

Talk about good coffee!

Miss Muggins Coffee and Fresh Donuts



CHAPLEAU EXPRESS

PIZZA HUT & KFC
There's a Reason We're Number 1
"0 TRANS FAT"
864-0911



Vol. 13, Issue 17, January 10, 2009

Local entrepreneur's vision set to become reality



Local entrepreneurs Larry Lacroix on the left and René Tremblay of M&L Waste Management.

By Jim Prince

What most people considered an eyesore to be burned eventually; to one Chapleau entrepreneur those

huge piles of slash wood waste left in the surrounding woodlands were a great opportunity. An opportunity, now in its final stages of realization, which, upon completion, will see Chapleau, enter the new world of Green Technology.

Laurent (Larry) Lacroix had already made his mark locally, after arriving here 1988 as the new owner of a bus line with contracts to transport local school

students. He subsequently served as a member of the Township Council, was an active member of the Rotary Club and the Snowmobile Club and most recently acquired the local bus line in neighboring Wawa.

However, it was those piles of wood waste, and a burning desire to create jobs in a community which had seen hundreds of traditional forest jobs lost due to sawmill

closures, that led Lacroix to team up with another local entrepreneur, René Tremblay to form a new company, M&L Waste management.

Partnered with some of the world's leading industrial companies tied to the burgeoning green economy, the local businessmen are set to embark on a green project using wood-fiber biomass as the primary woodstock designed to produce clean energy in the form of ten-megawatts of electricity to be sold to the provincial grid. The complex is to be located on the old A&L Lafrenière Lumber mill site, which has been vacant for several years.

In production, the complex is expected to employ 34 direct jobs and an additional 100 spin off jobs and will represent a direct economic impact on Chapleau of approximately \$2.5 million annually. The project will require a \$56 million investment, half of that in Ontario.

The Bio Energy Project had some creative beginnings, which were related during the recent project announcement at meeting of the local business and industry leaders.

Lacroix recalled that like so many of us, my wife and I love to drive around and take in all of Chapleau's natural beauty. At the same time they noticed all the slash left behind by the forest industry. "I started doing research on what we could use this waste for. It truly was a resource that we could use to develop a project."

Coincidentally, the Municipality was revamping its approach to economic development, away from the Chapleau Crown Game Preserve resulting from a provincial government decision to allow hunting (albeit restricted) there. This coupled with a downturn in the world economy and the resulting drop off in tourism conspired to remove the glow from the Game Preserve dream. This in turn led to Mayor Earle J. Freeborn's decision to form The Chapleau Economic Renewal Committee (CERC), which was supported by the municipal council. Its mission was to create an atmosphere conducive to attracting and promoting renewal opportunities within Chapleau in order to create jobs and new business. It recommended the

Township Council provide "Investment Readiness Funds" to the newly formed M & L Waste Management, to enable it to explore the possibilities of its biomass project.

In stepped local entrepreneur and engineer Bill Ivey who guided the company through its study and subsequent partnership with the other members of the new consortium. These members include SunBay Energy Corporation of Toronto, Toromont Cat, PRM energy systems of Arkansas and a company based in France, Europlasma SA. Under the proposal Toromont would be the operator of the plant.

Speaking to the recent Chapleau gathering SunBay Managing Director Jordan Oxley said this project is really going to happen."Toromont won't put their name to a project that will fail," adding "this project is a major achievement." It was noted Toromont has a long history in Northern Ontario with the heavy equipment and power generation systems that will be used in the Chapleau plant.

At the same time Lacroix said the consortium has been

Cont'd on P.4

Long Term Forecast

Saturday
High -15
Low -23

Sunday
High -12
Low -23

Monday
High -17
Low -23

Tuesday
High -23
Low -26

Wednesday
High -23
Low -33

Thursday
High -22
Low -35





come in with a problem, come out with a smile :)

"Call us for all your snowploughing and road clearing needs"

Get your car ready for winter. Studded tires, cold weather fluids, and more...

Call Steve or Gaston for pricing and service.

NORTHERN HAUL... We do it all!

Serving the north with Distinction since 1996

Martel Rd. P.O. Box 788
Chapleau, On POM 1K0
PH: 705-864-1095
FAX: 705-864-1110

Visit our website at www.northernhaul.com for a list of our services!

Ontario Weather Review

December 2008

Ontarians experienced quite a roller-coaster ride in December as both temperature and precipitation conditions went from one extreme to the other. Both mild and cold temperatures

made the news, along with record-breaking snow and rainfall. Muskoka, North Bay, Wawa, Elliot Lake and Sudbury set record snowfall totals, but other areas in the province weren't far

behind, with numbers that doubled their normal values for the month. Along with the record-breaking snow, total precipitation records were established in Elliot Lake, North Bay, Sudbury and Warton.

The wet month of December also helped set new annual records for precipitation. This was the wettest year on record for North Bay, Peterborough, Toronto Pearson and Warton.

Overall, it was a very chilly month for most of the province, with Northwestern Ontario experiencing temperatures running 3 to 5 degrees below normal – conditions not experienced since 2000. Southern Ontario, meanwhile,

experienced average temperatures within a degree of normal values.

Severe Weather

December was a particularly active month in Ontario for severe weather. In the wake of a storm system that moved through northern Ontario on December 14-15, which dumped 15 to 25 centimetres in many localities, a bitterly cold arctic air mass moved into northwestern Ontario. Temperatures in many localities, including Kenora, Red Lake, Fort Frances and Thunder Bay, were much colder than normal for this time of year. Temperatures sometimes struggled to get to minus-25 Celsius for daytime

highs and then plunged to minus-36 Celsius for night-time lows in some locations. By December 18, the very cold temperatures had worked their way into northeastern Ontario as well, to remain into the Christmas period.

Due to the cold temperatures and northerly winds behind a succession of low-pressure systems, the typical "snow belt" areas adjacent to the Great Lakes experienced a more active December than normal, with snowsquall warnings in effect on a total of 11 days between December 4 and December 22.

Southern Ontario was locked into a particularly

active storm track between December 17 and the end of the month. A series of storm systems rode the jet stream from the American southwest up into the lower Great Lakes area. The first four of these storm systems, on December 17, 19, 21 and 24, each left various areas in southern Ontario between 10 and 25 cm in their wake. In combination with significant winds and blowing snow, each was also responsible for significant travel chaos at this busy time of year. However, subsequent storm systems brought with them much milder air.

On December 27, a low-pressure system tracking **Cont'd on P.7**

IN MEMORY

In loving memory of a beloved husband father and friend, Kenneth (Daddle) Swanson who passed away 14 years ago on January 10, 1995

The angels sang amazing grace
The Lord came down and touched your face
He held your hand and whispered low
Come with me, it is time to go
The gates of heaven opened wide
The angels lined up side by side
A special gift was on his way
The day God took you away

Forever loved and deeply missed by
Pat, Brenda and Scott

OBITUARY Ross Allen Pellow



Ross was born January 30 1928, North Bay On.
He died at 10.30 a.m. December 23, 2008, London Ontario in Victoria Hospital.
He was 80 years old.

Ross attended North Bay collegiate to become an electrician.

The Canadian Pacific Railway was hiring young men to form the staff to maintain the RR signal system just being introduced. Ross joined up. He worked for several years with the CPR with postings in Sultan, Ramsey, White River, Chapleau and Espanola as a Signal Maintainer. He was gang foreman for the installations of signals on the White River and Nemegos subdivisions. Ross was Chairman of his Union. For a short time he hired on as a Brakeman working out of Schreiber.

For several years he and his two boys Doug and Jim owned and operated a trucking and mail delivery service in Chapleau.

When Ross moved to Espanola he owned a poolroom and snack bar. Then he came to London and was employed with the University of Western Ontario as a Hall Clerk at one of the new dormitories on campus. He retired and moved to Dorchester. He joined the Moose and the Legion. He wintered in Zephyr Hills Florida. He loved to play poker, cribbage and pool. He was quite good at all three.

Six years ago he suffered a massive heart attack and was in a coma for 8 weeks. When he recovered he suffered some dementia and was placed in a long term facility. All the staff just loved him. Ross was a personality person. Until death he was humming a tune. He loved to dance. In the forties he was a natural.

He was Worshipful Master of the Masons in Chapleau, Lorne Lodge 622 in 1966.

He was predeceased by his wife Marion Nixon Pellow and daughter Catherine Pellow Woods and a son Rev. Robert Pellow and a great grandson Austin.

Ross is survived by two brothers. Dr. William R. Pellow, DDS of London and Harry A. Pellow, B. Arch Toronto and their respective families.

He is survived by son Douglas his daughter Tammy, son Chad and Grandson Justin, Patricia and Richard Dickson, Grandsons Tyler, Cody and Nikolas, Kim and Shawn Beland, Grand Daughter Kayley and Breann. He is also survived by son Jim, his two sons Jordan and Josh and daughters Jessica and spouse Terry Hawes, Grandsons Cameron and Dylan.

A memorial service and internment in late spring, 2009, Chapleau. Date to be announced.

In memory of Ross, donations can be made to the Masonic Bursary, a registered charity, (sponsored by his lodge: for Chapleau High School students) Lorne Lodge 622 Chapleau On.

PO BOX 142 POM1K0.

DEATH BE NOT PROUD!

The Chapleau Express

P.O. Box 457

Chapleau (Ont.) P0M 1K0

Telephone - Fax : 705-864-2579

e-mail : chaexpress@sympatico.ca

Published every Saturday/Sunday

Deadline for receiving ads is Wednesday at 4 p.m.

