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# CHAPLEAU EXPRESS

Vol. 16, Issue 49, August 18, 2012

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## Local lumber pioneer passes on



**Lucien Lafrenière**  
1924 - 2012

By Mario G. Lafreniere  
On August 8th, 2012 the last original local lumber pioneer passed away at 88 years of age.

In the month of October 1949, Mr. Lafrenière, his father Atchez and his brother André Lafrenière accompanied by Edouard Pilote, Arsène Gagné and

Paul Tremblay arrived in Racine Lake in order to establish a sawmill to salvage timber from a forest fire. Edouard Demers came in a few weeks later.

After building a small temporary sawmill to produce lumber to build the main mill and buildings, Lucien Lafrenière got the first job as sawyer.

As lumber was produced, the necessary buildings were built to face the fast approaching winter. Edouard Demers was put in charge of the priority building, the "cookery". The men spent their first winter in a half tent - half

wood bunkhouse.

In 1960 a plywood plant was built in Panet Township which is still known as the Lafrenière mill site. In 1964 the plywood plant was destroyed by fire. In November of the same year the sawmill in Racine Lake was in turn destroyed by fire. The rebuilding of both a plywood plant and a lumber mill at the same time was too great of a task. In 1965 the sawmill was rebuilt and commenced production.

In the next few years the building for the plywood plant was rebuilt but remained empty as the approval to harvest poplar was denied by the Department of Lands and Forest as they estimated that there wasn't enough poplar available to sustain a plywood plant, a decision that never sat well with Mr. Lafrenière.

The Chapleau mill burnt down in 1969 and a new mill was constructed in the vacant cement block plywood mill building. This mill was in operation under the Lafrenière ownership until 1992 at which time A & L Lafrenière Lumber Ltd. was sold to Green Forest Lumber of Toronto.

Mr. Lafrenière along with his wife



Shown above is the first sawmill in Racine Lake in November 1949

Rolande made Chapleau their home, raising their family of seven. He was an integral part of Chapleau's economic well being for 43 years employing thousands over the years in an era where employees were not numbers, and in a lot of cases lifelong friends and where handshakes were better than written contracts.

Mr. Lafrenière was a lifelong aviation enthusiast. Having received his pilot's license at 18 years of age, he flew his aircraft until he was 84. At 49 he was successful in acquiring his helicopter pilot's license. He flew helicopters for 19 years.

In 1975 the first function of its kind to be performed in Northern Ontario, provincial police commissioner Harold

H. Graham, of Toronto, recognized the contributions of Lucien Lafrenière to this community by awarding him the fourth Commissioner's Citation, the first such award to be made to a northern resident.

An inscription on the citation explains that the award was made to Lafrenière owner of A & L Lafrenière Lumber, "for having provided invaluable aid in time of tragedy or need, giving freely of his expertise and specialized facilities. Lafrenière has on numerous occasions rendered service for the well being of fellow members of the community by his participation in search and rescue operations without thought of favour or recompense, his contribution has always been for the public good."

According to police, Lafrenière's participation in search and rescue operations could be traced back at least 15 years. Over that period, he has provided any assistance warranted when someone was lost in the bush.

Police said that Lafrenière has supplied a plane and boats to searchers as well as participating in these rescue attempts. On occasion, he has been known to pull his employees off the work-site and assign them to participation in rescue attempts.

Mr. Lafreniere use to jokingly say that two would be needed to replace him on his departure. On May 10th, two days after his death, twin great-grandchildren were born to André and Kara Lafrenière son to Robert and Anne Marie Lafrenière.

### Long Term Forecast

Friday	High 16	Low 10	
Saturday	High 17	Low 8	
Sunday	High 17	Low 7	
Monday	High 18	Low 8	
Tuesday	High 22	Low 9	
Wednesday	High 21	Low 8	

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# Heading away to school this fall?

## Don't forget to buy renter's insurance

NC)—Renter's (or tenant) insurance may not be at the top of students' minds as they prepare for lectures and life away from home this fall, but it may come in handy as they unpack their possessions in their new dorm rooms.

According to a survey by TD Insurance, 47% of Canadian renters under 35 don't have renter's insurance.

"Many students assume they don't need renter's insurance, because what they own isn't valuable enough to insure," says Dave Minor, vice president at TD Insurance. "Even if you don't have expensive clothes, jewellery or furniture, consider the cost of replacing a laptop or smartphone. Renter's insurance can cost as little as a couple of movie tickets or used

video games a month and will give you peace of mind in the event that the unexpected occurs."

