar with. According to Statistics Canada's Youth in Transition survey, prospective students who opt out of higher education have overwhelmingly cited "financial reasons" as the most common barrier. Higher education is increasingly being reserved for the rich, while many of our brightest students are being left in the dust.

Compounding the problem for families is the 30 year 'freeze' in the buying power of take home wages. Canadian workers are all too aware that the wage gap between rich and poor is increasing. Between 1980 and 2005, take home wages in Canada only rose \$53 in buying power which indicates that wages have not come close at all to keeping up with the cost of living. Add to this the burden of increased tuition costs on families, and we see a system that is not equipped to help those in the margins.

If the cost of

higher education continues to rise, so too does the burden we put on youth who are attempting to gain a fighting chance at a brighter future. It is the responsibility of the

government to ensure that every prospective student has the means to seek higher education, and by association, a better life. Benjamin Franklin was once quoted as saying "an

investment in knowledge always pays the best interest." This is a sentiment shared by the New Democrats, and one that we hope the current government will come to realize.

SPRING IS HERE! APRIL/MAY SALE..til Mother's Day \$5 OFF ANY TREATMENT OR CERTIFICATE

Facial.....	Reg.\$20.....	\$15
Reflexology....	Reg.\$35.....	\$30
Half Hour.....	Reg.\$35.....	\$30
One Hour.....	Reg.\$55.....	\$50
Full Body.....	Reg.\$70.....	\$65

HOT STONES ADD \$15 PER SALE PRICE

Spa Services

Sea Salt Scrub. Reg. \$25..... \$20

PRICES LOWERED ON WRAPS.\$25/15 OFF

Mocha Java Mud Wrap.....	Reg. \$85.....	\$60
Cellulite Mud Wrap.....	Reg. \$85.....	\$70

**NEW- Learn to DECLUTTER your home
Spring-cleaning?**

Need an energy assessment of your home?

I WILL HELP ORGANIZE IT!

Get a full assessment of your home- **YOU NEED IT!**

Home/Energy Consultation Reg. \$30...\$25

The Perfect Personal Gift (for you!)

Kathleen Bouchard

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864-1313

NEW TEETH CLEANING SERVICE IN CHAPLEAU

Simply Clean Dental Care

You can receive affordable and professional regular dental cleanings and teeth whitening without having to see a dentist. Krista Moreau R.D.H. is registered with the College of Dental Hygienist of Ontario. Simply Clean is also registered with the Canadian Dental Hygienist Association. If you have a dental plan, we can service your teeth cleaning needs and also process your dental benefit claims.

Services offered:

**Teeth Cleaning
Teeth Whitening
Custom Sport Mouthguards
Denture Cleaning**

Please call us for a list of all our services.

****Opening Special for a limited time****

**Come in for a full cleaning and receive Professional Teeth Whitening
for \$175.00. (regular \$250.00)**

Call or email us today to book your appointment.

95 Birch St. Chapleau, ON

Phone: 864-1903

Email: simplycleandentalcare@bell.net

Service Bilingue

Everyone Welcome



Services de santé de
Chapleau Health Services

We are currently seeking qualified candidates for the following position:

1 PART-TIME SECRETARY/RECEPTIONIST

The successful applicant will be a member of Turning Point Décisif, the Mental Health, Addiction and Community Support Services Program. The purpose of the position is to provide administrative and confidential secretarial services to the Program Director and staff of Turning Point Décisif. Minimum 7.5 hours per week, as scheduled (also to provide vacation and sick coverage) and maternity leave replacement starting September 15, 2010.

Qualifications:

- Successful completion of a college level diploma program in Secretarial Sciences/Medical Secretary and a minimum of three years related experience.
- Bilingualism in both official languages.
- Must achieve post high school level in written English and French Language Capability Evaluation.
- Must achieve superior proficiency level in verbal English and French Language Capability Evaluation

Interested applicants may submit résumés by April 23rd, 2010 to:

Human Resources

Services de santé de Chapleau Health Services
6 Broomhead Road, P.O. Box 757
Chapleau, Ontario
P0M 1K0
Tel: (705) 864-3061
Email: chapleauhr@sschs.ca

**We thank all applicants for their interest, but only those selected for an interview will be contacted.
All applications received will be held strictly confidential.
Cet avis est disponible en français.**

Vos Reins, Gardez-les En Santé

Les reins travaillent fort chaque jour. Ils filtrent le sang, contrôlent la quantité de liquide et de sel dans le corps, et jouent un rôle important pour maintenir une tension artérielle adéquate. Un style de vie sain est un élément important aidant à prévenir les maladies du rein.

