Local News Weekly

Talk about good coffee! Miss Muggins Coffee and Fresh Donuts



Vol. 16, Issue 13, November 26, 2011

Chapleau High School Warmly Welcomes Chapleau Public School *First Day of Classes, Tuesday November 22, 2011*



Public school students checking out the computers on orientation day.

u c h planning has been done leading up to the arrival and welcoming of the Chapleau Elementary School community into the Chapleau High School. The first day of classes for the

216 Days until The CHAPLEAU HIGH SCHOOL REUNION

Long Term Forecast Friday High 7 Low 0 Saturday High 5 combined school was Tuesday November 22, following the November 21st Professional Development Day. The planning and the physical move have been a collaborative effort and have included assistance and input from parents, students, staff, and administration from both schools, staff from the School Board, Plant Department and Northern Area Office as well as assistance from Chapleau Town Council, OPP, and our aboriginal partners. A very suc-

A very successful Orientation Day was held on Tuesday November 15th. Elementary school students and staff toured through the high school to become more familiar with the facility and where their own classes are situated. With secondary

students acting as tour guides, elementary students were invited to make Aboriginal crafts and to take part in drama activities. They had a chance to try out their lockers, laptops and the outdoor track. The feedback from this event was exceptionally positive and it was seen as a great icebreaking event. Not only did the younger students feel more at ease and excited as they got to know their surroundings, secondary students indicated they really enjoyed the role they played in helping the younger students.

A floor plan of the school is attached to help illustrate the areas where the JK-Grade 8 students are located. Shelving, bulletin boards, computers and day-today materials began being moved into place following the Orientation Day and classrooms were in great shape to welcome students on November 22.

on Students, staff and parents can be ry assured that secondary nd students' current timetables, routines to and schedules will remain virtually unchanged. Both principals, Mr. ed. Hryhorchuk Principal ry **Cont'd on P.4**



On Tuesday, Nov. 22/2011, the student body from Chapleau Public School and Chapleau High School had a welcoming ceremony to celebrate the joining of the two schools. Mrs. Sandra Ruffo, our Aboriginal Support Worker and students from the Public School sang a welcoming song to the whole student body. It was an exciting day for everyone and both staffs were introduced to all students. The students and staff of Chapleau Public school felt very welcome and a successful year is anticipated.

Rotary donates to Chapleau Health Care Project



Rotary Club presents another generous \$2000 donation to help support the Chapleau Health Care Project. Show in the photo from left to right



the Chapleau Health Care Project. Show in the photo from left to right is Gail Bignucolo, Chief Executive Officer of Chapleau Health Services and Rotary Club members, Dave Laughland, Joanne Laughland and George Evans.

NOVEMBER & DECEMBER "BLOWOUT"

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LETTERS TO THE EDITOR

Chapleau Public School

My husband picked up our kids today, November 18th 2011, at the Chapleau Public School. My daughter said "No dad, I'm going to walk home for the very last time."

Friday November 18th 2011 was the last time the Chapleau Public School was open. It was a long day, lots of tears, a nice slide show of all the memories and lots of emotion not just for staff and students, but for parents at home as well, I'm sure.

At the last meeting on November 7th 2011, a question was asked to Mr. Mario Turco, Director of Education. "What will happen to our public school?" Mr. Turco replied, "There are a series of steps to be taken before anything is decided about the school." Another very good question was "Will the heat and hydro be left on?" The answer was yes. But for how long?

I have been reading the Algoma District School Board (ADSB) policy of closing a school and there are certain steps that have to be taken before completely closing a school.

First let me quote you some of the phrases from the Pupil A c c o m m o d a t i o n Review Guideline. Pupil Accommodation Review is previously

referred to as "School Closure Guidelines". The guidelines insure that where a decision is taken by a school board regarding the FUTURE of a school, that decision is made with the FULL INVOLVE-MENT of an informed local community. School Boards of Ontario are responsible for operating and maintaining their schools effectively and efficiently. With health and safety being a part of the School Boards policy, why did our public school all of a sudden become a danger zone over night? Where are all the test results for asbestos and mould?

A minimum to a maximum of 4 PUBLIC MEETINGS are to be held as a part of the consultation. The ADSB has stated on its website for everyone to see (www.adsb.ca) and not in our local paper that Chapleau JK-12 SECOND PUBLIC MEETING was held on November 7th 2011. From what I can tell there will only (maybe) be 2 more public meetings if we're lucky. When they say public, they mean everyone. The question now is -What do we want to see happen to the Chapleau Public School? We all need to attend these public meetings if we want to have our say. If you can't make it, send someone who can. The more that is said, the more something will

happen. We as a community need to fight for what we have, or fight for what we are entitled to receive.

The board of trustees are the people that we trust, this is why they are called trustees. They are there to help us in anyway possible on the decision of the final outcome. It also states in the ADSB policy that all information relevant to the accommodation review be posted on the website an made available in print on request and if to be explained in plain English. I am requesting it in print at all times for the community to read.

The last letter posted to date on the ADSB website was written on November 11th of all days, the ADSB asking the township for a lot of extra work to be performed for the safety of our children.

THIS IS FINE but who will pay for all these extra expenses? I think the ADSB should pay for all these extra expenses as long as our

MARION LAFRENIERE (nee Eveline)

January 3, 1951 - November 27, 1996

No one know how much we miss you, No one knows the bitter pain We have suffered since we lost you. Life has never been the same. In our hearts your memory lingers, Sweetly tender, fond and true. Though 15 years have come and gone There is not a day, dear sister, That we do not think of you

Love always Marie and Joanne

children stay at the high school, since this is just a short-term phase, stated at the last meeting by the Director of Education. These extra expenses should not be placed on the backs of the parents of this community!