The Chapleau Express is delivered free of charge to every household each Saturday. If you have any comments, please feel free to contact us. Subscriptions: **\$70.00 per year (Canada) \$150.00 U.S per year (U.S.A)** Canadian Publications Products Sales Agreement #30183799

GOING TO CHURCH

Catholic Church
SACRED-HEART OF JESUS
PARISH
PAROISSE SACRÉ-COEUR
DE JÉSUS

26 Lorne Street North
OFFICE- 21 Lansdowne St.N.
864-0747

Sunday/dimanche
9:30 a.m. English
11:00 a.m. Francais
Weekdays Mon-Sat
en semaine Lun-Sam
Fr. Jacques Fortin

ST. JEAN DE BRÉBEUF

(Sultan)

Liturgy of the Word
Liturgie de la parole Every 3rd
Saturday 7 p.m. Bilingual
Tous les 3e samedis 19h
Bilingue
Permanent Deacon Ted
Castilloux

Diocese of Moosonee

Anglican Church of Canada

ST. JOHN'S CHURCH

4 Pine Street West

864-1604

Sunday Service

10:30 a.m.

Rev. Bruce Roberts

ST. MARY'S ANGLICAN

CATHOLIC CHURCH

78 Devonshire Street

864-0909

Sunday Service 10 a.m.

Rev. William P. Ivey

CHAPLEAU PENTECOSTAL

CHURCH

9 Elm Street (P.A.O.C.)

864-0828

Sunday School 9:45 a.m.

Sunday Services

11 a.m. & 7 p.m.

Family Night (ages 1-109)

Wednesday 7 - 8:15 p.m.

Pastor Dan Lee

TRINITY UNITED CHURCH

Corner of Beech and Lorne

864-1221 Sunday Service and

Sunday School 11:00 a.m.

Anna Chikowski

Soup Kettle every 2nd Wednesday

of the month

www.angelfire.com/on/trinityuc

OUR LADY OF SEVEN

SORROWS PARISH

PAROISSE NOTRE-DAME-

DES-SEPT-DOULEURS

(Foleyet)

Liturgy of the World Sundays

11 a.m.

Liturgie de la Parole

Dimanche 11h

Mass every 2nd & 4th Sunday

at 4:00 p.m.

Messe sux 2e et 4e dimanche

à 16h

COMMUNITY BIBLE CHAPEL

Corner of King and Maple

864-0470

Communion Service 9:30

Family Bible Hour 11 a.m.

Including Sunday School

Evening Bible Study and

Ladies Bible Study

during the week

Transportation available

Al Tremblay

a new year's message from Mayor Earle J. Freeborn

Your Council completed the second year of a four year mandate. We look forward to the challenges of the next two years. The dedication and hard work of your Council and the administrative and municipal staff will make the job both interesting and rewarding.

The year 2008 has seen improvements to Devonshire and Cherry Streets where at long last the water, sewer, storm sewer and asphalt infrastructure has been replaced. Asphalt patching repairs were completed to many of our streets such as Monk Street, Aberdeen Street, Lansdowne Street, Lisgar and Teak Streets as well as asphalt repairs to the tarmac at the airport. Ongoing equipment improvements at the water and sewage plants and the purchase of two new half ton trucks for our Public Works Department. Improvements have been made to Maple and Queen Streets and Broomhead Road with the application of new gravel. We have purchased a new brush cutter for the airport and a new condenser and oil separator for the ice plant at the Moore Arena. We were required to dig a new cell at the new landfill site and closure work on the old site. The list is a long one as this Council is very involved in keeping our community in good repair.

There are new and exciting things scheduled to happen in 2009. The new Cedar Mill "Niska North" is planning to begin operations. There is a new project on the horizon, the "Chapleau Bio-Energy Project" spearheaded by M & L Waste Management, a local firm who have announced their intentions to construct a Bio-Energy Plant on the old A & L Mill Site. Congratulations to the Chapleau Economic Renewal Committee for their support in giving the Bio-Energy Project momentum. Once again "Hats Off" to the managers and workforce of our local lumber mill who have kept our mill working throughout this time of uncertainty related to the Canadian lumber industry. It is because of their dedication and concern for our community that has kept our economy stable. Our local CP Rail Operations continues to provide meaningful jobs for many of our citizens which our community has come to depend on. We are truly fortunate to have these industries in Chapleau as our major employers. We must not forget our local business enterprises who serve our citizens everyday with personal care and are really the heart and sole of the community.

The Liberal Government of Ontario will be lobbied by your Council throughout our mandate for the inclusion of the Ramsey Industrial Road into the Northern Ontario Highway System. Your Council has applied for infrastructure funds under the "Building Canada Fund - Communities Component" for a 2009 project. If we are successful with this infrastructure application it is our plan to renew services and asphalt on Monk Street.

Your Mayor continues to represent Chapleau at the Manitoulin-Sudbury District Social Services Administrative Board at monthly meetings held in Espanola. Chapleau is also a member of the Mayors group that meets monthly with neighbouring communities of Wawa, Hornepayne, Dubreuilville, White River and Manitouwadge, where issues of regional concern are discussed and collectively addressed with different levels of Government.

Your Council is ready for the challenges of 2009 and I take this opportunity to wish you all a very Happy and Prosperous New Year.

Earle J. Freeborn
Mayor, Township of Chapleau



un message du JOUR DE L'AN Du maire Earle J. Freeborn

Le conseil vient de terminer la deuxième année de son mandat de quatre ans. Nous sommes impatients de relever tout défi qui se manifestera au cours des deux prochaines années. C'est une tâche rendue d'autant plus intéressante et satisfaisante en raison du dévouement des conseillers, des employés et des cadres municipaux.

L'année 2008 a été marquée par la réfection des rues Devonshire et Cherry qui peuvent maintenant jouir de systèmes d'eau, d'égout, d'égout pluvial et d'asphalte modernisés. Il y a eu également des rapiécages d'asphalte aux rues Monk, Aberdeen, Lansdowne, Lisgar et Teak, de même qu'à l'aire de trafic de l'aéroport. Nous avons aussi apporté une mise à niveau à l'équipement des usines d'épuration des eaux usées et fait l'achat de deux camionnettes demi-tonne pour le service des Travaux publics. Les rues Maple et Queen de même que le chemin Broomhead ont bénéficié d'une nouvelle couche de gravier. Nous avons acheté une nouvelle débroussailleuse pour l'aéroport ainsi qu'un nouveau condensateur et séparateur d'huile pour la patinoire de l'arena. On nous a obligé de creuser une nouvelle cellule au site d'enfouissement et d'effectuer des travaux de clôture de l'ancien site. Comme vous voyez, la liste est longue car ce conseil tient à ce que les infrastructures municipales soient en bon état.

Il y a de nouveaux projets excitants à l'horizon pour 2009. On s'attend à ce "Niska North" - la nouvelle usine de conversion du cèdre - démarre sous peu. Il y a également le nouveau "Projet bio-électrique de Chapleau" lancé par M & L Waste Management, une entreprise locale qui vient d'annoncer la construction d'une centrale électrique alimentée par la biomasse sur le vieux terrain de Lafrenière Lumber. Félicitations au comité du Renouveau économique pour avoir prêté main forte à ce projet bio-électrique. Encore une fois "chapeau" aux directions et aux travailleurs de notre scierie locale qui ont maintenu une exploitation continue malgré l'incertitude qui sévit au sein de l'industrie forestière. La stabilité de notre économie locale peut être attribuée entre autres au dévouement et à la sollicitude de notre population. L'exploitation ferroviaire de CP Rail continue d'assurer des emplois significatifs pour plusieurs citoyens. Nous sommes effectivement très fortunés en tant que collectivité d'avoir ces deux industries comme employeurs principaux. Il ne faut pas oublier aussi les commerçants locaux qui offrent un service de qualité à la population et qui représentent l'âme de la collectivité.

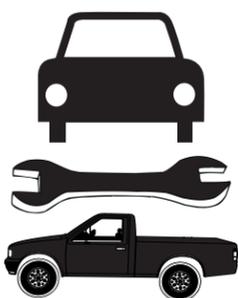
Comme conseil nous entendons poursuivre nos revendications auprès du gouvernement libéral pour que le chemin Ramsay soit inclus dans le système autoroutier du Nord de l'Ontario. Nous avons soumis une demande de subvention dans le cadre de la composante des collectivités du "Fonds Bâtissons Canada" pour un projet infrastructurel en 2009. Si notre demande est approuvée, les services et l'asphalte sur la rue Monk pourrons être remis à neuf.

Votre maire continue de vous représenter une fois par mois dans le cadre des réunions du Conseil d'administration des services sociaux de Manitoulin qui ont lieu à Espanola. Chapleau figure également comme membre du rassemblement régional des maires regroupant les collectivités de Wawa, Hornepayne, Dubreuilville, White River et Manitouwadge, où questions d'ordre régional sont discutées et soumises à divers paliers gouvernementaux.

Votre conseil est fin prêt pour les défis de 2009 et je tiens à vous souhaiter tous et toutes une année heureuse et prospère.

Le maire du canton de Chapleau,
Earle J. Freeborn

 Ontario
Licenced
Motor Vehicle
Inspection Station



**Chapleau
Cree Auto/Truck**
Monday - Friday
8:30 a.m - 4:30 p.m.
"Preventive Maintenance keeps you on the road"
FOX LAKE RESERVE

CALL
864-9090
for an
appointment

Local entrepreneur's vision set to become reality

Cont'd from P.1
working closely with the First Nation Communities and recognized the Chiefs of the three communities in the area for their encouragement in the project.