Les hommes sont plus à risque tandis que d'autres facteurs ont aussi une influence, par exemple l'origine ethnique et les antécédents familiaux de maladies du rein. Cependant, sachiez-vous que le diabète est la principale cause de maladies du rein? Au fil des ans, un taux

élevé de sucre dans le sang (hyperglycémie) peut endommager les reins et nuire au filtrage adéquat du sang. De petites quantités de protéine (albumine) s'écoulent alors dans l'urine. Il faut corriger la situation pour éviter une insuffisance rénale.

Que peut-on

faire pour protéger ses reins? C'est important puisque les maladies du rein sont étroitement liées à l'hyperglycémie et à l'hypertension.

Conseils : Maintenez votre glycémie (glucose sanguin) dans la gamme établie. Demandez à votre médecin ou éducatrice spécialisée en diabète quelle devrait être votre cible.

Respectez la cible indiquée concernant votre tension artérielle. Pour la plupart des personnes diabétiques, celle-ci est de 130/80 mm Hg ou moins.

Ne fumez pas. Le tabac endommage les vaisseaux sanguins.

Prenez vos médicaments tels qu'ils sont prescrits.

Faites vérifier votre taux de cholestérol sanguin tous les ans et maintenez-le à un niveau ciblé. Dans le cas des personnes diabétiques, le LDL (mauvais cholestérol) devrait être de 2 mmol/L ou moins.

Adoptez un régime alimentaire sain fondé sur le Guide alimentaire canadien.

Respectez les quantités et les portions recommandées concernant les viandes et substituts, selon votre âge et votre sexe. Limitez votre consommation de sel. En lisant les étiquettes, une bonne règle pratique, c'est de choisir des produits alimentaires dont la valeur quotidienne de sel est de 10 % ou moins.

Évitez certains médicaments en vente libre. La prise d'analgésiques sur une longue période peut être dangereuse pour les reins. Parlez-en à votre fournisseur de soins de santé.

Faites régulièrement de l'activité physique. Les personnes diabétiques doivent faire au moins 150 minutes par semaine, réparties sur 3 à 5 jours. Par exemple, faites des marches rapides, des travaux d'entretien à

l'extérieur, de la bicyclette, ou soulevez des poids et haltères.

Si vous êtes à risque de contracter une maladie du rein, demandez à votre médecin qu'il vous fasse passer un examen annuel de dépistage pour détecter tout changement des reins. De tels changements aideront à cerner des préoccupations et vous permettront d'obtenir des traitements sans délai.

Si vous avez des questions ou des préoccupations, communiquez avec votre équipe d'éducatrices spécialisées en diabète

Robin Greer, diététiste professionnelle, éducatrice agréée en diabète; Mary Boucher, infirmière autorisée, éducatrice agréée en diabète; Krista Frederiksen, infirmière autorisée.

Bullying Prevention



CHADWIC Home would like to acknowledge and express our thanks to the Chapleau High School student council for their interest in bullying prevention. On their own initiative, the student council reps and their teacher advisor, invited our staff in to do a presentation about bullying, followed by a discussion about ways to deal with this very serious topic. This group of students is hoping to provide peer leadership and support to their student body regarding this very relevant issue. The commitment of our youth in dealing with the difficult issues which affect their everyday lives is commendable.

Carol Hughes, MP/Députée
Algoma - Manitoulin - Kapuskasing



Kapuskasing

12 B rue Byng Rd.
1-800-920-2057

NDP NPD

www.carolhughes.ndp.ca

"Hi, I'm Paul. I earn \$25,000 a year. I'm getting \$596* extra this year because of Ontario's tax changes."



ARE YOU GETTING MONEY BACK?

File your 2009 tax return to make sure you get the benefits you're eligible for. Call 1-800-337-7222 or visit ontario.ca/taxchange and take a closer look at all of the tax changes including the harmonized sales tax (HST).