By the way where has all of our public school tax money been going for the past approximately six years? Obviously, it wasn't on repairs for the school, nor supplies for our kids. It's been going elsewhere for a very long time because in the north we have to supply our kids with everything except the toilet paper!

On the news the other day, a high school in Sault St. Marie is receiving over 120 security cameras at \$800.00 each. Is that where our money has gone? Anyhow, back on track. I am asking the community to come to your local post office to sign a petition to the Algoma District School Board (ADSB) and Minister of Education to salvage or re-build the Chapleau Public

The Chapleau Express

P.O. Box 457 Chapleau (Ont.) POM 1K0 Telephone - Fax : 705-864-2579 *e-mail : chaexpress@sympatico.ca Published every Saturday/Sunday* Deadline for receiving ads is Wednesday at 4 p.m.

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School at the earliest time possible. This needs to be done quickly, so come be a part of possibly a new school.

Someone once told me from council, never in 100 years will you ever get your road paved. Well guess what! Ten years ago, I asked politely and was patient and to my surprise, and it sure was, my road is now paved. So anything is possible. Come sign the petition.

Sincerely, Tahise Demers

OBITUARY

Laughland, Winnifred Evelyn

Passed away peacefully on November 19th, 2011 in her 93rd year, at the Fairview Manor in Almonte, ON, where she had resided for the last several years. Winn was pre-deceased by her husband Donald and one son, Laurie. She is survived by sons Alan (Elayne) of Winsloe, P.E.I., David (Joanne) of Chapleau, ON, and Peter (Julie) of Almonte, ON, by grandchildren Lori (Mike Butler) of Chilliwack B.C., James Vannier (Erin Beasley) of Ottawa, Scott (partner Katherine) of Sudbury, Mark (Tammy) of Victoria, B.C., Ian (Pascale) of Ottawa, Chad (Tessa) of Brampton, ON, and Pamela of London, ON, and by six great-grandchildren. After graduating from the University of Guelph, she worked as a dietician and secondary school teacher. She was a talented homemaker, priding herself in the creation of delicious meals and in the decorating of her home, both in Ottawa and in later years, in Perth, ON. Winn demonstrated a competitive spirit in all she did, especially in golf, curling and card playing, a favorite activity whenever adults and grandkids gathered. She nurtured a life-long interest in several artistic endeavors, and was talented and accomplished in rughooking, needle arts, oil painting and china painting. A Memorial Service will be held at the Almonte Chapel of Tubman Funeral Homes, 154 Elgin Street, Almonte on Monday, December 5th, 2011 at 1 p.m. In lieu of flowers, a donation to the charity of your choice would be appreciated. Messages to the family may be made at www.tubmanfuneralhomes.com.



Centre d'emploi de Chapleau Employment Resource Centre





- Formation professionnelle pour un emploi a - Skills Training for high demand jobs forte demande - Financial support to go back to school - L'aide financière pour le retour a l'école - Resume's & cover letters Come and see us at Venez nous voir au - Résumé (CV) et lettre d'emploi - Incentives for employers 12 Birch Street E. 12 rue Birch E., - Subventions pour employeurs - use of Internet, computers, printers & fax Chapleau Chapleau - Ordinateurs, Internet, imprimante et télécopieurs 705-864-0430 705-864-0430 Conseil des Services du District de **Everyone is welcome Tous sont bienvenue** Manitoulin-Sudbury **District Services Board** 20111126

Grant Henderson CHS Graduate of 1927: "Were I to pick my bringin' up place, I'd choose the same old town"

Chapleau Moments by

Michael J. Morris

Perhaps Grant Henderson, who graduated from Chapleau High School in 1927 sums up so well the reason that those of us who no longer live in Chapleau "must go back" as he wrote in a poem about the time of the school's 60th anniversary reunion in 1982.

Grant wrote in part that he must go back to Chapleau again, and "all I ask is to meet old friends, and raise a glass on high."

On November 14, 1924, 1181 Chapleau High School Cadet Corps was established and remained an important part of high school life for 39 years, being disbanded on January 1, 1963. The annual cadet inspection usually held in late May on the field behind the Pine Street school was also a community event with large crowds attending, while the day attended with the Cadet banquet and dance.

For most of its history, the Cadet corps and bugle band were the



personal domain of John 'Old Mac' McClellan, teacher and later principal, but interestingly, he was not the first one to look after the corps. That would have been a Mr. Ashdown, the school principal.

Interestingly in his poem Grant refers to Mr. McClellan as 'OLD MAC' even though he would not have been that "old" when he first arrived at the school. Having been a school teacher though, being old seems to go with the territory as students perceive us as being old. I admit that I am getting there now!

Grant recalled that one day the students released an owl in class which undoubtedly caused quite a commotion , "OLD MAC was called" who stood appalled "before his feathery blast". adding that "Perhaps it's best to leave the rest to history and the past."

Dances were very popular in the 1920s, and held in the Town Hall basement once a week, according to Grant. He also recalled dancing "with one's best girl in a close knit whirl, and dancing cheek to cheek."

My mother Muriel E. (Hunt) Morris would tell me about dances in the 1920s when she was a teenager in Chapleau. They were also held in Perpete's Hall which would have been in a building about where the Chapleau Pentecostal Church is now. My mother would sing and her older sister Elsie (Hunt) Zufelt would play the piano.