There has also been cooperation and assistance provided by Paul Bernier, Chapleau District Manager for the provincial Ministry of Natural Resources,

and Denis Rochon, Chapleau Development Officer with the Provincial Ministry of Northern Development and Mines.

Ivey's expertise is a key component in the proposal to develop the Biomass project. He has enjoyed success in the past as a member of the team that established Chapleau's Co-Generation plant, the first of its kind in

Ontario using wood waste from the local mills generating 7MW of electricity efficiently since 1987. In his remarks Mayor Freeborn described Ivey as a citizen of this community who is known and respected in North America for his electrical engineering endeavours.

The recent announcement has this community once again leading the way in the forest-based economy and befitting from new technologies.

While the original co-gen plant uses wood waste from the nearby Tembec lumber mill to generate electricity, the new one, based on

proven technology originating from Europe will, in addition to using material from the forest, utilize scrap railway ties and then turn it into a fuel gas that will be reformed and cleaned by passing through a device called a plasma torch. The plasma torch reconstructs the chemicals in the gas to give it a higher heating value. It then goes to Caterpillar gas engine generators to produce power. "It's exceptionally clean in terms of air emissions," Ivey said.

Mayor Freeborn supported the theme of Chapleau's economy advancing new

technology in his remarks to the lunch gathering for the December 17th announcement when he described it as a very special day in the history of our community. "A day, which will be remembered as the day that Chapleau became a place where new technology was being showcased in North America. This technology will positively affect our business leaders and the citizens who live here.

According to the Consortium news release, the Biomass project will now enter the formal permitting phase with site

preparation to begin in the spring and once all permits are in place, the construction period will last between twelve to eighteen months with the plant expected to be up and running and pumping local produced electricity into the provincial power grid in late 2010 or early 2011.

The Chapleau Child Care Centre is sponsoring free public skating on Saturdays from 7:00 - 8:30 p.m. beginning on Saturday, January 10, 2009.

Everyone is encouraged to attend!"

C
L
I
P
I
N
S
A
V
E

Classified ads

WORK

Janvier 2009

LE 'VAULT

C'est quoi?
Un centre des jeunes, dans notre ville, relaxe, jouer au kites, ski, ou chill dans le lounge avec vos chums...

«L'avenir n'est pas à nous, seul le moment présent nous appartient.»




BIENVENUE AU CENTRES DES JEUNES DE CHAPLEAU

La maison des jeunes de Chapleau ouvre ses portes le 10 Janvier 2009.

C'est quoi une maison des jeunes???

C'est d'abord un lieu de rencontre pour les 12-18 ans. Un milieu qui n'est pas exclusif d'un gang, mais de plusieurs groupes diversifiés qui échangent entre eux. C'est un lieu de rendez-vous où les jeunes se retrouvent pour discuter, s'informer, s'exprimer, développer leur créativité, échanger des idées, faire leurs travaux scolaires, s'amuser, regarder la télévision, jouer des jeux vidéos, ou bien écouter de la musique, et relaxer.



NOS HEURES D'OUVERTURE SONT:
 Mercredi: 15h30 à 17h30; 19h00-22h30
 Jeudi: 15h30 à 17h30 & 19 à 22h
 Vendredi: 15h30 à 17h30 & 19h à 23h30
 Samedi: 19h à 22h30
 Dimanche: 19h à 21h30
 Activités spéciales les weekends, on te tiens au courant!

"C'est excitant pour les ados de notre communauté à avoir un centre où ils peuvent s'exprimer et se détendre avec leurs amis. Notre lancement le 19 décembre donne au gens de Chapleau l'opportunité de voir qu'est ce qu'on a offrir!"

Margo Beaudoin
Coordinatrice des Jeunes



TROUVES-NOUS SUR FACEBOOK!

Appelles-nous au 864-0154 ou par courriel: thevaultdropin@gmail.com



SUPERIOR EAST/SUPÉRIEUR EST
Community Futures Development Corporation
Société d'aide au développement des collectivités

Attention: Small Business Owners and Potential Business Owners
The staff of the Superior East Community Futures Development Corporation will be in Chapleau on January 15th, 2009. Please call 1-800-387-5776, x21 to arrange for an appointment to discuss your **small business counselling or loan needs.**

Attention: Propriétaires de petites entreprises et propriétaires potentiels d'entreprises
Le personnel de la Société d'aide au développement des collectivités Supérieur Est sera à Chapleau le 15 janvier, 2009. Appelez au 1-800-387-5776, x21 pour fixer un rendez-vous afin de discuter **vos besoins de prêts ou de conseils pour petites entreprises.**

The Chapleau Education and Training Coalition Inc. will be hosting a free

Small Business "Income Tax" Information Seminar

A representative of the Canada Revenue Agency (CRA) will provide general information on the following topics:

- types of books and records to keep
- types of income to report and expenses to claim
- GST for business
- filing requirements
- rights and obligations

Date: Tuesday, January 20th, 2009
Time: 6:00 PM to 10:00 PM
at Aux Trois Moulins Conference Room
Cost: **FREE**

To register, contact Linda at 864.9434 or drop in at the Chapleau Innovation Centre at 12 Birch Street.

Six steps to a healthier, brighter you



(NC)—As cold weather settles in and the days get shorter, mustering up the motivation to eat healthy and get moving can be a challenge. But why wait until January 1st to revamp your lifestyle? Beat the winter blues and jump start your New Year's resolutions with these six simple tips:

Eat breakfast. Turns out, your mother was right—breakfast is the most important meal of the day. Breakfast boosts your metabolism and keeps you fuller longer, helping you ward off afternoon cravings. For a nutritious breakfast on the go, whip up a strawberry vanilla smoothie (see recipe box).

Lighten your mood. With gloomy days ahead in the forecast, many

Canadians are looking for something to lift their spirits. This winter, look no further than a basket of California strawberries, available year round. According to researcher, Susan Bowerman, the soluble fibre in strawberries slows the absorption of carbohydrates in the body, which can help brighten your mood.

Get moving. Incorporating 30 minutes of physical activity into your daily routine will not only increase your energy, it will improve your mood. Embrace the chilly weather and make exercise fun with activities like skating, hockey or tobogganing.

Snack smart. Snacks are a great way to refuel your body. Plan ahead to ensure you have healthy

snacks like nuts, fruit and vegetables on hand. For a scrumptious mid-day meal, spread low-fat cream cheese on a whole wheat English muffin and top with strawberries.

De-stress. It is hard to imagine a nightly bubble bath could whittle your waistline and keep depression at bay but according to researchers, a daily dose of relaxation is key to a healthy lifestyle. Researchers at Rush University Medical Center found stress not only makes you weary, it causes you to conserve more fat. To combat stress, take a few minutes each day to unwind.

Eat dessert. Treating yourself every once in a while is important to ensure you don't feel deprived of foods you love. The trick: indulge your sweet tooth with desserts that aren't loaded with calories. For a decadent treat, top fat-free chocolate pudding with California strawberries.

Strawberry Vanilla Smoothie
 1 1/2 cups California strawberries
 1 cup low-fat vanilla yogurt
 1 tbsp honey
 4 Ice cubes
 Combine ingredients in a blender. Blend until smooth.

Snow removal quick tips



a snow blower. For best results - check engine oil levels and tire pressure on a regular basis. As a safety measure, add a light for any after dark activity.

Ice breaker. To rid your walkway of ice, without salt, opt for an eco-friendly removal product like EcoTraction. EcoTraction is made from volcanic minerals and is 100 per cent safe for people, property and the environment.

It's better to overdress. Layer up your winter garb for outdoor work like shoveling and snow blowing. As you start to warm up, remove the layers to make sure you don't overheat.

More snow safety tips can be found online at www.homedepot.ca.

(NC)—As fall comes to a close, now is the perfect time to start to prepare for the inevitable snow removal tasks that will occur in the coming months. Check out these simple tips from The Home Depot to help you stress less over Old Man Winter.

Elbow grease.

The most eco-friendly way to get rid of snow is by picking up a shovel and as an added bonus - it burns off calories. Remember when shoveling to take breaks and know your limitations.

Blowing snow. If you need to clear a large area, you may want to consider

**Chapleau Hospital Auxiliary
 Annual Meeting**
 January 19th, 2009
 7pm. @ cedar Grove Lodge
 Dining Room
All Welcome

JANUARY HAPPENINGS AT CHAPLEAU HIGH SCHOOL

CHARACTER ATTRIBUTE: Honesty and Integrity

Monday, January 5	Classes Resume
Thursday, January 8	Dubreuilville @ CHS - Girls' Volleyball and Boys' Basketball
Friday, January 9	New Year's Dance - 9:00 p.m to 12:00 a.m.
Friday, January 16	Trillium @ CHS - Girls' Volleyball and Boys' Basketball Last Day for the Canteen to be open Co-op Dinner
Monday, January 19	EQAO - Grade 9 Math Assessment
Tuesday, January 20 to	Students taking Grade 9 math must write this assessment. Please do not schedule any appointments, trips, etc... on these dates.
Thursday, January 22	
Friday, January 23 to	Examinations
Thursday, January 29	Professional Activity Day - No School for Students
Friday, January 30	
Activities to come	
Monday, February 2	Semester II Begins
Monday, February 16	Family Day - No School Today

SALE-SALE-SALE-SALE

January 9 - 16

ALL CHRISTMAS ITEMS
 Ornaments, figurines, decorations, candles
75% off

CUISINART
 Ready to Go
 Coffee for Two
only \$29.98

ODDS'n ENDS
 Kitchen Aid Utensils
 Tea Drip Catchers
 Letter Openers
 Crazy Cutters
50% off

ALL FASHIONS
 up to **50% off** & **NOW**
NO TAXES

ROOM DIFFUSERS
 ASSORTED SCENTS
only \$22.99

COLUMBIA
 Baby Bunting
 BAGS
\$10.00 off

HANDPAINTED
 Serving
 Platters
only \$9.98

COMPARE - We will not be undersold

Congratulations to Rick Korpela, Winner of the 10kt Gold Bracelet in our Christmas Draw

Chapleau Village Shops

SOURCE
 864-1114

WORKWEAR • FASHIONS • JEWELRY • GIFTWARE

864-1114

Sears
 Catalogue & Appliance Centre 864-1852



Special to the Ontario Federation of Snowmobile Clubs: Unlike many other winter recreational activities, snowmobiling is easy to learn and fun from the first try, especially if you are already a licenced driver...no special licence

required! You don't need to take weeks of lessons or spend umpteen hours practising, because operating a snowmobile is very user-friendly.