*Your actual tax relief will depend on your specific situation; this advertisement is illustrative only.

ontario.ca/taxchange • 1-800-337-7222 • TTY-1-800-263-7776



2010 Budget Strengthens Northern Ontario

Ontario is continuing to come to grips with the full impact of the global recession.

Northern industries have faced significant challenges recently.

The McGuinty government recognizes the unique circumstances that northern communities face.

That is why our Open Ontario plan and the 2010 Ontario Budget are supporting the northern economy, creating new jobs and enhancing economic growth in the north.

In order to make northern Ontario more competitive with neighbouring provinces, our government is creating a three-year

Northern Industrial Electricity Rate Program. The program will provide an average of \$150 million annually, amounting to electricity price rebates of two cents per kilowatt-hour.

This would reduce industrial electricity prices by about 25 per cent for large industries. Along with our recent tax cuts for business and move to the HST, our northern resource-based companies will be more cost-competitive, helping to protect and create jobs.

Our government recognizes that we northerners tend to pay more for energy. These costs are higher, for example, because

of more severe winters and heavier reliance on more expensive home heating fuels. We will help low- to middle-income families and single people in the North with their energy costs by introducing a new, permanent Northern Ontario Energy Credit.

Eligible northern Ontarians will receive an annual credit of up to \$130 for a single person and up to \$200 for a family depending on your income.

In 2010, more than half of northerners will benefit.

Our government is also investing \$45 million over three years in a new northern skills training program. This program will

assist Aboriginal Peoples and northern Ontarians get the skills they need to secure jobs in emerging industries, like development in the Ring of Fire.

When the global recession hit, our government chose to run a deficit to create jobs, stabilize the economy and protect our schools and hospitals. We won't put job creation and economic growth at risk by cutting too much too soon. And we won't spend as if there is no deficit either.

Instead, we will adopt a plan that will see the deficit cut in half in five years, and totally eliminated in eight.

Our govern-

ment is also calling upon all Ontarians paid with your tax dollars to play a role.

That is why we are extending the freeze on MPP pay from one year to three years. We are also freezing the pay of non-unionized staff.

While we will respect all collective agreements, our plan provides no funding for increases for future collective agreements, and we will work with our bargaining partners to manage spending pressures, protect public services and

hold the line on wages.

Our government understands the concerns of northerners, and recognizes the challenges that they face. The 2010 Ontario Budget and the Open Ontario plan are designed to address these challenges, to build a stronger economy – a stronger future – for the north.

For further information, please contact the Constituency Office of Mike Brown, MPP, Algoma-Manitoulin, at 1-800-831-1899 or mbrown.mpp.co@liberal.ola.

Hughes questions Health Canada on acceptable mercury levels

Algoma-Manitoulin-Kapuskasing MP Carol Hughes questioned the Federal government today about the First Nations people of Grassy Narrows who have been showing signs of mercury poisoning while being exposed to mercury levels Health Canada deemed acceptable. Hughes called for the guidelines Health Canada uses to determine safe levels of mercury to be changed in light of this development.

"Last week, doctors reported that

people in Grassy Narrows who were exposed to levels of mercury deemed safe by Health Canada still show signs of poisoning," stated Hughes, the NDP Critic for Aboriginal Health. "Pulp mills that used the mercury cell process operated in Thunder Bay, Hamilton and Saskatoon. Potentially, over a million Canadians might have been exposed to levels of mercury that Health Canada considers safe."

"Will the Health Minister demand that Health Canada change its guidelines? And will the minister initiate a study of the health of those who have been exposed to this mercury pollution?"

"Canada has always been a champion of environmental

issues, and yet we have mercury poisoning in our own back yard," said Tania Cameron, Federal NDP Candidate for Kenora. "Mercury poisoning will have a lasting generational

impact, and the Canadian government needs to recognize the damage this is causing for the First Nations community of Grassy Narrows and for the environment."

CRIME STOPPERS
1-800-222-TIPS

Le dépistage précoce du cancer est important pour chaque femme

Si vous avez de 50 ans et plus, prenez rendez-vous auprès du Programme ontarien de dépistage du cancer du sein et faites une mammographie. Appelez le 1-800-661-8897.