Of course hockey was part of community life in the 1920s with games at the "old old rink" with the potbelly stove keeping the lobby warm. Public skating, in the darkened arena, with the silvery moon at one end and quite often the town band in attendance made it the place to be, particularly on a Friday night. It was still the place to be as I was growing up in Chapleau in the late 1940s and 1950s.

Grant also wrote about Ski Club nights beneath the Northern Lights "with the happy crowd and laughter loud, the swish of running skis". If I recall correctly the ski hill was located on the site that later became



The girls of Chapleau High School 1926. Courtesy Dr. Vince Crichton

known as Dr. Young's hill.

Jack Whitney, who attended CHS in the late 1920s, in a talk he gave to students many years later recalled his first day there.

"I shall never forget my first day in First Form. I was wearing black boots (not shoes) black wool stockings up to the knee and knicker-bocker pants which strapped around just below the knee and flopped over just an inch or so. Above this I had on a long-sleeved V-neck pullover, and this was topped by a grinning face and a shock of unruly light hair. I looked a good deal like most of the other boys except for size, shape and colouring.

"The girls, as I remember wore lowwaisted long dresses down to two or three inches above the ankle. with lisle hose and sensible shoes. Most of the hairdos were dutch bobs with a few with long curls and most of the hats were the helmet type, usually of felt, and I believe were patterned after the steel helmets of the previous war." And so, just a glimpse back to the

early days at CHS as the 90th anniversary reunion draws ever closer.

Grant, who went on to a very successful career in business, often returned to Chapleau to visit over the years, usually with his great friend George Crichton, another CHS grad.

He sums it all up at the end of his poem suggesting that "Perhaps those days through memory's haze take on a richer hue" adding that perhaps that's true but "... this I know, And I've wandered up and down. Were I to pick my bringin' up place, I'd choose the same old town."

Grant "Grizz" Henderson died in 1994.

My thanks to David McMillan for providing me with a copy of Grant's poem, and to Dr. Vince Crichton for additional material. My email is mj.morris@live.ca





1181 CHS Cadet Corps, 1926. Albert "Gussie" Evans far left. Courtesy Dr. Vince Crichton

CHS Grads George Crichton, Hugh McMullen, Grant Henderson clowning around



Chapleau High School Warmly Welcomes Chapleau Public School First Day of Classes, Tuesday November 22, 2011

Cont'd from P.1

of Chapleau High School and Mrs. Morley Principal of Chapleau Public School, have worked closely to ensure a smooth transition for all students. One area they looked at closely was the use of the gymnasium. Together they came up with a schedule that allows all students, JK-12, access to the gym throughout the day. This schedule will be looked at closely by the principals for Semester 2, to ensure a schedule that accommodates all students is designed

again.

The community of Chapleau is reminded that there will be some new details in place in and around Chapleau High School that they should be aware of. Drivers are reminded that there will be more vehicle and pedestrian traffic in the area of the school and are asked to be especially mindful of the speed limit. With increased vehicular traffic and, as there are now younger students accessing the school by foot, the town is in the process of hiring a crossing guard to be in

THE CHAPLEAU HIGH SCHOOL REUNION QUIZ 9 Name the four reeves of Chapleau in this photo, all of whom graduated from Chapleau High School. QUIZ #8 ANSWERS Answers for last week:

Dean Harvey in "You'll Get Used To It"

place at the corner of Teak Street and Queen Street. Parents are also reminded to let their children know that the crossing guard will be in place and to look for this individual.

The ADSB thanks Chapleau Town Council for taking on the cost of this new position which has been posted with a candidate expected to be selected and trained in the next several weeks. In the meantime, volunteer crossing guards, including parents, administration and staff from the school, are taking on the role to ensure that children walking to and from school are able to do so safely.

A 4-way stop was considered and looked at, however it was indicated by experts that at this time a 4-way stop may not be the best alternative for this corner.

Parking at Chapleau High School is expected to be congested with the combined parking needs of both school staffs. Parents, visitors and volunteers visiting the school are reminded to look for new signage that will help direct them to available parking. The parking lot has been expanded as much as possible for the upcoming winter months. ADSB recognizes that parking may need to be reviewed in the spring at which time a solution to accommodate



Public school students enjoying the outdoor recreation area.

increased parking needs at the high school could be addressed.

All elementary and secondary students who have been bussed in the past will continue to be bused to Chapleau High School with as little disruption to regular routines as possible. We recognize that some times of pick up and drop off may have changed by several minutes but we are hopeful that as the route becomes familiar to drivers the time will be unchanged.

First bell for elementary students is 8:40am and announcements and the national anthem begin at Some 8:45am. elementary students will be arriving just ahead of the first bell. Mrs. Morley assures parents and students that there will be some flexibility to accommodate students arriving just ahead of allow for a larger school start. Also, the Breakfast Program

which is available for all elementary students will continue to be in place and can be accessed up until 9am if needed.

Mrs Morley has created a schedule that will have Educational Assistants (EA's) on a rotation covering one of three areas over the course of any given week: crossing guard duty (until position is filled), breakfast room supervision and/or outdoor supervision.

Town Council will continue with snow removal along the street leading to the school. This is done already to accommodate the French-Catholic High School students and will benefit the students walking to Chapleau High School. The Town will also be removing the outside bleachers along the Field of Dreams to outdoor play area for the elementary students. The bleachers will be replaced in the spring.

The school board is very thankful to all of those who have assisted with planning and organizing the move to the high school and to all those who have helped with scheduling and bussing, to assure student safety and security.

Phone and fax numbers for both the elementary and the secondary school remain unchanged.