Minor provides his tips on what to consider when purchasing renter's insurance:

- Check if you're covered under your parents' policy – Confirm if there are any exclusions when it comes to your age, type of residence, and how long you plan to be away.

- Look for deals and ways to cut costs — Some insurers give discounts to households that are armed with security alarms and smoke or carbon monoxide detectors. Purchasing your auto and renter's insurance with the same insurance provider, or through your student or alumni association, can often yield attractive discounts too.

- Make sure you're covered for liability – What many students don't realize is that they may be liable if someone is injured on their property. If your landlord doesn't salt the walkway in the winter, and someone trips, negligence may fall with your landlord. But if someone slips and falls in your home because you forgot to clean up a puddle of water, you may be responsible and could end up paying damages in court.

- Understand your

coverage – Make sure you understand and are comfortable with your renter's insurance deductible (how much you will have to pay if you have to make a claim) and if your policy offers 'actual cash value' or 'replacement cost' coverage for your belongings. You should also inform your insurer about items that are particularly valuable – like jewellery, computers or instruments – as these may require additional coverage.

### The Chapleau Express

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### GOING TO CHURCH

Catholic Church  
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26 Lorne Street North  
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864-0747  
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Nouvel horaire à compter du 7 nov/09  
Sat/sam 7 p.m. (E or F)  
Sun/dim 9:30 a.m. (F or E)  
Weekdays/Semaine lun-ven 9:30 a.m.  
Wed/Mer (Hosp) 11:30 a.m.  
Fr. Sébastien Groleau

ST. JEAN DE BRÉBEUF (Sultan)

Liturgy of the Word  
Liturgie de la parole  
Mass 3rd Sunday  
Messe 3e dim 12:00 Noon (B)  
Permanent Deacon  
Diacon Permanent  
Ted Castilloux

Diocese of Moosonee Anglican Church of Canada

ST. JOHN'S CHURCH  
4 Pine Street West  
705-235-5556  
Sunday Service  
10:30 a.m.  
The Rev. Iris Montague

ST. MARY'S ANGLICAN CATHOLIC CHURCH

78 Devonshire Street  
864-0909  
Sunday Service 10 a.m.

CHAPLEAU PENTECOSTAL CHURCH

9 Elm Street (P.A.O.C.)  
864-0828  
Sunday 10:30 a.m. & 7 p.m. Wed.  
Family Night 7-8 p.m.  
Fri. Story Hour  
3:30-4:30 p.m.  
Pastor Dan Lee

TRINITY UNITED CHURCH

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Anna Chikoski  
Soup Kettle every 2nd Wednesday of the month  
www.angelfire.com/ont/trinityuc

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Messe 2e-4e dim 12:00 Noon (B)

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Communion Service 9:30  
Family Bible Hour 11 a.m.  
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Transportation available  
Al Tremblay

### THANK YOU

The family of the late Grace Bontinen wish to thank everyone for their messages of sympathy, masses and food. Donations in memory of mom were also greatly appreciated. Your kindness will never be forgotten. Special thanks to Father Sebastien Groleau for his kind words. Also for the TLC and special attention given to Grace during her stay at the Bignucolo Residence. With grateful appreciation.

The Bontinen Family

### In Loving Memory

of Bonnie (Goheen) Domingue

It's not an easy matter to find the words that quite express all the ways you filled our life with love and happiness. All the fun it was to share good times, your happiness in marriage, and all the caring and sharing you did with others. Your resting place we visit often. Your time was short, a life that should have lived. Your memory is as sweet to-day as the hour you were born. 10 years a life time of memories and tears, you are always in our prayers and wishing you were here.

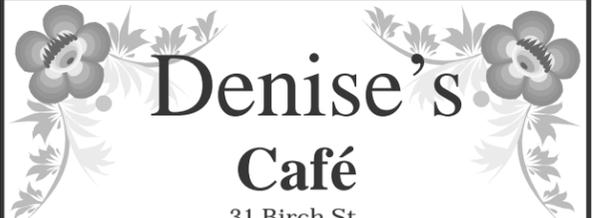
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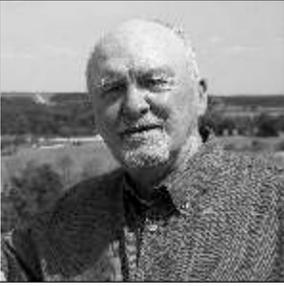


Conseil des Services du District de  
**Manitoulin-Sudbury**  
District Services Board

# Robert Fife of CTV News meets Bishop Tom Corston 44 years later at the 90th anniversary reunion of Chapleau High School

## Chapleau Moments

by  
Michael J. Morris



When Robert Fife was in Grade 9 at Chapleau High School in 1968-69, Tom Corston was in Grade 13 and president of the Students' Council. During the initiation a photographer captured Bob holding an umbrella over Tom, while also sneaking a smoke at the bottom of the hill at the new CHS.