Si vous avez été sexuellement active, un test de PAP peut prévenir la plupart des cancers du col de l'utérus. Communiquez avec votre fournisseur de soins de santé ou le Service de santé publique.

Faites-le pour vous-même. Faites-le pour ceux que vous aimez.

Visiez Santé dès aujourd'hui!
Service de santé publique de Sudbury et du district
Sudbury & District Health Unit

IMPORTANT MEETING
Thursday, MAY 13th 7 PM

NOMINATIONS & ELECTION
of Officers for the next term of office.

PLEASE ATTEND

President Branch 5

Early Detection of Cancer Is Important for Every Woman

If you are 50 years of age or over, book your mammogram at the Ontario Breast Screening Program. Call 1-800-661-8897.

If you have EVER had sex, a PAP test can prevent most cancers of the cervix. Call your health care provider or public health unit.

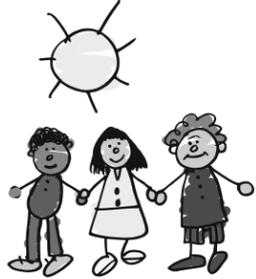
Do it for yourself. Do it for the ones you love.

Make it a Healthy Day!
Sudbury & District Health Unit
Service de santé publique de Sudbury et du district

The Chapleau Child Care Centre

would like to assist you to take care of your children while you work, attend school or enjoy that much-needed break. We offer a variety of early learning and care programs for children from birth to twelve years of age. Services are available in French and English from 7:30 a.m. to 5:30 p.m. Monday to Friday each week. We also offer different user options, family rates and subsidy.

Stop by the Centre at 28 Golf Road or call 864-1886 for more information!!
Let us be a part of your child's learning experience!!




Chapleau Curling Club NEWS

Another curling season has come to an end. This year the winners of the Winter Carnival bonspiel placing 1st was the team of Michel Sylvestre, placing second place Yvon Noel's team and 3rd place Godfroy Pilote.

Our Second Bonspiel the Shamrock which took place on March 14-15. 1st place Godfroy Pilote, second place Robert Jean, third place Albert Lapierre.

The league playoff saw the team of Tom O'Shaughnessy Jr taking top honors, defeating the

team of Claude Noel in the finals.

Congratulations to all the WINNERS.

We would like to thank all the people who donated time, food and helped out during the season. Special thanks go out to Janet Gionet and Pierrette Noel for looking after the canteen. Yvon Noel, Terry Legge, Wally Leigh, Eric Tremblay and Ron Morin for helping to make the ice and also the removal of the ice. See you next year. Annual Meeting April 20, 2010 at 7:30 PM at the curling rink.



First place Carnival bonspiel winners: From left to right Levis Bouchard, Michel Sylvestre, Claude Noel, presenting, Sylvie Sylvestre and Nancy Sylvestre.



Second place Carnival bonspiel winners was Yvon Noel's rink. (l.to r.) Yvon Noel, Claude Noel presenting and Ted Gionet.



Third place Carnival bonspiel winner was the Godfroy Pilote rink. Above Claude Noel presenting Godfroy Pilote with the prize.

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CHADWIC HOME, FAMILY RESOURCE CENTRE

Offers shelter, emotional support, and information for women and their children who are in crisis situations. We have a Toll Free Crisis Line which is staffed 24 hours a day. We can arrange for free transportation to the Centre for women who live in the Algoma/Chapleau area. We also offer support to women who live in the communities of Chapleau, White River, Dubreuilville, and Horne-payne through our Outreach Program. Our Outreach Worker travels to those communities to meet with women who need emotional support as well as information about their rights and options. If you need to speak with the Outreach Worker when she is in your community, you can call the Centre at any time to set up an appointment. You do not need to be a resident of the Centre in order to use our services. If you need someone to talk to or if you just need someone to listen, call our Toll Free Crisis line at 1-800-461-2242 or you can drop in at the Centre. We are here for you.

ALCOHOLICS ANONYMOUS Offers help to anyone who desires to stop drinking. Open discussion meeting on Sundays at 2:00 p.m. Trinity United Church basement. Telephone contacts: 864-2786

ALCOOLQUES ANONYMES Offre de l'aide à celui ou celle qui désire arrêter de boire. Les rencontres ont lieu tous les mercredis soirs à 19h (7:00 p.m.) Au sous-sol de l'église Sacré-Coeur. Téléphone au 864-2786

Narcotics Anonymous offers help to anyone who desires to stop using drugs. Meeting every Thursday 7:30 p.m. Saturday 8:30 p.m. basement Sacred Heart Church. Telephone contact 864-2786.