The Chapleau Child Care Centre would like to assist you

to take care of your children while you work, attend school or enjoy that much-needed break.

We offer a variety of early learning and care programs for children from birth to twelve years of age.

Services are available in French and English from 7:30 a.m. to 5:30 p.m. Monday to Friday each week. We also offer different user options, family rates and subsidy. Stop by the Centre at 28 Golf Road or call 864-1886 for more information !! Let us be a part of your child's learning experience!



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REPORT from OTTAWA by Carol Hughes

Federal member of Parliament Algoma-Manitoulin-Kapuskasing

I often find m y s e l fwriting in this space about policy disagreements that are a natural feature of parliament. This week I am glad to focus on an issue that allowed members from all parties to come together



and do productive work. And do productive work. And do productive balans on how Canada could do a better job of balans on how Canada could do a better job of balans on how Canada could do a better job of balans on how Canada could do a better job of balans on how Canada could do a better job of balans on how Canada could do a better job of balans on how Canada could do a better job of balans on how Canada could do a better job of balans on how Canada could do a better job of balans on how Canada could do a better job of balans on how Canada could do a better job of balans on how Canada could do a better job of balans on how Canada could do a better job of balans on how Canada could do a better job of balans on how Canada could do a better job of balans on how Canada could do a better job of balans on how Canada could do a better job of could do a better job o

In last two parliaments I have been a member of the Parliamentary Committee on Palliative and Compassionate Care. Unlike standing committees which are part of the legislative process, this is an all party group of MPs, dedicated to improving care for elderly, dying and vulnerable Canadians. It was formed by the MPs on their personal initiative and funded out of member office budgets.

This week the committee released a report with recommen-

THE CANADIAN

PACIFIC

HOLIDAY

dations on how Canada could do a better job of providing end of life care and finding solutions for the individuals and families with specific needs related to the issue.

The committee learned that less than 30 percent of Canadians have any access to palliative care. Availability also varies from place to place creating a patch-work quilt of services as demand grows with our aging population. The significant costs associated with caregiving, suicide and elder abuse were common themes addressed in our study. As was the fact that Canada does not have a national strategy for end-of-life care, while other countries do.

The committee's report, Not To Be Forgotten: Care Of Vulnerable Canadians, calls for a national palliative care strategy that is person-centred, family focused and community based. It r e c o m m e n d s th e creation of a palliativecare secretariat to help ensure end-of-life health-care services are available across the country and calls for the creation a national secretariat for suicide prevention and an office of elder abuse to assist with oversight.

Divided into three sections, palliative care, suicide prevention, and elder abuse, the report will be updated later this parliament with a Disability Perspective report as well. It is a large document and can be viewed online. http://pepccepspsc.com /wp-content/uploads /2011/11/ReportEN. pdf. The committee is an example of how parliament can work and how MPS can reach across party lines to find common ground.

We heard testimony from hundreds of people at twenty four hearings, and local round tables. The large report we were able to present is representative of the diverse regions, cultures and beliefs in Canada. In a week where parliament was overly partisan it was a welcome reminder that we are sent there to serve Canadians - something this committee has done.





TRAIN Will be pulling in to Thursday, December 1, 2011 at 4:15 pm CP Train Station, 50 Dufferin St.

The Odd Fellows Lodge # 266 will be on hand to collect nonperishable food items *Please help support your Local Food Bank during this important time of year*

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'Home Owners Helping Home Towns Community and Charity Contest' gives winners opportunity to help local charities

CNW- Home Hardware Dealers across the country demonstrated their commitment to the communities where they live and work by awarding a brand new Toyota Matrix to three lucky winners and another vehicle to each of the winners' charities of choice as part of the Home Owners Helping Home Towns Community & Charity Contest.

"Home Hardware has been a community-based

company since 1964, one that works with its Dealers to build meaningful, long-term relationships with local organizations that enrich the lives of others," said Paul Straus, President and CEO, Home Hardware Stores Limited. "We are proud to be able to enhance the lives of our winners and the ability of these charities to provide valuable services to these communities."

The contest ran between June 29 and

RAPPORT D'OTTAWA par **Carol Hughes** Membre du Parlement Fédéral Algoma-Manitoulin-Kapuskasing

J'écris souvent

usujet des а différends politiques, qui sont une caractéristique naturelle du Parlement. Cette semaine, je suis heureuse d'écrire sur un sujet qui a rassemblé des députés de tous les partis et leur a permis d'être productifs.

Depuis les deux dernières législatures, je suis membre du Comité parlementaire sur les soins palliatifs et les autres services d'accompagnement. Contrairement aux autres comités permanents qui participent au processus législatif, ce comité regroupe des députés de tous les partis qui se sont engagés à améliore les soins pour les aînés, les personnes en phase terminale et les Canadiens vulnérables. Il a été formé à l'initiative de députés et fonctionne au moyen des budgets de bureau de ceux-ci.



Cette semaine. le Comité a publié un rapport renfermant des recommandations sur ce que le Canada pourrait faire pour améliorer les soins en fin de vie et trouver des solutions pour les individus et les familles qui ont des besoins précis en la matière.

Le Comité a découvert que moins de 30 % des Canadiens ont accès à des soins palliatifs. La disponibilité de ces soins varie selon l'endroit où l'on se trouve, ce qui est à l'origine de la disparité des soins et des services offerts à mesure que la demande augmente au même rythme que le vieillissement de la population. Les coûts considérables associés aux soins, au suicide et la maltraitance des aînés ont été souvent soulignés pendant notre étude. On a aussi souvent rappelé que le Canada ne possède pas de stratégie August 13, 2011 and gave homeowners across Canada the opportunity to win the grand prize of a Canadian - made Toyota Matrix as well as one for their charity of choice. Entry ballots were accepted online a t www.homehardware.c a. The three grand prize winners of the Toyota Matrix were selected at random through a draw in eastern (QC, NB, NS, PEI, NFLD), western (MB, SK, AB, BC and Territories), and central (ON) Canada.