Over the next 44 years they went their separate ways but they met at the 90th anniversary reunion festival of CHS, where Tom, now the Rt. Rev. Thomas A Corston, the Anglican bishop of the Diocese of Moosonee, invited Bob, now the Ottawa Bureau Chief of CTV NEWS, to participate in an

ecumenical service.

Thomas A. "Tom" Corston, born and raised in Chapleau, Ontario, the son of Frances (Jardine) and the late Henry "Chicken" Corston, was elected the ninth Bishop of the Anglican Church Diocese of Moosonee at a synod in Timmins in July 2010..

He had been serving as an archdeacon in the Anglican church and also Rector of the Church of the Epiphany, Sudbury, Ontario, in the Diocese of Algoma.

Growing up in Chapleau, Tom was active in St. John's Anglican Church, as AYPAPresident, which is a parish in the Diocese of Moosonee,

he now leads.. Tom becomes the first Chapleau boy to have become an Anglican priest to have been elected a Bishop. Tom was also a president of the Students' Council at CHS.

He graduated from Lakehead University with the Bachelor of Arts degree and Wycliffe College with a Master of Divinity degree. He was ordained a deacon in the Anglican church in a service at St. John's Anglican Church, Chapleau, in 1974, and became a priest a year later.

He started his ministry in the Diocese of Moosonee and then served in several parishes in Atlantic Canada and Ontario.

Tom's grandparents John and Lydia (Swanson) Corston, came from James Bay in the Diocese of Moosonee to Chapleau in 1907 where his grandfather began work with the Canadian Pacific Railway. They established their family home on Grey Street.

Bob, who was born in Chapleau, is the son of Margaret and the late Clyde Fife. Bob's grandfather George Fife was manager of the Chapleau Electric Light and Power Company and served as reeve of the Township of Chapleau from 1938 to 1942. Bob's father Clyde was later the manager and then of Chapleau Hydro.

After graduating from CHS. where like Tom, he had served as president of the Students' Council,

Bob attended the University of Toronto where he earned the Bachelor of Arts degree.

In 1978, Bob started his journalism career in the parliamentary bureau of NewsRadio and then he worked for United Press International. He then became a senior political reporter for the Canadian Press and later spent 10 years as Ottawa Bureau Chief and political columnist for the Sun Media chain. At one point in the 1980s Maclean's magazine called Bob the best investigative reporter in Canada.

After the National Post was founded he joined it in 1998, and he became Ottawa Bureau Chief for CanWest News Services and the National Post in 2002.. He has won the Edward Dunlop Award for Spot News and two National Newspaper Citation of Merit for political reporting.



Bob Fife and Tom Corston at CHS initiation in 1968

In 1991, Bob's first book, 'A Capital Scandal' which he wrote with John Warren came out. In 1993, Bob's second book, 'Kim Campbell: The Making of a Politician' was published. She became the first female prime minister of Canada. Both books remain a must read for a better understanding of politics in Canada.

However, it has been since Bob became Ottawa Bureau

Chief of CTV News in 2005 that he has become a household name in Canada.

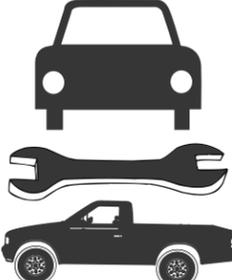
At the end of the service, a photo op was arranged where Bob and Tom would pose for a photo, although in so doing, I neglected to let them know that the 1968 photo would play a role in this column. Thanks to Dr Bill Pellow for arranging for the photos to be taken. My email is mj.morris@live.ca.



Bishop Tom and Bob at CHS Reunion in 2012



Bishop Tom Corston, MJM, Olive McAdam, Bob Fife, Margaret Fife (Bob's mother), Bill Pellow, Sonia Schmitwilke at CHS Reunion (Bill Pellow collection)

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# SoccerFest 2012: Updates

Hello, everyone. SoccerFest is only one week away. This is my first time planning a major event and it is turning out to be interesting. First off, I want to say that all up-to-date information is posted on the main page of the soccer league's website: [www.chapleausoccer.ca](http://www.chapleausoccer.ca). I hope to address all questions with today's article. It is a bit lengthy, I'm sorry, but there is a lot of info to cover.