Regardless of the make or model, all snowmobiles have the same basic characteristics – two skis with suspension up front; a front mounted engine to power a rotating rubber track underneath the seat; a rear suspension system under the seat and within the track; handlebars for steering; and a fuel tank. What's different from brand to brand and model-to-model is variations in how each of the major components accomplishes its task. So a “performance” or “muscle” sled will usually have more finely-tuned power,

stiffer suspension and aggressive features — like a sports car — while a touring model will have more middle of the road power, a cushier suspension set up and a more comfortable seat, similar to a family sedan. As with buying a car, shop for the features best suited to your riding expectations, style and experience level that come within your budget range.

Today's clean, advanced technology snowmobiles are as quiet, reliable and state of the art as automobiles. And like autos, new sleds offer many features and benefits to make your riding as comfortable and enjoyable as possible. Typically, new participants should look at a “touring” model in the popular 500 to 600cc range, that comes with electric start, reverse, thumb and hand warmers, high windshield, and mirrors. Touring sleds normally come in one rider (1-up) or two rider (2-up) configurations, each respectively designed for carrying a

solo rider or a rider plus passenger. One or two persons can use two-up sleds, while two should never ride on a sled only built to handle one.

Operating a snowmobile is much like driving a car, except that the throttle and brakes are operated with hand levers, not foot pedals. To steer, you simply turn your sled's handlebars in the direction you want to go. To back up, select reverse gear. Once you grow accustomed to the feel of the throttle, the brake and to manoeuvring on snow, you can get started.

So maybe you're wondering ...where can I buy my own snowmobile? The best place to start is to familiarize yourself with the new snowmobiles available from the four sled manufacturers — Arctic Cat (arcticcat.com), Polaris (polarisindustries.com), Ski-Doo (ski-doo.com) and Yamaha (yamahamotor.ca).

After that, buying a snowmobile is much like purchasing a car. Each of the four sled brands has a

network of dealers where you can select from current and used sleds, solicit expert advice and get service done. Just as with buying an automobile, these dealerships are conveniently located around Ontario and also offer parts, accessories and clothing. Dealers are also a good source of snowmobiling information about snowmobiling and how to contact the local snowmobile club.

Typically, the four manufacturers introduce their new model line-ups each spring with special offers and packages, while the main selling season is the fall of each year. There are often good deals to be had the closer to winter you buy. Dealers typically have a mix of current, new non-current and used sleds for sale.

Maybe you would prefer to start with a pre-owned sled. Besides at dealers, many used sleds are for sale privately in newspapers and buy and sell publications. One convenient way to buy a used snowmobile

is to visit SLEDS 2BUY.COM, Canada's classified powersports web site for non-current or used snowmobiles. It's a user friendly way for you to shop, compare and buy online from an affordable selection that otherwise might not be accessible or available to you.

Until next time, the Ontario Federation of Snowmobile Clubs invites you to Go Snowmobiling this winter. Get started at ofsc.on.ca

Craig Nicholson is the author of “Canada's Best Snowmobiling: Your Ultimate Ride Guide” (order at: www.snowgoercanada.com) and the National Tour Editor for Snow Goer Canada Magazine. As “The Intrepid Snowmobiler” and “The Intrepid Cottager”, Craig also pens syndicated newspaper columns and hosts radio programs, while appearing regularly on Snowmobiler Television. The opinions expressed are solely those of the author. For more info, click on www.intrepid-snowmobiler.com

Chapleau Chicks are playing **Blind River** on the 17th at 1 pm and 3:30 pm.

Come and support your **GIRLS TEAM**

APPOINTMENT OF BY-LAW ENFORCEMENT OFFICER

The Council of the Corporation of the Township of Chapleau is pleased to announce the appointment of Mr. Raymond Paquette as By-Law Enforcement Officer for the Township of Chapleau. Raymond will complete his certification as Chief Building Official, Building Inspector and Property Standards Officer as training opportunities permit.

Council looks forward to the citizens of Chapleau working with Raymond through his training and development period.

Appointments and walk-in visits may be arranged through the office Administrative Assistant to meet with Raymond Monday to Friday, between the hours of 8:30 am and 4:30 pm.

“ENFORCEMENT ACTIVITIES COMMENCE January 12th, 2009”

For further information please feel free to contact the undersigned.
Prière de contacter le soussigné pour plus d'information.



Allan Pellow
CAO/AMCT
Administrateur/greffier municipal
864-1330



NOMINATION DE L'AGENT D'EXÉCUTION DES RÈGLEMENTS

Le conseil municipal du Canton de Chapleau est heureux d'annoncer la nomination de

M. Raymond Paquette à titre d'Agent d'exécution des règlements pour la municipalité. Raymond parachèvera son agrémentation comme agent principal et inspecteur des habitations au fur et à mesure que les perspectives de formation se présenteront.

Le conseil compte sur l'appui des citoyens pendant que Raymond poursuit sa formation et son agrémentation pour ce nouveau poste.

On peut prendre rendez-vous avec Raymond en communiquant avec le bureau de secrétariat de l'hôtel de ville, du lundi au vendredi entre 8h30 et 16h30.

“DATE D'ENTRÉE EN FONCTION : Le 12 janvier 2009”

Ontario Weather Review

Cont'd from P.2

northward across from northwestern Ontario to James Bay initially brought a mixture of snow, ice pellets, freezing rain and rain to varying locations in southern,

eastern, central and northeastern Ontario. However, the strength of the southerly flow brought warm air and record to near-record high temperatures to many areas across the province, which in

combination with the rainfall was responsible for flooding concerns in many areas. The next day, December 28, very high southwesterly winds behind a cold front,

gusting as high as 110 km/h, battered much of southern and central Ontario. These caused power outages to hundreds of thousands of residents.

Participate

PINELAND FOREST 2011-2021 FOREST MANAGEMENT PLAN

We Need Your Input

Do you...

- Have an interest in natural resource management of the Pineland Forest?
- Have an interest in the long-term management strategy for the Pineland Forest?
- Want to take an active role in the planning process and development of the Pineland Forest Forest Management Plan?

If you answered yes to any of these questions, the **Ontario Ministry of Natural Resources (MNR)**, **Domtar Inc.** and the **Pineland Forest Local Citizens Committee (LCC)** need your input to develop the 2011-2021 Forest Management Plan (FMP) for the Pineland Forest.

The FMP will outline the long-term management strategy for the Pineland Forest and you will have the opportunity to provide details on:

- What kind of forest and benefits the plan should strive to provide;
- Where harvest, planting and tending operations will take place;
- Where access road construction will take place during the first five-year term from 2011 to 2016;
- The proposed areas of operations for the second five-year term.

Your comments and input will help us develop a balanced, well informed FMP for the Pineland Forest. The background information that will be used to develop the FMP will be available for public review throughout the planning process. Any additional background information that you can provide would be appreciated.

How to Get Involved

Maps showing information about fish and wildlife habitat, parks and protected areas, tourism facilities as well as many other features on the Pineland Forest are available upon request. These maps, known as "values maps", will be useful for anyone with a general or specific interest in this forest management unit.

The plan will be prepared by the following planning team members:

- Nicholas Gooderham**, R.P.F., Project Manager - Domtar
- Bill Guthrie**, R.P.F., Project Manager - MNR
- Todd Little**, R.P.F., Plan Author - Domtar
- Kelly Ellis**, R.P.F., Area Forester - MNR
- Nick Orton**, Area Biologist - MNR
- Jennifer Ball**, Resource Technician - MNR
- Sylvain Levesque**, HW User Representative
- Lou Magnuson**, LCC Representative
- Jim Abbott or designate**, Gogama Area Supervisor
- Alfred Ojebah**, Aboriginal Community Representative, Brunswick House First Nation
- Brad Corston**, Aboriginal Community Representative, Chapleau Cree First Nation
- John Tangie**, Aboriginal Community Representative, Michipicoten First Nation
- Chris McKay**, Aboriginal Community Representative, Mattagami Cree First Nation

The planning team members, the MNR District Manager and the LCC are available during the planning process to meet and discuss your interests and concerns.

A formal issue resolution process, as described in the *Forest Management Planning Manual (2004)*, is available on written request. A summary of all comments collected throughout the planning process will be made available for public review during the planning process and for the duration of the approved ten-year plan.