The Western Canada winner, Barbara Jordan of Nanaimo, BC, chose Nanaimo and District Hospital Foundation as her charity. The Foundation will use their prize to help them raise funds for equipment, renovation and research. The prizes were presented by Applecross Home Hardware.

In Central Canada, winner Charlottetown, PEI,

Melissa Heng of Toronto, ON, chose Childhood Cancer Canada Foundation to receive the new vehicle, which will help them deliver critical education, community, and connectivity programs to children with cancer and their families. The prizes were presented by Metro Home Hardware Building Centre.

In Eastern Canada, Gordon Fraser o f chose Tremploy Inc. as his charity. Tremploy Inc. provides adults who have an intellectual disability with life skills training to assist them in exploring their potential and empowering them to contribute and participate in the community in a meaningful way. The prizes were presented by Home Hardware -Charlottetown.

Toyota Canada has been the official vehicle for Home Hardware since 2009.

Un bel exemple de collaboration au sein du Parlement

nationale en matière de soins en fin de vie, tandis que d'autres en ont une. Dans son

rapport intitulé Avec dignité et compassion : Soins destinés aux Canadiens vulnérables, le Comité réclame une stratégie nationale sur les soins palliatifs axée sur l'individu, la famille et la communauté. Il recommande la création d'un secrétariat des soins palliatifs destiné à s'assurer que des soins en fin de vie sont disponibles partout au pays, d'un secrétariat pour la prévention du suicide et d'un bureau de sensibilisation et de prévention à l'égard de la maltraitance des aînés.

Divisé en trois parties (soins palliatifs, prévention du suicide et

Le Comité est un bon exemple de la manière dont le Parlement peut fonctionner et de la façon dont les députés peuvent oublier, l'espace d'un moment, la partisanerie pour

trouver un terrain d'entente. Le Comité a entendu des centaines de témoins au cours de ses 24 réunions et tables rondes locales. Son rapport est le reflet des diverses régions, cultures et croyances

présentes au Canada. La semaine qui se termine a été marquée par une partisanerie notoire et il est bon de se rappeler que nous sommes ici pour servir les Canadiens. Voilà la prouesse que le Comité a accomplie



Faites-vous partie du problème?

maltraitance des aînés), le rapport sera mis à jour à une date ultérieure par l'ajout d'une partie sur les personnes handicapées. Le rapport est volumineux et est disponible en ligne à http://pcpcccpspsc.com/wpcontent/uploads/ 2011/11/RapportFR.p df.



Faites partie de la solution!

Jetez les médicaments inutilisés et périmés de manière sécuritaire.



Sudbury & District

Health Unit

Service de santé publique

Pour en savoir plus, visitez le site www.sdhu.com

Start the New Year clutter-free



(NC)—Are your closets taking on a life of their own? Do you keep forgetting where you left your house keys? Has the pile of bills and mail on your kitchen table gotten to the point where it's spilling over? If you are nodding your head right now, then clutter and chaos has crept into your home. Start the New Year on the right foot. It's time to apply the ever-popular notion "out with the old and in with the new" to where it's most needed: your home.

The thought of where to start may be overwhelming, so it's best to take on a small project like your linen closet or medicine cabinet.

If you have not yet been introduced to an electronic labeller, it's time to get one. A labeller will be your best friend throughout the organizational process. Go for a



lightweight handheld model such as the PT-1090 from Brother, available at office supply stores or online at brother.ca

The Four Container Method

If you apply this simple system to getting organized, you'll save yourself lots of headaches. Get four boxes and label them as such:

1. Trash—this should include items that you don't need and are not in good enough condition to sell or donate.

2. Donate/Sell—think about the use someone else might get out of your unwanted items by donating to a charitable organization or selling them at a garage sale. An electronic labeller can also be a handy way to price-tag everything. 3. Store—put items in here that you cannot part with but do not need on a regular basis. Make an inventory of the items before you box them. Group similar items together and clearly label each box before you store it. 4. Keep-this should be your smallest category. These are items that you use on a regular basis. If the items in this box will not fit into your home without creating clutter, try to reassess if you really need them. A good rule to follow is if you have not used or worn it in over two years, then you do not need it.

Pick Three Things and Throw Them Out

If you're having a hard time letting go of items, here's a tip for you. Start by picking three things. Starting off small will get you in the mood to clear out more space. Feels good, doesn't it? You don't need to stop at just three items. If you see more obvious candidates for the trash, get rid of them!

Find Help

And finally, you do not have to do this on your own. Partner up with a friend to help you get started. Work together one weekend to weed out her closet, and the next weekend, do the same for yours.

Get government money to start saving for your child's education

NC)-While most parents dream of sending their child to university, college or trade school, those dreams may be harder to realize as the cost of an education after high school keeps rising. By starting to save early, a little goes a long way and with money from the federal government, it pays to save early for your child's education.

You can get the Canada Education S a v i n g s G r a n t (CESG), a government grant that is deposited directly into secondary education becomes. And we know that a world of opportunity opens up for those who go to trade school, college or university.