Who, what, when, where, how, and why: SoccerFest is run by the Chapleau Soccer League as a final celebration and goodbye to summer. It also caps a successful year of soccer as I iterated in my previous article "Soccer Still Strong in Chapleau". SoccerFest is my way of saying thank you to everybody. Once again, attending and participating in SoccerFest is free. Only the BBQ requires money; more on the free tickets in a bit.

SoccerFest will be held at the Field of Dreams behind CHS/CPS on Saturday, August 25th from

5:00pm to 8:00pm and on Sunday, August 26th from 9:00am to 7:00pm.

**Rec Soccer Matches:** Recreation soccer matches will be held for 11v11 or 6v6 games depending on registration numbers for each group. There are currently 5.5 hours of field time reserved. 6v6 games can be played two at a time. The age groups are: 5-6, 7-9, 10-14, and 15+ (high school and adults). 4 year olds are welcome to the 5-6 group but with caution. Parents can use the registration form to ask for their child to be moved up or down in age groups. We will try and accommodate you. Prizes and their criteria will be decided based on registration numbers so please register as early as possible.

**R/C Show:** There are no age restrictions for competing in the R/C show; however I do caution parents to supervise their children to ensure their vehicle is under control and doesn't damage another competitor's vehicle. There is some risk that your R/C vehicle may be damaged, breaks

down, or be destroyed during the event. The soccer league will not be responsible for repairs or replacement. The limitation of liability does not apply to other competitors. You can be held responsible if you intentionally break another person's R/C vehicle. Qualifying will be held because there is a limit to the number of vehicles that can run at once (typically three or four). If you miss your race, you will be disqualified. You are allowed to loan your vehicle to another person who is not registered to compete if you are busy at another event when your race is called. There will be AA, AAA, and 9V batteries at the event. We are currently working on a generator and other types of batteries to be present.

**All-Star Competition:** These are great spectator events. The all stars are broken down into groups: 4, 5-6, 7-8, 9-10, 11-12, 13-14, 15+. In this event, children are only permitted to move up age groups not down. The event list so far is:

- Farthest Dropkick
- Most Accurate Shot
- Fastest Sprint
- Marathon Run
- Longest Throw-In
- Most Accurate Cross
- Best Goal Celebration Team
- Best Goal Celebration Individual
- Elimination Penalty Kicks
- Breakaway Challenge

Some events will take place at the same time as others. We will work the age groups so everyone has the opportunity to participate in everything. Both the sprints and marathon will be on grass with cleats. No steel cleats are permitted. The Breakaway Challenge and Best Goal Celebration will be judged by guest, celebrity judges.

**Training Camps:** Youth training camps will provide children of all ages with skills they need to grow and succeed in soccer. This event is highly recommended for youths moving into a new division next year. This event is also ideal for someone who has never played soccer before. Don't miss on this opportunity. Children of all ages are invited to the training camps.

**BBQ:** The BBQ prices are still being set. I hope to have them available soon. Proceeds from the BBQ will fund SoccerFest. Even if you will not be entering in the events, we encourage you to come out and support Chapleau Soccer by eating at our BBQ. You can find out when it is open by checking the schedule posted online at [chapleausoccer.ca](http://chapleausoccer.ca) and click on "SoccerFest Schedule".

**Free Tickets:** Please note that there are some things available at the BBQ that cannot be purchased with tickets. Once we have the

prices set, we will publish a list of items and include which items can be purchased using a ticket. All registered players of the 2012 soccer season (either spring or summer) are entitled to 2 free tickets. Those who played in both programs will not receive additional tickets. Coaches are entitled to 2 free tickets. Participants who register for SoccerFest events will receive 1 additional free ticket. Volunteers will receive 1 free ticket as long as they did not also register for SoccerFest events. You can only receive one additional ticket.

**Volunteers:** Volunteers are needed to make SoccerFest successful. High school students are encouraged to get their community service hours by contributing to the event. Volunteers, in addition to their free ticket, will also be entitled to free bottles of water during the event. There are many positions to fill including judges, linesmen/women, referees, BBQ cooks and servers, event organization, and more. Please speak with Tim Barnes at the Chapleau Village Shops to

register to volunteer.

Other Activities: To keep younger children busy, officials will be organizing mini-games for them. Since the schedule has allotted "Reschedule Time" these are opportunities for mini-games to take place if they are not used. One game running for sure will be to build the obstacle course used by the All-Terrain R/C competition. Another game proposed is blindfold dribbling through collapsible cones while being directed by a parent. Ultimate Dodgeball will be played with size 4 soccer balls and will feature parents vs. tots. Mini-games will not be for prizes; however they are sure to be lots of fun. Approximate times for the mini-games should be known once registration confirms which events are needed and which ones can be trimmed down.