Alcoholics Anonymous (A.A.) Open discussion meeting every Monday evening. Brunswick House First Nation Band office lounge 7pm. **Narcotics Anonymous(N.A.)** every Tuesday same place same time. NNADAP Worker @ 864-0174 info.

Société Alzheimer Society meetings will be held at the Chapleau Hospital every 1st Monday of each month starting from 7:00 p.m. to 9:00 p.m.

APARTMENTS FOR RENT

2 bedroom apartment for rent. Also available a 4 bedroom house. Both available. Call 864-2282 and leave name and phone number. May1

2 bedroom duplex close to downtown call after 6:30 for details 864-2084. Apr24

2 bedroom upstairs apt. for rent. 81 Monk St. Semi furnished. For May 1st. Call Darryl. 864-0966. Apr17

2-3 bedroom apartments for rent. Available immediately. \$375.00 monthly plus utilities. 864-2471. Apr17

You need a decent apartment with 1, 2 or 3 bedrooms, fully or semi-furnished, or not, dryer and washer hookups, outdoor balcony, storage shed, private parking. Central location. Call Quality Rental at 864-9075 and leave message. Sep25

One bedroom apt. with fridge, stove and parking. Close to downtown and available immediately at \$420.00 per month. Call Con Schmidt at 864-0617. May1

4 bedroom house double garage wood electric heat \$575.00 per month. Call 864-0581. Apr24

HOUSE FOR SALE

4 bedroom house, 25 Queen corner lot. Renovated throughout. Wood stove/Electric heat. Priced to sell/ negotiable due to relocating. Richard 864-0135. Cont'd

House For Sale By Owner House for sale on Devon Siding Road, for more information call 864-9007 or email to devonsiding@sympatico.ca May1

TRADE SHOW

Ludie's Baskets & Crafts, Victorian Epicure Selections, (Food tasting/catalogues) will have a booth @ the trade show on Apr. 30th. & May 1st. Plenty of Mother's Day ideas/gift baskets, under \$20.00. See you there!

Signs and symptoms of bipolar depression

In the past, bipolar depression was lumped in with regular depression. But a growing body of research suggests that there are significant differences between the two, especially when it comes to recommended treatments. Most people with bipolar depression are not helped by antidepressants. In fact, there is a risk that antidepressants can make bipolar disorder worse—triggering mania or hypomania, causing rapid cycling between mood states, or interfering with other mood stabilizing drugs.

Despite many similarities, certain symptoms are more common in bipolar depression than in regular depression. For example, bipolar depression is more likely to involve irritability, guilt, unpredictable mood swings, and feelings of restlessness. People with bipolar depression also tend to move and speak slowly, sleep a lot, and gain weight. In addition, they are more likely to develop psychotic depression—a condition in which they've lost contact with reality—and to experience major disability in work and social functioning.

Common symptoms of bipolar depression include: Feeling hopeless, sad, or empty. Irritability, Inability to experience pleasure, Fatigue or loss of energy, Physical and mental sluggishness, Appetite or weight changes, Sleep problems, Concentration and memory problems, Feelings of worthlessness or guilt, Thoughts of death or suicide.



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MS 270	50.0 cc	2.5	5.3 / 11.7	16"	\$529.95	\$479.95
MS 260	50.2 cc	2.6	4.8 / 10.6	16"	\$599.95	\$549.95
NEW MS 362	59.0 cc	3.4	5.9 / 13.0	16"	\$779.95	\$699.95

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Chapleau Curling Club NEWS



2009-2010 Chapleau Curling League championship was won by the Tom O'Shaughnessy Jr. rink. (l.to r.) Bonnie & Tom O'Shaughnessy and Sylvie Sylvestre.



2009-2010 Chapleau Curling League Second place was won by the Claude Noel rink. Shown above are Claude Noel and Eric Tremblay. Missing from photo is Micheline Noel.