If you think money is too tight to start saving, consider this scenario: let's say that your family saves \$2 a day, or approximately \$700 a year, in an RESP. The federal government will give you a minimum of 20 per cent, or \$140, in grant money. You can keep contributing until your child is ready to use the money for their education after high school. At \$2 a day for 17 years the total amount in your child's RESP can grow to well over \$14,000.

More information about these government grants is available online at CanLearn.ca, by calling toll-free at 1-800-O-Canada (1-800-622-6232) or visiting your nearest Service Canada Centre.

Place your favorite

A growing number of adults and teens are getting prescription drugs easily and for free from a friend or relative.

Be part of the solution.

Safely dispose of your old and unused medications.

For more information, visit www.sdhu.com

 \checkmark

Sudbury & District

Health Unit Service de santé publique a R e g i s t e r e d Education Savings Plan (RESP). This savings plan can be set up at your financial institution and serves as a valuable education savings vehicle for families with children. The earlier you or your relatives start putting money into the RESP, the more affordable post-

photo on Christmas Ornaments



The Boys are Back in Town...again!



Left to Right: Cole Crockford (W), Kealan Tremblay(C), Remington Doyon(W)



The Husky Midgets are captained by Kealan Tremblay this year. Kealan is in

his third and final year of midget hockey. Kealan plays centre and provides valuable leadership to his team with his speed and handling of the puck. The assistant captains are Cole Hamel, Jeremy Pilote and Colin Lindquist, who all specialize in defense. The rest of this team is comprised of Stephane Houle (winger), Brendan Wright (winger), Harley McWatch (centre), Mathieu Domingue (defense, winger), Tyler Card (winger), Jayme Martel (goalie),

Remington Doyon (winger), and Cole Crockford (winger).

With their short team bench, the team has been training hard and have demonstrated they can be a persistent, offensive playing team. They have the drive to win and would really appreciate a big show of local fan support for all of their training and dedication to the team so far this year. Its going to be a great opportunity to watch the boys in action and enjoy some great, fast hockey.



Jayme Martel (Goalie)



Left to right: Mathieu Domingue (D,W), Cole Hamel (D)

Design Carey Price's goalie mask

NC- Hockey masks often sport personalities all their own – and this year every NHL fan is invited to design one for a very big

prize.

Sponsored by The Clorox Company, the winning designer will get to see his or her mask in action at the Montreal-Toronto game in the Bell Centre (March 3rd) where Canadien goalie Carey Price will wear it with pride. I n d e e d , hockey masks have come a long way from mere protection gear. Nowadays, the plain white masks are long gone, replaced with elaborate customized paint jobs that allow

set off a new record? Last year The Clorox Company donated a total of \$8,000 to the Children's Foundation (\$1,000 for each blanchissage). Let's tune into the game to find out. Fans interested in this once in a lifetime opportunity can enter by drawing their design on paper, or by visiting clorox.ca to design it online. The winning artwork will then be painted by artist David Arrigo. This renowned Toronto-based artist, who has done work extroadinary work





goalies to express their individuality. Think of it as a fashion statement on the ice.

This contest has us wondering: Will the prize-winning mask sponsored by The Clorox Company (a company best known for their bleach products) beat Price's last year's blanchissage of 8, and perhaps designs approximately 100 mask a year. In, 2009 he created a collection of masks in support of fallen Canadian and US soliders, which he auctioned off for charity. The average time for Arrigo to complete a mask is nine days.

How to craft a lot of fun for the holidays



(NC)—Across our beautiful country, Canadians are actively preparing for one of the "most wonderful times of the year". They gather in the homes of their loved ones, sing carols in front of a crackling fire and decorate their homes with holiday cheer. Because of the brisk air outside, Canadians are poised to take full advantage of the warmth that homemade holiday décor can bring to their homes.

"The holidays are a perfect time of year for families to get together and get creative," says Shelli Gardner, cofounder of Stampin' Up!, a crafting and décor company explains.

"Whether you're decorating your house prior to the festivities, creating a perfect table setting for your holiday meal or gathering all of your memories in a scrapbook, our crafts will give you and your family a lot of options this holiday season."

There are so many ways to add the perfect pinch of pizzazz to your home says Gardner, and here are a few:

Decorate

Nothing is more festive during the holidays than a perfectly festooned home.

Vos mains sont-elles propres? En êtes-vous certain?

Les cinq moments de la journée pour se laver les mains

- Lorsque vous arrivez au travail ou rentrez à la maison
- Lorsque vous arrivez ou quittez une installation de soins de santé
- Après avoir éternué ou toussé, ou vous être mouché

Stampin Up! offers you a variety of ways to turn your home into a yuletide extravaganza. The holiday stocking Bigz L Die, for example, lets you cut paper or fabric to create your own stocking. Bigz décor elements are fantastic holiday-themed vinyl pieces that create a beautiful damask background to bring the spirit of the season right into your home. You can also add a hint of holiday flair with the stitched felt and quilted satin ribbon, which allow you and those you love to design the perfect tree ornament or greeting card. Top these off with mini jingle bells to make your seasonal



projects and décor ring Greet The designer

out.

series paper makes the art of card creating a cinch. You and your family will want to wrap yourselves up in these warm textures to create cozy cards for the holidays. Nothing spreads cheer faster than handmade greetings. You can even add a touch of glimmer and give them an antique look with embossing powder.

Set the table

Letterpress plates give an embossed look to items, lending a hint of year-end joy to any gathering. Use various cards to assign place settings, label dishes

Finding Fido under the tree

By Shelagh MacDonald, Program Director,. Canadian Federation of Humane Societies

Most children ask for a pet at some point in their lives - scoopers for the next 10-15 years.