Stay Involved

In addition to this invitation to participate, there are four other formal opportunities for you to be involved, tentatively scheduled as follows:

- Review of the Long-Term Management Direction** - October, 2009
- Information Centre: Review of Proposed Operations** - April, 2010
- Information Centre: Review of the Draft Forest Management Plan** - September, 2010
- Inspection of MNR-Approved Forest Management Plan** - January, 2011

If you would like to be added to a mailing list to be notified of public involvement opportunities, please contact Kelly Ellis, R.P.F. at 705-864-3163.

The general information regarding the FMP process as well as the information described in this notice will be available at Domtar Inc. office and at the MNR office, at the locations shown below, during normal office hours. As well, an appointment with the MNR District Manager or with a planning team member during non-business hours may be made by calling 705-864-1710.

For more information, please contact:

- | | | |
|---|---|--|
| Kelly Ellis, R.P.F.
Area Forester
Ministry of Natural Resources
190 Cherry Street
Chapleau, ON P0M 1K0
Tel.: 705-864-3163 | Todd Little, R.P.F.
Plan Author
Domtar Inc.
823 Birch Street South
Timmins, ON P4N 7E3
Tel.: 705-267-1000, ext. 235 | Lou Magnuson
LCC Representative
Pineland Forest Local Citizens Committee
PO Box 2
Foleyet, ON P0M 1T0
Tel.: 705-899-2790, ext. 330 |
|---|---|--|

MNR is collecting your personal information and comments under the authority of the *Crown Forest Sustainability Act*. Any personal information you provide (address, name, telephone, etc.) will be protected in accordance with the *Freedom of Information and Protection of Privacy Act*, however, your comments will become part of the public consultation process and may be shared with the general public. Your personal information may be used by the Ministry of Natural Resources (MNR) to send you further information related to this forest management planning exercise. If you have questions about use of your personal information, please contact Kelly Ellis, R.P.F. at 705-864-3163.

Renseignements en français : (705) 864-3121.



CANADA BROKERLINK
(ONTARIO) Inc.

INSURANCE

Insurance Brokers

Larry Donovan, Office Supervisor, Rosane Connelly,
Account Manager, Jocelyne Gervais, Account Manager

No dot.com impersonal answers here.
Just great personal service with great rates.

We will ask all of the right questions to make sure you get the best coverage and service for your needs. Then we will shop around to get the right price.

- ✓ Auto
- ✓ Home
- ✓ Commercial

24 hour claim service

PH: 864-1237 FAX: 864-2715

18 Birch Street, Chapleau.

E-mail: ldonivan@brokerlink.ca

Make sure your advertising ends up on your customers' kitchen table and not in the garbage containers.....

ADVERTISE IN THE CHAPLEAU EXPRESS



NEW YEAR'S FUNSPIEL JANUARY 16 & 17, 2009

\$100 A TEAM
GUARANTEED 3 GAMES
INCLUDES SPAGHETTI DINNER

CONTACT GODFROY
AT 864-1448 BY JAN. 13, 2009

--- découpez et gardez ---

Joujouthèque - Centre de la petite enfance de Chapleau
Un service gratuit pour toutes les familles
situé au Centre de Garde d'Enfants de Chapleau, 28 chemin golf.
Pour des renseignements composez le 864-1886.

Heures d'ouverture

Lundi	9h30-11h30	13h00-15h30	
mardi	9h30-11h30	13h00-15h30	18h30-20h00
mercredi	9h30-11h30	13h00-15h30	*après-midi de bébés
jeudi	9h30-11h30	13h00-15h30	18h30-20h00
vendredi	9h30-11h30	fermé les après-midi	
samedi	9h30-11h30	13h00-15h00	

* Les après-midi de bébés sont aussi pour les mamans prénatales

--- Clip and Save ---

The Chapleau Toy Library/Ontario Early Years Program

A free service for all families
Located at the Chapleau Child Care Centre, 28 Golf Road.
For more information call 864-1886.

Regular Hours of Operation

Monday	9:30-11:30a.m.	1:00- 3:30p.m.
Tuesday	9:30-11:30a.m.	1:00- 3:30p.m. 6:30-8:00p.m.
Wednesday	9:30-11:30a.m.	1:00 - 3:30p.m. Babies Afternoon
Thursday	9:30-11:30a.m.	1:00- 3:30p.m. 6:30-8:00p.m.
Friday	9:30-11:30a.m.	Closed Friday afternoons
Saturday	9:30-11:30a.m.	1:00-3:00p.m.

* Babies Afternoon is also for expectant mothers

WINTER 2009 YOUTH DROP IN ACTIVITIES

WEDNESDAY

AFTER SCHOOL DROP IN 330-530PM
 DROP-IN 700PM-10PM
 OPEN GYM - VIDEO GAMES -LOUNGE

THURSDAY

AFTER SCHOOL DROP IN 330-530PM
 DROP-IN 700PM-10PM
 POOL - FOOSBALL - PING PONG

FRIDAY

AFTER SCHOOL DROP IN 330-530PM
 DROP-IN 700PM-1130PM
 NIGHT @ MOVIES 700PM-900PM

SATURDAY

TOQUE SQUAD 900AM @ THE VAULT
 DROP-IN 700PM-1130PM

SUNDAY

900AM @ THE VAULT FUN IN THE OUTDOORS!
 DROP-IN 700PM-1000PM

NIGHT AT THE MOVIES: Enjoy hangin' with friends watching a "big screen" flick. Beginning every friday night in January, keep an eye out for weekly feature films. 700PM to 900PM

OPEN GYM: Supervised open gym is available for recreational activities for young people. Come play foosball, pool, ping pong, video games, and more... Or just chill in our lounging area with comfy couches and hang with yo' friends! XBOX! GUITAR HERO! Wii! FOOD! SPORTS! WEDS/THURS/FRI/SAT/SUN

80s PARTY: You can keep your Britney Spears & your Eminem. I'm old enough to remember the real thing. I used to "fight for my right to par-tay!" with the Beastie Boys and "just wanna have fun" Cyndi Lauper. I remember struttin' out in fingerless gloves, a tube skirt and backcombed hair. And I still want a My Little Pony and Rainbow Brite. So... BREAK OUT THE LEG WARMERS AND PARTY LIKE ITS 1985!!! Date: Friday, January 30th, 2009 Time: 700PM - 1130PM Location: The Vault

CHAPLEAU-WIDE SCAVENGER HUNT: Ready to have some F-U-N, with a twist! Not just an ordinary scavenger hunt, BIGGER & BETTER! Come out & find out! Teams of 4. Sign up at THE VAULT. Saturday, January 31st, 2009

BACKCOUNTRY EMERGENCIES COURSE: If you don't have much time and you don't need a certificate, this is a great course for you! This practical 12-hour course looks at potential injuries and emergencies that may arise during your backcountry adventure. Learn about cold weather injuries, illnesses and conditions, and what you can do to keep all your fingers and toes! This is a practical, non-certification course. Saturdays - 130PM-430PM - Meet @ The Vault

DAY AT THE SPA: 'CUZ EVERY GIRL NEEDS A LIL PAMPERIN' DO YOU WANT TO GET TOGETHER WITH YOUR FAVORITE GIRLS AND PAMPER YOURSELF? APPLY A FACE MASK, GIVE YOURSELF A MANI/PEDI, ALL WHILE WATCHING CHICK FLICKS! PAMPER SPA DAYS AT THE VAULT INCLUDES YOUR CLOSEST FRIENDS AND ONE FUN VAULT STAFF COORDINATOR TO HELP HOST THE PARTY! WE PROVIDE THE PAMPER PRODUCTS, ACTIVITIES, SNACKS & DRINKIES! WEAR YOUR PJs! BRING YOUR GIRLFRIENDS! HAVE SOME GOOD FUN! SATURDAY, JANUARY 17TH, 2009 TIME: 100PM

O-ZONE: EXPERIENCE & ADVENTURE. TRY ORIENTEERING! Orienteering is an outdoor sport that usually takes place in the woodlands. But can take place in city parks and school playgrounds. The aim of orienteering is to navigate round a course using a specially drawn map and a compass. Saturday/Sunday - February 7-8 CALL US & REGISTER TODAY! (MINIMUM 8 youth per group)

TOQUE SQUAD: Jackrabbits? Toque Squad? Igloo Engineers? Cure those mid-winter, video-game blahs and give them an option with some outside activity for kids Grades 2-12. Our programs run on Saturdays with a couple multi-day camps during Spring Break. Kids will have hands on experience to a variety of outdoor themed activities and make new friends that don't respond to a "username"! Saturday/Sunday :: JAN 10/11, 24/25. FEB 7/8, 14/15 CALL US & REGISTER TODAY!

SNOWSHOEING: "The only thing we have to fear is fear itself." Snowshoe hikes are a great way to enjoy the winter season in the Chapleau region. The key element that you need for snowshoeing is ... SNOW. Our snowshoe destinations have been selected to take advantage of the best snow conditions throughout the season. TRIPS CAN INCLUDE DAY TRIPS TO LAKE SUPERIOR'S BEAUTIFUL SNOWY SHORES AND SOME OF CHAPLEAU'S BEAUTIFUL TRAILS! Starting Saturday, January 24th, 2009 @ 9AM. Meet at The Vault or call us to sign up! Schedule to follow!