I believe that covers everything. Thank you for taking the time to read through the whole article; I know it is a lot of information. If you have any questions not addressed here, please contact me by email: [tim.barnes@chapleausoccer.ca](mailto:tim.barnes@chapleausoccer.ca).

## Great Business Opportunity

Owners want to retire

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## Invitation to friends

and co-workers of

**Richard McAdam**

Drop in at the Legion Hall  
**Saturday, August 25th**

To celebrate Frosty's Retirement  
Social 7:30 p.m.  
Music 9:00 p.m.

# Ontario Weather Review: July 2012

July 2012 was a record-breaking month for northwestern Ontario and part of the Far North. Throughout the province, monthly mean temperatures were above normal values by as much as 3.5 degrees Celsius. In Pickle Lake, the new mean temperature record replaced one that was set in 1933. In southern Ontario, the mean temperatures were high, but did not exceed those of 2011.

Single-day records were set this month in various locations. Southern Ontario set new maximum temperature records on July 6, with temperatures in the mid-thirties. July 17 was another record-breaking day for Southern Ontario and the National Capital Region, with temperatures that reached the mid- to high thirties. Windsor Airport reached 37.8 degrees Celsius on that date.

In contrast to all the record temperatures, only Ottawa set a new record for driest July ever, receiving only 14.6 millimetres. Taking into account several stations in the vicinity of Ottawa, the previous record was 19.2 millimetres in 1875. Elsewhere in

the province, no new marks were set for total precipitation. Overall, dry periods punctuated by heavy rainfall events were a reminder of the highly localized nature of convective precipitation. Rainfall amounts ranged from below-normal to above-normal values. It might be misleading, however, to say that some locations recorded normal to above-normal values when one or two rainfall events were responsible for the high amounts received. Such short-term heavy rainfall events, falling onto dry ground in a short period of time, do not penetrate into the soil enough to be beneficial.

### Severe Weather

July was a very busy month with respect to strong thunderstorms. The activity began early with a severe thunderstorm that moved through the southern parts of Essex County in extreme southwestern Ontario during the evening hours of July 1. This storm produced heavy rain, gusty winds and hail up to the size of ping-pong balls. The hail was responsible for crop damage of approximately \$1 million.

Just one day later, on the afternoon of July 2, a series of thunderstorms moved across northwestern Ontario. One storm in particular moved over Sioux Lookout at 4:45 p.m. Central Daylight Time and produced hail up to an amazing nine centimetres in diameter – or almost the size of a softball. This was some of the biggest hail the province has seen in the last few years.

On July 15, heavy thunderstorms rumbled across southern Ontario. The heaviest rainfall was in the Toronto area. Some locales reported rainfall amounts from that event as high as 88 millimetres, while others only received a few millimetres. Localized flooding was reported in portions of portions of Scarborough. As the storm moved through the Whitby area, a lightning bolt hit a tent during an outdoor event, injuring 17 people that were inside the tent. This event was a strong reminder of the danger posed by all thunderstorms due to the lightning they generate. It also provides a good opportunity to restate the lightning safety rule, which says that you should seek solid shelter when you hear thunder and remain in that shelter for 30 minutes after the last rumble of thunder, thus ensuring the storm has moved well away from your location.

On July 23, during the late morning hours, a number of severe thunderstorms developed around and

to the north of Lake Nipissing. Reports were received of some tree damage caused by these storms in the communities of Verner and West Nipissing near North Bay, with other damage being reported to the east of North Bay towards Mattawa. As these storms continued to move southwards during the afternoon, they spawned additional bursts of damaging winds –through Renfrew County, in particular – in and around the community of Calabogie. An Environment Canada damage survey team later estimated that thousands of trees were flattened in this area due to winds in excess of 120 kilometres per hour. The storms then continued to track through the Ottawa area and Lanark County in the mid- to late afternoon hours causing spotty areas of tree damage as they went.

With respect to tornado activity during July, Environment Canada confirmed three more tornadoes to bring the total count

so far this year to six. Two tornadoes occurred in Eastern Ontario on July 17, one to the west of Brockville in the Athens area and the other east of Cornwall near the community of Summers-town. In both cases, the events were relatively short-lived and didn't cause long tracks of signifi-

cant damage. The third tornado of the month occurred on July 22 near the community of Embro in Oxford County. This event was also very short-lived and did no appreciable damage. Ontario normally gets 13 tornadoes in a season that runs from late April until early October.