The chaos of the holidays is generally not a good

and create cocktail themes. The time it will take your family to make the table cards will definitely allow the chef of the house to focus on the feast.

Give

The holiday spirit is built around love and generosity for others. There is no greater way to share your love than through a personalized gift. Why don't you bake some homemade cookies and customize them with sweet pressed cookie stamps to give to your neighbour who shoveled your driveway last week? These stamps are food- and kid-safe and can be used with

your favourite shortbread cookie dough or fondant. Better yet, give your sweets a personalized touch by placing them in a homemade decorated box wrapped with the designer series paper and designer fabric.

"As you can see, there are so many ways to add seasonal merriment to your home," says Gardner. "Anyone interested in learning more about these creative ideas is encouraged to attend a demonstrator's workshop. Visit www.stampinup.ca to find a demonstrator in your area and add a little spice to your holiday.

Are your hands clean? Are you sure?

Top five times to wash your hands

- when arriving at work or home
- when arriving at or leaving a health care facility
- after sneezing, coughing, or wiping your nose
- after using the toilet

- Après être allée à la toilette
- Avant et après : préparer et servir de la nourriture ou manger



Le lavage des mains est le meilleur moyen pour prévenir la propagation des maladies

Pour en savoir plus, communiquez avec le Service de santé publique de Sudbury et du district. 1.866.522.9200 | www.sdhu.com

Stalkory & District

Health Unit Service de santé publique

very often a puppy, and very often at Christmas. They plead with Mom and Dad for a puppy and promise they'll feed him and walk him and take care of him. The novelty usually wears off after a few weeks or sometimes months, and Mom and Dad become the full-time feeders and the walkers and the poop

time to introduce a new dog, because she needs a lot of time, training and a regular routine. But if everyone in the household supports the idea of getting a dog and is willing to contribute, parents can wrap a dog toy, bowl and a leash to put under the tree. The family can then start Cont'd on P.12

before preparing, serving, or eating food

Handwashing is the best way to prevent the spread of illness.

For more information, contact the Sudbury & District Health Unit. 1.866.522.9200 | www.sdhu.com





Hughes takes campaign to remove HST on home heating to question period

a reasonable hope that the HST will be removed from home heating bills, but that could be speeded up considerably by the federal government according to Carol Hughes.

"Families are already asking themselves how they are going to get through this with the high cost of home heating," said Hughes. "Too many families will have to make a choice between staying warm or buying groceries."

With movement toward eliminating the unpopular tax picking up steam at Queen's park, thanks to a Private Members' bill put forward by Michael Mantha, MPP for Algoma -Manitoulin, Hughes urged the government to get on-side with their provincial Conservative counterparts, who intend to support Mantha's bill in the Ontario Legislature.

"Even this government's Conservative cousins in Ontario know listening to New

Ontarians have Democrats is the right thing to do," stated Hughes. "They agree with taking the sales tax off home heating. but this out-of touch government doesn't get it," said Hughes.

Home heating costs rose by 8 percent when the HST was added to bills last year. This was in addition to the constant upward trend in the cost of energy.

"Canada gets cold," concluded Hughes. "Heating your home is not a luxury. When will this government get on side with its Conservative cousins and work with New Democrats to give families a break?"



Chapleau Metis Council

Annual General Meeting Detour Gold IBA Info Session Wednesday December 7th Christmas Dinner 5:30pm-7:00pm Meeting 7:00 pm Roval Canadian Legion All Metis Nation Citizens / Families Welcome For More Information Call David Hamilton 705-864-0224



Chapleau Child Care makes a donation



The Chapleau Childcare Centre steps up again to start 2012 on the right foot. The Chapleau Childcare Centre shows their continued commitment to the 3rd Annual Together We Run! fun run/walk-a-thon to be held on January 7, 2012. Ginger Forget, Executive Director of the Chapleau Childcare Centre presents a cheque for \$3000 to Gail Bignucolo, Chief Executive Officer, Chapleau Health Services for the Together We Run event.



CHILD AND FAMILY CENTRE CENTRE DE L'ENFANT ET DE LA FAMILLE NGODWEAANGIZWIN AASKAAGEWIN

Labour Disruption

On Monday November 21st 2011, the unionized employees of the Agency, under OPSEU Local 666, exercised their right to strike. Please note that the Agency remains open but all its operations are relocated to 62 Frood Road (entrance on Evergreen Lane). Clinical services for registered families are covered by agency clinical supervisors. For any clinical need or questions regarding clinical services, please call 705-525-1008 or toll free 1-800-815-7126.

We recognize that this disruption is a cause for concern to our clients. We remain focused on reaching a settlement. For additional information, you can visit our Website at www.childandfamilycentre.on.ca

Board of Directors and Management



CHILD AND FAMILY CENTRE CENTRE DE L'ENFANT ET DE LA FAMILLE NGODWEAANGIZWIN AASKAAGEWIN

Conflit de travail

Le Conseil de Métis de Chapleau

Assemblée générale Information sur Detour Gold IBA mercredi le 17 décembre Repas de Noël 17h30-19h00 Réunion 19h00 Légion royale canadienne La bienvenue aux Citoyens de Nation de Métis et leurs familles Pour plus de renseignement appelez **David Hamilton** 705-864-0224

Depuis le lundi 21 novembre 2011, les employées syndiquées de l'agence et du SEFPO local 666 exercent leur droit de grève. Veuillez cependant prendre note que l'agence demeure ouverte mais que ses opérations se feront de son bureau localisé au 62 chemin Frood (entrée sur Evergreen Lane). Les services cliniques pour les clients de l'agence seront couverts par les superviseures cliniques. Si votre enfant a des besoins cliniques ou que vous avez des questions portant sur les services cliniques, s'il-vousplaît téléphoner au 705-525-1008 ou le numéro sans frais 1-800-815-7126.