REGISTER YOUR YOUTH TODAY! CALL US @ 864-0154 email Margo: thevaultdropin@gmail.com

BIRDING CORNER



The immature Rose Breasted Gros Beak is born here in the north but by the winter time should be in South Central America. This young male has been in one of our feeders eating sunflower seeds everyday since the 9th of December 2008. (Submitted by Bill Groves)



The Yellow Headed Black Bird was in our feeders last winter closer to Easter and only for a few days even though there was still snow on the ground. This bird is a Western Canada species and not normally in our part of the country. (Submitted by Bill Groves)

Conseil scolaire catholique du NOUVEL-ONTARIO

On t'ouvre nos portes...

Viens voir pourquoi tant d'élèves choisissent une école secondaire catholique de langue française!

14 JANVIER
 É.s.c. Trillium, Chapleau | T 864-1211

19 h à 21 h

L'aventure commence ici!

201, rue Jogues, Sudbury ON P3C 5L7 | T 705 673-5626 | 1 800 259-5567

www.nouvelon.ca

Anglers encouraged to stay safe on the ice

McGuinty Government Wants All Winter Anglers To Check Ice Hut Regulations

With colder months ahead, anglers are reminded to play it safe on the ice.

To ensure a safe and enjoyable experience, anglers should:

- Advise others where they plan to fish and when they plan to return

- Wear appropriate clothing, such as a floater suit

- Carry appropriate equipment, like a set of ice picks

- Register ice huts where required, except tent-style huts with a base area of less than seven square metres

- Check ice thickness regularly with a spud bar or auger as they move further out on the ice.

“Ice fishing is a popular winter activity for thousands, but people need to play it safe and stay off the ice unless they’re sure about ice conditions,” said Natural Resources Minister Donna Cansfield. “Anglers should also be familiar with the regulations about registering ice huts.”

QUICK FACTS

- Ice does not freeze at a uniform thickness across most lakes and rivers, particularly at the start of the winter season when near-shore ice is often much thicker and safer than ice further out.

- Ice that forms over flowing water, springs, pressure cracks, old ice holes or around the mouths of rivers and streams can be weaker than surrounding ice.

- The strongest ice is clear blue in colour. White or opaque ice is much weaker, and ice with a honeycombed look should be avoided.

- Added precautions must be taken when travelling on frozen lakes or rivers. Snowmobiles require at least 20 centimetres of clear blue ice and most light vehicles require 30 centimetres or more. Double these amounts if the ice is white or opaque.

- A layer of heavy snow on a frozen lake or river can insulate the ice below and slow down freezing.

Chapleau Valu Mart

has a part-time cashier position available. (This is not a student position. Hours needed will conflict with school)

Please send resume to:

Lynn Bignucolo
Chapleau Valu Mart
P.O. Box 100
Chapleau, Ontario P0M 1K0



Le Conseil scolaire catholique du Nouvel-Ontario désire aviser la population que les états financiers pour l'exercice 2007-2008 sont maintenant disponibles.

Vision 2008

Des élèves fiers d'être catholiques et francophones prêts à prendre leur place dans la société.

Pour obtenir une copie des *États financiers 2007-2008*, veuillez communiquer avec Angèle Morin. Vous pouvez aussi consulter le document à partir de la page web du Conseil.

www.nouvelon.ca

201, rue Jogues, Sudbury (Ontario) P3C 5L7

Téléphone : 705 673-5626, poste 234 Sans frais : 800 259-5567
 Télécopieur : 705 669-1271

Participate

INFORMATION CENTRE TO REVIEW PROPOSED OPERATIONS – ALGOMA FOREST 2010-2020 FOREST MANAGEMENT PLAN

We Need Your Input

Do you ...

- Have an interest in natural resource management in the Algoma Forest?
- Want to know more about the proposed operations of the Algoma Forest?
- Want to take an active role in the planning process and development of the Algoma Forest Management Plan (FMP)?

If you answered yes to any of these questions, the **Ontario Ministry of Natural Resources (MNR), Clergue Forest Management Inc. (CFMI)** and the **Sault Ste. Marie and Wawa Local Citizens Committees (LCCs)** invite you to attend a public open house to help us to develop the 2010-2020 FMP for the Algoma Forest.

You will have the opportunity to review and comment on:

- The proposed areas identified for harvest, renewal and tending operations;
- The proposed road locations and conditions for the first five-year term;
- The preferred areas of operations for the second five-year term;
- The proposed corridors for new primary and branch roads for the ten-year term.

How to Get Involved

Information Centre(s) will be held at the following locations from **12:00 noon – 8:00 p.m.** on the following days:

February 10, 2009 – Holiday Inn, Sault Ste. Marie
February 11, 2009 – Royal Canadian Legion Hall, Wawa

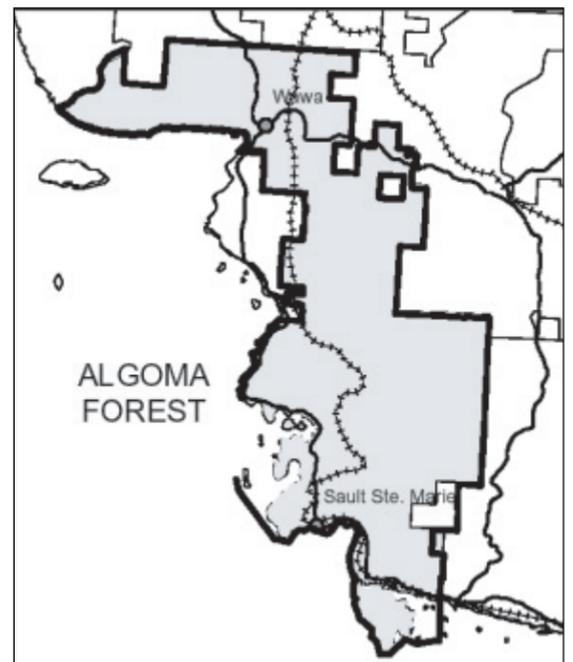
A summary of the long-term management direction for the forest and maps showing proposed areas for harvest, renewal and tending operations, as well as road corridors will be available at the Information Centre or upon request.

Values maps, with information such as fish and wildlife habitat features (e.g., lake trout lakes, heronries), parks and protected areas, tourism facilities as well as many other features on the Algoma Forest are available on request.

Written comments on the proposed operations for the Algoma Forest must be received by Gary Raines from the planning team at the MNR District Office, by **April 10, 2009**.

The plan is being prepared by the following planning team members:

Tom Mispel-Beyer, MNR, Sault Ste. Marie District, Planning and Information Management Supervisor, Project Manager, Chair
Nathan Mudge, R.P.F., CFMI, Planning Forester, Plan Author, Co-chair
Gary Raines, R.P.F., MNR, Sault Ste. Marie District, Management Forester
David DeGeus, R.P.F., MNR, Wawa District, Acting Area Supervisor
André Dupont, MNR, Sault Ste. Marie District, Area Biologist
Mike Thompson, Boniferro Mill Works ULC, Industry Rep.
Dan Bowes, R.P.F., St. Mary's Paper Corp., Industry Rep.
Shelia Walsh, MNR, Sault Ste. Marie District, Resource Liaison Specialist
Jeff Hinich, Sault Ste. Marie LCC, LCC Rep.
Danny Lacasse, Wawa LCC, LCC Rep.
Doug Bisailon, Thessalon First Nation Rep.
Bill Swanson, Michipicoten First Nation Rep.



The planning team members, the MNR District Manager and the LCC are available during the planning process to meet and discuss your interests and concerns.

A formal issue resolution process, as described in the *Forest Management Planning Manual (2004)*, is available on written request. A summary of all comments collected throughout the planning process will be made available for public review during the planning process and for the duration of the approved ten-year plan.

Still Can't Make It?

In addition to this invitation to participate, there are two other formal opportunities for you to be involved, tentatively scheduled as follows:

Information Centre: Review of the Draft Forest Management Plan: July 2009
Inspection of the MNR-approved Forest Management Plan: November 2009

The draft FMP is tentatively scheduled to be submitted in **June, 2009**.

If you would like to be added to a mailing list to receive notification of public consultation opportunities, please contact **Gary Raines at 705-941-5122**.

The general planning information and maps described in this notice will also be available for review and comment, for a 60-day period (February 10, 2009 – April 10, 2009) after the information centre(s) at the CFMI office and at the MNR office during normal office hours. As well, an appointment with the ministry's Sault Ste. Marie District Manager or with a planning team member during non-business hours may be made by calling **705-941-5122**.

For further information, please contact:

Gary Raines, R.P.F.
 Management Forester
 Ministry of Natural Resources
 64 Church Street
 Sault Ste. Marie, ON P6A 3H3
 Tel.: 705-941-5122
 Fax: 705-949-6450
 E-mail: gary.raines@ontario.ca

Nathan Mudge, R.P.F.
 Planning Forester
 Clergue Forest Management Inc.
 85 Gt. Northern Road
 Sault Ste. Marie, ON P6B 4Y8
 Tel.: 705-942-7706, ext. 5
 Fax: 705-942-8798
 E-mail: nathan.mudge@clergue.com

David DeGeus, R.P.F.
 Acting Wawa Area Supervisor
 Ministry of Natural Resources
 160 Mission Road
 Wawa, ON P0S 1K0
 Tel.: 705-856-4732
 Fax: 705-856-7511
 E-mail: david.degeus@ontario.ca

Jeff Hinich
 LCC Rep. (Sault Ste. Marie)
 Tel.: 705-941-5122
 E-mail: skybear@soonet.ca

Danny Lacasse
 LCC Rep. (Wawa)
 Tel.: 705-856-4814
 E-mail: dlacasse4@sympatico.ca

MNR is collecting your personal information and comments under the authority of the *Crown Forest Sustainability Act*. Any personal information you provide (address, name, telephone, etc.) will be protected in accordance with the *Freedom of Information and Protection of Privacy Act*, however, your comments will become part of the public consultation process and may be shared with the general public. Your personal information may be used by the Ministry of Natural Resources (MNR) to send you further information related to this forest management planning exercise. If you have questions about use of your personal information, please contact **Tom Mispel-Beyer at 705-941-5109**.