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**Saturday, August 25th, 2012**

Registration forms available at: Royal Bank, Home Hardware Building Centre, Kearsquashesing Golf Club, and Chapleau General Hospital  
 For more event information and sponsorship opportunities contact Maria Doyon at 705-864-3053



## The Chapleau Child Care Centre de Garde d'Enfants

would like to take this opportunity to remind drivers about young children playing outside during the summer months.

Please be sure to drive carefully through our neighbourhoods to protect our youngest citizens and to ensure everyone has a great summer!

the target landing area for Curiosity, the rover of NASA's Mars Science Laboratory mission, is the ellipse marked on this image, about 12 miles long and 4 miles wide (20 kilometers by 7 kilometers).

# Toys or Tuition? Give great gifts to your grandchildren

(NC)—One of the great joys of being a grandparent is spoiling your grandchildren. Watching them unwrap the latest toy sparks a light in your eyes, as well as theirs. Greater still—and certainly longer-lasting—is the pride and joy of watching your grandchildren play, and learn, and grow into accomplished scholars and professionals.

Since it's a full-time job keeping up with changing tastes and the latest trends in toys, the next time a birthday or holiday rolls around, consider giving your grandchildren the gift of education. Registered Education Savings Plans (RESPs) are a simple and effective way to give students a leg up when it comes time to enroll in post-secondary education.

"18 years from now, the costs of a university education, including tuition,

room and board is expected to top \$100,000," says Peter Lewis, a vice president with the Canadian Scholarship Trust Foundation (CST), one of the leading providers of RESPs in Canada. "This is just one reason why it's so important for families to invest in RESPs early and regularly."

"According to the federal government, 70 per cent of the new jobs being created in Canada require a post-secondary education," he continues.

By investing in RESPs, you'll also teach your grandchildren a very important lesson about the value of a long-term savings strategy for big expenses like a car, a home, or even their own retirement. So what's the best way to climb the \$100,000 mountain?

"That's the \$64,000 question," says Lewis. "It all

depends on your financial situation and expected needs, so it's important to speak with a knowledgeable RESP professional."

Professionals who specialize in RESPs can counsel you on all the details, including how registered plans can grow

tax free, and the several ways the government will add to your investment and increase its value.

Piece by piece,

it all adds up. They say it takes a village to raise a child, but who needs a village when there are grandparents?

**4<sup>th</sup> Annual  
Great Canadian  
Kayak Challenge & Festival**  
August 25<sup>th</sup> & 26<sup>th</sup>, 2012  
Mountjoy Historical Conservation Park,  
Timmins, Ontario

**FREE  
ADMISSION**

**FESTIVAL ACTIVITIES:**

- Children's Activities.
- Arts and Culture Routes
- Community Exhibits
- Introduction to kayaking clinics.
- Guided 5KM Family Leisure Paddle & Shore Lunch
- Live Performing Arts
- Beer Garden & Food Court
- Free Evening Concert featuring Green River Revival (CCR Tribute Band)
- Rubber Duck Race

**PADDLING DIVISIONS:**

- Elite Challenge
- Elite Recreational Challenge
- Recreational Challenge
- Open Challenge
- Novice Challenge
- Youth Challenge
- Masters/Seniors Elite Challenge
- Masters/Seniors Recreational Challenge
- Celebrity Challenge
- 3 person 2,000m sprint competition and 400m Fun Division Heart & Stroke Foundation of Ontario "Kayak for the Heart of It"

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To register, or for additional information call Guy Lamarche at (705) 360-2640 or e-mail [guy.lamarche@timmins.ca](mailto:guy.lamarche@timmins.ca). Be sure to visit [www.thegreatcanadiankayakchallenge.com](http://www.thegreatcanadiankayakchallenge.com) for more details on this exciting event.

**Happy 100<sup>th</sup> Birthday Timmins Bonne 100<sup>ieme</sup> Fête**

Come Celebrate with us! Venez Célébrer avec nous!

## THE LOCAL MARKET PLACE

**CHADWIC HOME, FAMILY RESOURCE CENTRE.** Offers shelter, emotional support, and information for women and their children who are in crisis situations. We have a Toll Free Crisis Line which is staffed 24 hours a day. We can arrange for free transportation to the Centre for women who live in the Algoma/Chapleau area. We also offer support to women who live in the communities of Chapleau, White River, Dubreuilville, and Hornepayne through our Outreach Program. Our Outreach Worker travels to those communities to meet with women who need emotional support as well as information about their rights and options. If you need to speak with the Outreach Worker when she is in your community, you can call the Centre at any time to set up an appointment. You do not need to be a resident of the Centre in order to use our services. If you need someone to talk to or if you just need someone to listen, call our Toll Free Crisis line at 1-800-461-2242 or you can drop in at the Centre. We are here for you.