Nous reconnaissons que ce conflit de travail est une source d'inquiétudes et d'inconvénients pour nos clients. Nous demeurons engager à obtenir une entente négociée. Pour toutes informations additionnelles, vous pouvez consulter notre site web à www.childandfamilycentre.on.ca

Conseil d'administration et direction

Chapleau Express, November 26, 2011 - Page 11



CHADWIC HOME, FAMILY RESOURCE CENTRE Offers shelter, emotional support, and information for women and their children who are in crisis situations. We have a Toll Free Crisis Line which is staffed 24 hours a day. We can arrange for free transportation to the Centre for women who live in the Algoma/Chapleau area. We also offer support to women who live in the communities of Chapleau White River, Dubreuilville and Hornepayne through our Outreach Program. Our Outreach Worker travels to those communities to meet with women who need emotional support as well as information about their rights and options. If you need to speak with the Outreach Worker when she is in your community, you can call the Centre at any time to set up an appointment. You do not need to be a resident of the Centre in order to use our services. If you need someone to talk to or if you just need someone to listen. call our Toll Free Crisis line at 1-800-461-2242 or you can drop in at the Centre. We are here for you.

ALCOHOLICS ANONYMOUS

Offers help to anyone who desires to stop drinking. Open discussion meeting on Sundays at 2:00 p.m. Trinity United Church basement Telephone contacts: 864-2786

Alcoholics Anonymous (A.A).Open discussion meeting every Monday evening. Brunswick House First Nation Band office lounge 7pm. Narcotics Anonymous(N.A) every Tuesday same place same time. NNADAP Worker @ 864-0174 info.

Societe Alzheimer Society meetings will be held at the Chapleau Hospital every 1st Monday of each month starting from 7:00 p.m. to 9:00 p.m.

APARTMENTS FOR RENT Two bedroom apartment with balcony. Centrally located

including, fridge, stove, washer, dryer, storage shed and private parking. No pets.Call and leave a message at 705-864-9075. Dec 17

VILLAGE SHOP APARTMENTS 2 bedroom Apt. available Dec.1st. Laundry on site, secured entrance. Please call 864-1114.

VILLAGE SHOP APARTMENTS 3 bedroom Apt. completely renovated. New kitchen cupboards and appliances. Secure building. Laundry on site. Please call Lucy 705-864-1114.

Large and small cabins as well as one house, all have electric heat. Plenty of parking for big trucks and equipment. Reasonable rates. For more information call after 8:00 p.m. (705)864-0589 as for Ray.Dec3

PINELAND COUNTRY COTTAGES has one bachelor apartment (cabin) for immediate rent. Clean, quiet location. \$450.00 per month, includes hydro. Call Rick at 864 - 2785 Nov26

FOR SALE

Package Deal-2008 Ski Doo Expedition Sport 550F long track 1 1/2 paddle track, 2 up seat, 2100 kms. Electric Start, Reverse, Hand & Thumb warmers, trailer hitch and cargo rack AND 2008 deluxe Newman Sledbed dual snowmobile trailer 10 foot, snow guard, all aluminum construction. Both in excellent condition. Great deal for only \$7,500.00. Contact Ron at 705-864-2540.Dec3

Great Yard Truck-1987 Chevrolet 3/4 ton pickup truck 4x4. Standard transmission with 350 motor. New tires, clutch, pressure plate and flv wheel, brakes, starter, batteries, certified 2 years ago all complete with Myers Plow. Sold as is. GREAT SHAPE. \$3,500.00. Contact Ron at 705-864-2540. Dec3



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Finding Fido under the tree

Cont'd from P.9 researching what kind of dog would be suitable and where to find her.

A great place to start i s www.findingfido.ca, a new website launched by the Canadian Federation of Humane Societies (CFHS). This fun website provides many tools and advice to help families make sure they're ready for a dog, how to pick the right one and how to make sure it's from a caring, reputable source. The website will help you decide whether you should look for a puppy, an adult or maybe a senior, and how to find the right Fido for your lifestyle. Be sure to answer Fido's 15 questions!

There are thousands of wonderful dogs, cats and other animals at humane societies, SPCAs and rescue groups just waiting to be adopted

into their forever homes. You'll find puppies, adolescents, mature dogs and purebreds too. The expert staff at a shelter will be able to tell you a bit about a dog's temperament such as if the dog is good with children, gets along with cats, is full of energy or prefers to relax all day. All of this information is invaluable in helping you make the right decision.

If you really want to buy from a breeder, you must do your homework to make sure you don't unknowingly support a puppy mill or backyard breeder. A puppy mill is a breeding operation where dogs are mistreated and kept in horrendous conditions. Such places thrive on people making impulse and uninformed decisions. FindingFido.ca provides the specific advice you need and the questions you should

ask to be able to distinguish caring, ethical breeders from disreputable and downright cruel operations. The bottom line is you must always visit a breeder before agreeing to buy a puppy, and don't rely solely on websites.

When people make a smart, informed decision to get a dog, their new friend will enrich their life in so many ways. But when people make uninformed or impulse decisions, the result is often heartache, expense and guilt for the people, and suffering or abandonment for the dog. FindingFido.ca will help you do it right. So think carefully, choose wisely and love deeply.

Editor's Note: The Canadian Federation of Humane Societies (CFHS) was established in 1957 and is recognized as Canada's voice for animal welfare.

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