CLASSIFIED ADS WORK

NOTICE OF ANNUAL MEETING SERVICES DE SANTÉ DE CHAPLEAU HEALTH SERVICES



AVIS D'ASSEMBLÉE ANNUELLE SERVICES DE SANTÉ DE CHAPLEAU HEALTH SERVICES

Services de santé de
Chapleau Health Services

The 16th Annual General Meeting of Services de santé de Chapleau Health Services will be held on Wednesday, June 16, 2010 at 7:30 p.m. at the Hospital. Members of the public are welcome.

La 16e assemblée générale annuelle des Services de santé de Chapleau Health Services aura lieu le mercredi 16 juin 2010, à 19 h 30, à l'hôpital. Les membres du grand public sont invités à y assister.

Part IV - Board - Section 10 - Nominations for election of Directors subject to section 11 (Board Composition) and all other provisions of this By-law, nominations for election as Director at the annual meeting of the Corporation may be made only by:

Partie IV – Conseil d'administration – Article 10 – Mises en candidature pour l'élection d'administrateurs conformément à l'article 11 (composition du Conseil d'administration) et à toutes les autres dispositions de ce règlement, les mises en candidatures pour l'élection d'administrateurs lors de l'assemblée annuelle de la Société peuvent seulement être faites par:

- a) the Nominating and By-laws Committee of the Board; or
- b) members of the Corporation provided that each nomination by members:
 - i) is in writing and signed by at least two(2) members in good standing;
 - ii) is accompanied by a written declaration signed by the nominee that he or she will serve as a Director in accordance with the By-law if elected; and,
 - iii) is submitted to and received by the Secretary at least fourteen (14) days before the date of the annual meeting.

- a) le Comité des candidatures et des règlements du Conseil d'administration; ou
- b) les membres de la Société à condition que chaque mise en candidature par les membres:
 - i) soit faite par écrit et signée par au moins deux (2) membres en règle;
 - ii) soit accompagnée d'une déclaration écrite signée par le candidat ou la candidate qu'il ou elle agira à titre d'administrateur ou d'administratrice conformément au règlement s'il ou si elle est élu; et,
 - iii) soit remise à la secrétaire et reçue par celle-ci au moins quatorze (14) jours avant la date de l'assemblée annuelle.

National Autism Strategy bill introduced

Autism is the most common neurological disorder that affects children in our nation. Currently, one in every 200 people in Canada has been diagnosed with some form of Autism Spectrum Disorder (ASD). If we look specifically at children, this number jumps up to one in 165, or .6 per cent of all children. Throughout Algoma-Manitoulin Kapuskasing, diagnoses are increasing-just as they are world-wide, and it is about time we begin to develop an effective strategy on this issue that affects so many children and families.

With such a high number of people being affected by ASDs such as autism, Rett's Syndrome, and Asperger's Syndrome, it seems odd that the Federal government has yet to develop a strong national policy to assist with these.

That is why I am glad to announce that my colleague Glenn Thibeault, MP for Sudbury, introduced a bill that would see the development of a National Autism Strategy. The bill

was seconded by Peter Stoffer, MP for Sackville-Eastern Shore, who has extensive experience working with the autism community. If passed, the bill would see a much-needed national strategy to help with the increasing demands of people coping with ASDs.

The National Autism Strategy would put into effect a number of policies that would help alleviate some of the hardships that families of individuals with ASDs face. The bill would establish national standards for the treatment of ASDs, along with the cooperation provincial governments. It would allow for the study of funding arrangements for the care of those who cope with ASDs, which would include transferring federal funds to help provinces provide treatment, education, and professional training for those with ASDs. It would see the creation of a national medical surveillance program that would be managed by the Public Health Agency of Canada.

And it would provide an estimate for how much funding would be required for the treatment of ASDs.

There is a saying within the autism community: "If you've met one person with autism, then you have met one person with autism." This sentiment sums up how vast ASDs range in terms of symptoms. No two children who develop autism will have the same symptoms. Those who have been diagnosed with autism will often have difficulty with social interactions and communication skills, anything from the inability to recognize body language and tones of voice, to the inability to speak. Many will develop routine behaviours, such as only liking certain types of foods or only wishing to get dressed in a certain order. There are many, many variations as to what constitutes behaviour common to autistic children, and the development of a National Autism Strategy would provide a stronger framework to help those with ASDs.