**ALCOHOLICS ANONYMOUS**  
Offers help to anyone who desires to stop drinking. Open discussion meeting on Sundays at 2:00 p.m. Trinity United Church basement. Telephone contacts: 864-2786

**ALCOHOLICS ANONYMOUS**  
Offers help to anyone who has the desire to stop using drugs/alcohol. Open discussion meeting on Saturday at 7:00 p.m. Pentecostal Church. Call 705-860-9769 for support.

**Alcoholics Anonymous (A.A.)** Open discussion meeting every Monday evening, Brunswick House First Nation Band office lounge 7pm. Narcotics Anonymous (N.A) every Tuesday same place same time. NNADAP Worker @ 864-0174 info.

Societe Alzheimer Society meetings will be held at the Chapleau Hospital every 1st Monday of each month starting from 7:00 p.m. to 9:00 p.m.

### APARTMENT FOR RENT

**Newly renovated** large 1 bedroom apartment available October 1st. Includes washer, dryer, fridge, stove, utilities, heat, parking and plug in. Apartment is central to downtown and ideal for a quiet non smoking tenant. \$600 all inclusive. Please call 705-471-2544 for more details or to arrange viewing.

**VILLAGE SHOP APARTMENTS**  
3 bedroom Apt. available . Secure building. Laundry facilities. Please call Lucy 864-1114.

### CARS FOR SALE

**One Chev Lumina** 4 drs. 1995 LLS as is, only 92,829 K. Can be seen at 193 Cherry St. call 705-864-1434. Asking \$1500.00 or best OFFER.

**1991 Lincoln Town Car** still on the road. As is \$2700.00 firm. Comes with two parts car. 1991 and 1994 Town car. Call 705-864-1870. Leave a message

### CAMPING LOTS

**Seasonal** water front trailer sites available on Mulligan's Bay. Call Lloyd 705-864-1846. Aug25

### HOUSE SALE

**194 DEMERS ST.** Sat. Aug. 18th & Sun. Aug. 19th 9:00 a.m. - solid maple furniture, mini fridge, t.v., baby swing, basinet, baby clothes, toys and much, much, more!

### SEPTIC SERVICES

**Chapleau Septic Services** available. Call 864-1114 to arrange time. cont.

### WANTED

**To purchase winterized cottage** or home with power for year round living near water within 30 km of Chapleau. Call 705-864-1870 and leave message.

**Have a Good Weekend**

**Dr. L. R. Simpson**  
**VETERINARIAN**  
Will be at the Trinity United Church  
**MONDAY, August 27th, 2012**  
**FOR APPOINTMENTS CALL**  
Nadene McEachren at 864-1055  
lrs.vet@gmail.com

### VOLUNTEERS NEEDED

SoccerFest 2012 needs volunteers to make it successful. Volunteers must be at least 14 years of age.

#### Positions needed:

- ▶ Referees
- ▶ Linesmen/women
- ▶ BBQ Cooks
- ▶ BBQ Servers
- ▶ Competition Judges
- ▶ Competition Organizers
- ▶ Competition Officials
- ▶ Training Camp Hosts
- ▶ Floaters
- ▶ And more!

Students who need hours for community service can see Tim Barnes after the event to have their books signed. To sign up to volunteer, visit chapleau.soccer.ca and click on "Register to Volunteer" link.

**Saturday August 25**  
5pm-8pm  
**Sunday August 26th**  
9am-7pm

**Register for SoccerFest**  
Registration is required to confirm events for SoccerFest.

**Please do not wait.**

Register today.

#### Confirmed Events:

- ▶ R/C Show
- ▶ All-Terrain
- ▶ Helicopters/Airplane
- ▶ Speed Race
- ▶ All-Star Competition
- ▶ Sprint
- ▶ Marathon Run
- ▶ Shooting Accuracy
- ▶ Breakaway Challenge
- ▶ Elimination Shootout
- ▶ And much more!
- ▶ Rec Soccer Matches
- ▶ Youth Training Camps

To register, visit [chapleausoccer.ca](http://chapleausoccer.ca) and click on "Register for SoccerFest 2012". There is no fee to register. See you there!