Renseignements en français : Mary Ann Kendrick, tél.: (705) 941-5100 ou Jennifer Lamontagne, tél.: (705) 856-4747.



Services de santé de Chapleau Health Services recognizes long service employees.

Les Services de santé de Chapleau Health Services reconnaissent des employés qui comptent de longues années de service.



Gail Bignucolo, Chief Executive Officer and David Repath, Chair, SSCHS Board of Directors presented a 20 year service award to Paul Desbiens (far right).

Gail Bignucolo, directrice générale, et David Repath, président du Conseil d'administration des SSCHS, remettent un prix pour 20 années de services à Paul Desbiens (à l'extrême droite).

Recently, Services de santé de Chapleau Health Services honoured a group of employees with service awards. Recipients are Paul Desbiens (20 years); Catherine Chavigny (20 years); Joanna Tremblay (20 years);

Linda Larcher (25 years); Theresa O'Hearn (30 years). Congratulations!

Les Services de santé de Chapleau Health Services ont récemment honoré un groupe d'employés comptant de longues années de service :

Paul Desbiens (20 années); Catherine Chavigny (20 années); Joanna Tremblay (20 années); Linda Larcher (25 années); Theresa O'Hearn (30 années). Félicitations!

Chapleau Ski Club News

The Chapleau Ski Club held its draw for a Hewlett-Packard laptop and wireless N router. The draw was held at the Ski Club Chalet on Thursday, December 18. Congratulations to the lucky winner,

Lurleen Blais, with ticket #118. Thank you to all those who supported the Ski Club by purchasing tickets.

Opening night for alpine skiing was Wednesday, December 17, and despite a few glitches in the weather, we were open most days during the Christmas holidays. The hill boasts an enjoyable time for both beginners and more seasoned skiers. Teens who are looking for a challenge can now enjoy our improved section to the right of the main hill. The conditions on the hill are the best ever, according to some of our long-time members.

Cross-country skiers have not been left out in the cold, so to speak. All the trails have been beautifully groomed and we continue to see a rising interest in Nordic skiing, with new faces appearing on the trails every day. This year we are re-instituting the "Passport" program where both adult and children skiers keep

track of the amount of kilometres they ski on the Club's trails. They will be awarded bronze, silver or gold pins depending on the amount of kilometres they accumulate through-out the season. Passports can be picked up at the Chalet.

January and February are busy months for the Club. Snowboarding lessons have begun under the direction of Matt Corbett, a certified

Canadian snowboarding coach. Other events include a Spaghetti Supper slated for January 23, a pancake breakfast and family ski day on Family Day (February 16), the Ski and Snowboard-a-thon and races on February 21, and Cross-country races on February 22.

We will provide more details about all of these exciting events as they unfold!



**Computerized Lettering
Decals - Highway Signs
Custom Signs - Vehicle Graphics
Safety Signs - Large format printing
Letterheads - Envelopes
Business Cards - Photo Mugs**

Hours

Monday - Tuesday 9:00 a.m. to 5:00 p.m. Friday - 9:00 a.m. to 12:00

864-1870

jnsigns@gmail.com

THANK YOU

The grade 7/8 students of Chapleau Public School would like to say a big thank you to all the members of the community who supported our recent Penny Sale (M621709) and Snowman Raffle (M621708). A special thank you goes out to Home Hardware for the donation of a Motion Activated Snowman Decoration. The winner of the Motion Activated Snowman was Vikki Burkholder. Congratulations to all the winners of the Penny Sale: Tricia Hamill, Olivia Hamill, Lauren Hamill, Shelly Bernier, Gladys Tangie, Molly McKee, Sarah Cooke, Paulette Albert, Jody Anderson, Lee Martin, Debra Portelance, Andrew Schroeder, Adyh Duffney, Ken Greig, Lorraine Fortin, Cara McKnight, Sydney Keay, Riley Ferguson, Grayson Cranney, Reilly Cranney, Kelly McCarthy, Keiko Larocque, Niina Bertholot, Tuija Bertholot. All proceeds from these events will go towards the Grade 7/8 Class Trip.



**ANNUAL RECREATION
HOCKEY TOURNAMENT
FEB. 20- 22, 2009**

\$600/TEAM
(FIRST 12 TEAMS)

Deadline for entries is January 30, 2009
Participants must be over 16 (under 18
written parental consent required)

For more information contact
Kevin Morris, L.C.S.D.
864- 0154

**TOURNOI ANNUEL DE
HOCKEY RÉCRÉATIF
DU 20 au 22 février, 2009**

600\$/Équipe
(12 première équipe payées)

Date limite pour s'inscrire est le
30 janvier, 2009.
Les participants doivent être âgés de plus de
16 ans
(permission écrite des parents exigée pour
les moins de 18 ans)

Pour plus d'information
communiquer avec
Kevin Morris, directeur des Loisirs
864-0154

THE LOCAL MARKET PLACE

CHADWIC HOME, FAMILY RESOURCE CENTRE

Offers shelter, emotional support, and information for women and their children who are in crisis situations. We have a Toll Free Crisis Line which is staffed 24 hours a day. We can arrange for free transportation to the Centre for women who live in the Algoma/Chapleau area. We also offer support to women who live in the communities of Chapleau, White River, Dubreuilville, and Hornepayne through our Outreach Program. Our Outreach Worker travels to those communities to meet with women who need emotional support as well as information about their rights and options. If you need to speak with the Outreach Worker when she is in your community, you can call the Centre at any time to set up an appointment. You do not need to be a resident of the Centre in order to use our services. If you need someone to talk to or if you just need someone to listen, call our Toll Free Crisis line at 1-800-461-2242 or you can drop in at the Centre. We are here for you.

ALCOHOLICS ANONYMOUS
Offers help to anyone who desires to stop drinking. Open discussion meeting on Sundays at 2:00 p.m. Trinity United Church basement. Telephone contacts: 864-2786

ALCOOLIQUES ANONYMES
Offre de l'aide à celui ou celle qui désire arrêter de boire. Les rencontres ont lieu tous les mercredis soirs à 19h (7:00 p.m.) Au sous-sol de l'église Sacré-Coeur. Téléphonnez au 864-2786

Narcotics Anonymous offers help to anyone who desires to stop using drugs. Meeting every Thursday 7:30 p.m. basement Sacred Heart Church. Telephone contact 864-2786.

Société Alzheimer Society meetings will be held at the Chapleau Hospital every 1st Monday of each month starting from 7:00 p.m. to 9:00 p.m.

APARTMENTS FOR RENT

Looking for a new place? 2-bedroom and 3-bedroom apartments available. They include a fridge, stove, washer/dryer hookups and parking with plug-in. Available immediately. Call 864-2282 or 1022 cont

You need a decent apartment with 1, 2 or 3 bedrooms, fully or semi-furnished, or not, dryer and washer hookups, outdoor balcony, storage shed, private parking. Central location. Call Quality Rental at 864-9075 and leave message. Mar14

1 Bedroom Apartment, close to downtown. Fridge & Stove included, laundry facilities, secured storage, parking & outdoor plug-in included. Available January 1/09. Contact: Bertrand Apartments (705) 864-0230. Feb28

1 bdrm apt. with fridge, stove and parking. Close to downtown and available Jan. 1st at \$395.00/month. Call Con Schmidt. 864-0617. Jan17

Apt. for rent furnished, parking, hook up, central quiet location. Private entrance. Phone 705-864-0673. 12 Lorne Street

FOR SALE

Portable Ice huts, sleighs, floating ice fishing suits, water proof gloves, technical socks, ice gear, herring, shiners, call ProTackle in Schumacher. 705-268-8069. Jan24

Argo-6 wheel. Call to view 864-9007

CRIME STOPPERS
1-800-222-TIPS

HOUSE FOR SALE

Home for sale on Devon Siding road 3 bdrm, 2 baths, eat-in kitchen, pantry, dining room, large living room, sunroom, partially finished basement, new roof 2008, large cedar deck, 24'x44' heated 2 story garage with heated workshop and full loft, wood fired boiler, second garage/ woodshed approx. 24'x24', green house, mature gardens and more. Call 864-9007 for an appointment to view.

OFFICE SPACE FOR RENT

Office space for rent. Available immediately. For more information please call 705-864-1367. cont

SERVICES

Precision Cleaning service- Specializing in high quality residential, commercial and construction cleaning. 18 year professional service. Supplies provided, bonded and insured, serving Chapleau and surrounding areas. For your free estimates call 705-929-9647 or email at marty.041@hotmail.com. Jan10

Classified ads WORK

A Day in the Life
January 31, 2008: "Go to the sea, point to the heavens..." Does the telephone ring? Is there anyone there? Do your lights flash? Do you smell roses? Can you feel the breeze? Does your bulb burn out?
January 6, 2009: "I have been trying to get hold of you...! Knock on doors!"
Wayne Desbiens

WANTED

Any old or used taxidermy no longer needed or wanted. Fish, birds, animals anything. Will take all. 864-0122 or 905-977-7062 Dec20

WINNERS

We would like to thank everyone who supported our afghan and stand raffle. Lucky winner was Rita Poulin, ticket #319. Chapleau Association for Community Living

The winner of the CMHA \$5000 draw, license #M578206 was Brian Etter with ticket #209.