**Saturday August 25**  
5pm-8pm  
**Sunday August 26th**  
9am-7pm

**Located downtown area**  
**3 bedroom house**  
Large back yard  
Large closed in front porch  
Very Clean  
First and last months rent  
\$625.00 + utilities  
References if available  
non smokers - no pets  
Available September 1st, 2012  
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**Carol Hughes, MP/Députée**  
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The Best Day of Someone Else's Life  
Kerry Reichs  
Eat to Live  
Joel Fuhrman, M.D.

The Pill Book - Harold M. Silverman, Pharm. D.  
The Truth About Statins - Barbara H. Roberts, M.D.  
Jana Bibi's Excellent Fortunes - Betsy Woodman  
The Killing Moon - N. K. Jemisin

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# How to motivate yourself at college and university



(NC)—Your college years can be some of the best times of your life. The freedom of not having anyone to answer to combined with the flexibility of arranging your own schedule means you may get to sleep in more and stay out 'til the wee hours of the morning. But this period in your life isn't supposed to last forever. Here are some tips on how to stay on track and keep motivated:

Stick with the right crowd. You may have learned this lesson already in high school, but it becomes even more important to surround yourself with positive influences in your college years. Find friends who equally balance work and play.

Know your limits. Enrolling in an advanced course because it interests you can be a great way to challenge yourself, but if you feel over-

whelmed and miserable it may be time to revisit your plans. College is a great time to discover who you are and how much you can handle. Just don't overextend yourself and ask for help if you need it.

Value your education. It's a privilege to attend college and - for most children and families in developing countries - it's a distant dream. International development organization like

## Whip up a hearty breakfast for better classroom concentration

(NC)—Conventional wisdom keeps confirming that breakfast gives us the all-important fuel to power our day—and also to feed and stimulate those back-to-school brains. On a busy morning, make it easy on yourself with innovation, say specialists in this field. These days, omelettes, pancakes, muffins, waffles and more can be whipped up right in the bowl, pitcher, or pot with hand-held blenders, making the preparation, cooking and cleanup a breeze. For example, the Cuisinart PowerTrio immersion blender with its 4-cup food processor attachment can even slice, shred and chop your favourite vegetables, nuts and

hard cheese by hand control at the flick of a button. Take a look at these breakfast recipes and more at [www.cuisinart.ca](http://www.cuisinart.ca):

- **Cajun Puffy Omelette:** Serve it for breakfast, lunch, or supper.
- **Cottage Cheese Protein Waffles:** Easy to prepare, the star ingredients are also oats, eggs and milk with a generous pinch of cinnamon.
- **Cinnamon Sugar French Toast:** Who can turn down this universal favourite?
- **Cranberry - Orange Bread:** Give them goodness and unforgettable flavour.
- **Banana Granola Waffles:** This recipe makes every day a special occasion and the extras can be fresh-frozen.

## BACK TO SCHOOL IN STYLE

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Christian Children's Fund of Canada ([www.ccfcanada.ca](http://www.ccfcanada.ca)) can help you make a

difference in the life of a child living in extreme poverty through education

Consider investing in someone's future as you are investing in your own.

### MARTEL FOREST - INDEPENDENT FOREST AUDIT

KBM Forestry Consultants Inc. of Thunder Bay, Ontario has been retained by the Ontario Ministry of Natural Resources to conduct an Independent Forest Audit, consistent with the Crown Forest Sustainability Act, on the management of the Martel Forest. The purpose of the audit is to assess forest management activities within the Martel Forest during the five-year audit period from **April 1, 2007 to March 31, 2012**. Specifically:

- compliance with the Crown Forest Sustainability Act;
- compliance with the Forest Management Planning process;
- a comparison of planned versus actual forest management activities;
- the effectiveness of forest management in meeting objectives set out in the forest management plan
- the effectiveness of previous audit action plans;
- compliance with the terms and conditions of the Sustainable Forest Licence.
- provide a conclusion regarding Crown forest sustainability.

**You are invited to comment on forest operations on the Martel Forest for this period of time. Please provide your comments by Friday September 7, 2012 directly to the contact listed below.**

Ian Dunn, Audit Secretariat  
KBM Forestry Consultants Inc.  
349 Mooney Avenue  
Thunder Bay, ON P7B 5L5  
Tel: 807-345-5445 ext. 237 Fax: 807-345-5858  
Toll Free: 1-800-465-3001 Email: [idunn@kbm.on.ca](mailto:idunn@kbm.on.ca)

*All correspondence sent to KBM is strictly confidential.*

For more information or to download and complete our public audit survey please visit [www.kbmrq.com](http://www.kbmrq.com)