WOOD STOVES

For Sale, New Blaze King Wood Stoves, shipped direct to Chapleau. For the best prices on Blaze King wood stoves call Rick Geroux: 705-779-3304. ctd

HAVE A GOOD WEEKEND!



SLOMA CLEANERS
Drop off at **Between Friends (Cedar Grove)**
Mon.-Fri. 8:30 to 12:00 & 1:00 to 4:30

BERRY'S FREIGHT SERVICES
TIMMINS - CHAPLEAU - TIMMINS
MONDAY TO FRIDAY
1lb. to 10,000 lbs.
FOR QUALITY SERVICES AT INEXPENSIVE PRICES GIVE US A CALL AT 1-705-264-4334

ALL ADS ARE ACCEPTED AT THE CHAPLEAU INNOVATION CENTRE
DEADLINE FOR RECEIVING ADS IS WEDNESDAY 4:00 p.m.
CLASSIFIED ADVERTISING RATES
Regular Classified Ads First 25 words or less \$6.00 Each additional word \$0.15+GST
No refunds on cancelled classified ads.

Commercial Building

AVAILABLE for rent
1100 sq. feet
Call Doug at 864-1032

Travis Gendron
Sales Manager
61 Mission Road
Wawa, Ontario P0S 1K0
Tel: 705-856-2394
Cell: 705-856-5595
Fax: 705-856-4290
travisgendron@missionmotors.com

MISSION MOTORS of WAWA

NEW & PRE OWNED WHEEL DEALERS

Goodwinch, SHOCKS, BRAKES, STEERING, 3100 TORQUE

PONTIAC, GM, GMC, CHEVROLET

ALLEMANO & FITZGERALD
Barristers and Solicitors

MICHAEL G. ALLEMANO, B.A., L.L.B.
Certified by the Law Society as a Specialist in Real Estate Law

P.O. Box 10,
369 Queen St. E. Suite 103
Sault Ste. Marie, Ontario
P6A 1Z4
Phone (705) 942-0142
Fax (705) 942-7188

P.O. Box 1700,
55 Broadway Avenue,
Wawa, Ontario
P0S 1K0
Phone (705) 856-4970
Fax (705) 856-2713

Northern Lights Ford Sales
Andrew G. McKenzie
11 Years of Service



Highway 17, North
P.O. Box 1033
Wawa ON. P0S 1K0
Bus: 705.856.2775
Fax: 705.856.4862
sales@northernlightsford.ca

BODYLINES BY CRACK LTD.

- 5 Licensed Bodymen
- Insurance Claims
- Windshield Repairs and Replacement
- Radiator Repairs
- State of the Art Frame Machine




ALL WORK GUARANTEED
PLEASE CALL 705-856-1406

LVP LABERGE VENNE & PARTNERS
PROFESSIONAL CORPORATION
CHARTERED ACCOUNTANTS and CONSULTANTS
COMPTABLES AGRÉÉS et CONSULTANTS

Professional Services to Northern Ontario for 25 years

- Financial Statements for Small Business & Corporations
- Tax Returns - Personal, Corporate and Trust/Estate
- Personal, Retirement, Estate Financial and Tax Planning Strategies
- Business Projections, Plans and Financial Proposals
- Computer Consulting
- ACCPAC and Quickbooks

1970 Paris Street, Sudbury, Ontario P3E 3C8
(705) 523.0272 (800) 581.7510 www.lvppartners.ca

LVP LABERGE VENNE & PARTNERS
PROFESSIONAL CORPORATION
CHARTERED ACCOUNTANTS and CONSULTANTS
COMPTABLES AGRÉÉS et CONSULTANTS

25 ans de service professionnels pour les entreprises du Nord de l'Ontario

États financiers pour petites et moyennes entreprises et corporations

- Rapports d'impôts personnel, de compagnie et de fiducie
- Planification financière et fiscale personnelle et de compagnie
- Projections financières, plans d'affaires et propositions de financement
- Consultation en informatique
- ACCPAC et Quickbooks

1970 rue Paris, Sudbury, Ontario P3E 3C8
(705) 523.0272 (800) 581.7510 www.lvppartners.ca

WeightWatchers®
NEW MOMENTUM PLAN!

Join the prepaid Community Meeting in **CHAPLEAU!**

Wednesday Jan. 14, 2009
Registration: 6:00 pm Meeting: 6:30 pm
Chapleau Civic Centre Council Chambers (downstairs)
20 Pine St.

For details call: (800) 461-2246
©2009 Weight Watchers International, Inc. All rights reserved.

Chapleau Ski Club
Spaghetti Supper



Friday January 23rd at the Legion
5:00 to 7:00
Donations at the door
Proceeds to Chapleau Ski Club

NEW AT THE CHAPLEAU PUBLIC LIBRARY

NEW BOOKS

- The Gargoyle - Andrew Davidson
- The 19th Wife - David Ebershoff
- The Terminal Spy - Alan S. Cowell
- Almost Green - James Glave
- The Fire - Katherine Neville
- Tethered - Amy MacKinnon

WANTED
Copies of the "Chapleau Post" whatever the condition for the Library. Thank You!

New Year CLEARANCE EVENT

Leather CHAIR & OTTOMAN REG. \$819.99 CLEARING AT \$399.99	PARSON CHAIR Mocha REG. \$169.99 CLEARING AT \$99.99	2 door 1 drawer CABINET REG. \$1029.99 CLEARING AT \$499.99	SOFA Charcoal REG. \$1899.99 CLEARING AT \$999.99	CHAIR Charcoal REG. \$1369.99 CLEARING AT \$749.99	COFFE TABLE REG. \$489.99 CLEARING AT \$249.99
SOFA Microfibre Cocoa REG. \$1209.99 CLEARING AT \$599.99	CHAIR Microfibre Cocoa REG. \$869.99 CLEARING AT \$429.99	END TABLES Leather REG. \$459.99 CLEARING AT \$199.99	SOFA Bisque REG. \$1679.99 CLEARING AT \$799.99	Slate END TABLE REG. \$529.99 CLEARING AT \$249.99	QUEEN POSTER BED REG. \$1599.99 CLEARING AT \$799.99
Slate ROUND END TABLE REG. \$459.99 CLEARING AT \$229.99	Cranberry Storage OTTOMAN REG. \$799.99 CLEARING AT \$349.99	Round OTTOMAN REG. \$749.99 CLEARING AT \$329.99	SOFA TABLE REG. \$489.99 CLEARING AT \$249.99	END TABLES REG. \$329.99 CLEARING AT \$159.99	TABLE LAMP REG. \$74.99 CLEARING AT \$39.99
GLIDER OTTOMAN REG. \$289.99 CLEARING AT \$149.99	PECAN SIDEBOARD REG. \$1159.99 CLEARING AT \$599.99	Round MIRROR REG. \$339.99 CLEARING AT \$159.99	CHERRY VANITY SET with BENCH REG. \$379.99 CLEARING AT \$169.99	CHATEAU QUEEN BED REG. \$1179.99 CLEARING AT \$599.99	TABLE LAMP REG. \$244.99 CLEARING AT \$119.99
TABLE LAMP REG. \$324.99 CLEARING AT \$179.99	BRANDON MIRROR MISSION BLACK REG. \$179.99 CLEARING AT \$89.99	GOOD SELECTION OF LIGHT FIXTURES CLEARING AT 1/2 PRICE		COUNTER STOOL BLACK REG. \$119.99 CLEARING AT \$59.99	LAMP WITH CANDLESTICK REG. \$259.99 CLEARING AT \$129.99

ODDS & ENDS LAMINATE FLOORING REG. \$2.39 SQ/FT CLEARING AT \$1.19 sq/ft	1 ONLY 6' TERRACE DOOR REG. \$1429.00 CLEARING AT \$799.99
1 only 46x46 SLIDER REG. \$323.00 CLEARING AT \$179.00	1 ONLY 4-1 47x70 PICTURE UNIT REG. \$479.99 CLEARING AT \$239.99
1 ONLY 5-1 62X70 PICTURE UNIT REG. \$641.00 CLEARING AT \$299.99	1 ONLY 60X23 SLIDER REG. \$329.00 CLEARING AT \$179.00

WE HAVE A SELECTION
OF TOYS AND
DECORATIONS
CLEARING AT

75%
OFF

**GOOD
SELECTION OF
LIGHT FIXTURES
CLEARING AT

1/2
PRICE**

**ALL CEILING
FANS

1/2
PRICE**

ALL DOLLAR ITEMS
IN STORE
1/2 PRICE

1 ONLY 30 1/4 x 37 CASEMENT REG. \$319.00 CLEARING AT \$169.00	1 ONLY 36x48 CASEMENT REG. \$399.00 CLEARING AT \$199.00
1 ONLY 108"X72" BAMBOO BLIND REG. \$45.99 CLEARING AT \$9.99	1 ONLY 120"X72" BAMBOO BLIND REG. \$49.99 CLEARING AT \$9.99
1 ONLY 47x23 WOOD SLIDER REG. \$199.00 CLEARING AT \$99.00	1 ONLY 35x23 SLIDER REG. \$247.00 CLEARING AT \$129.00

BALANCE
OF TOYS AND
DECORATIONS\
STILL

50%
OFF
UNTIL JAN. 13TH

FIRST COME FIRST SERVE



29 Birch St. East

864-1030

ALL SALE FINAL, CASH AND CARRY



51 Birch St. East